

# LYRICAL FUSION

## WHAT TO WEAR



### WHY DO WE DRESS THE STYLE?

- ALLOWS DANCERS TO DANCE THEIR BEST
- TO EMBODY THE MOVEMENT AND MUSIC
- TO LOOK THE PART AND DEVELOP STYLE

### WHAT TO WEAR

- COMFORTABLE TOP  
EG. TANK TOP, OVERSIZED T-SHIRT, FITTED SHIRT
- COMFORTABLE BOTTOMS  
EG. TRACK PANTS, BAGGY SHORTS, LEGGINGS
- BARE FEET
- OPTIONAL KNEE PADS

\*LAYERING CLOTHING CAN ENHANCE FLOWY MOVEMENT



### WHAT NOT TO WEAR

- JEANS AND DENIM

### NO JEWELLERY

REMOVE ALL JEWELLERY INCLUDING STUDS, SLEEPERS, WATCHES, FITBITS AND FRIENDSHIP BRACELETS

### HAIR

HAIR TIED BACK AND FRINGES SECURED FROM FACE WITH A HEADBAND OR BOBBY PINS

**WHEN YOU DRESS LIKE A DANCER  
YOU FEEL AND PERFORM LIKE A DANCER**