

LYRICAL FUSION

WHAT TO WEAR



tdc

WHY DO WE DRESS THE STYLE?

- ALLOWS DANCERS TO DANCE THEIR BEST
- TO EMBODY THE MOVEMENT AND MUSIC
- TO LOOK THE PART AND DEVELOP STYLE

WHAT TO WEAR

- COMFORTABLE TOP
EG. TANK TOP, OVERSIZED T-SHIRT, FITTED SHIRT
- COMFORTABLE BOTTOMS
EG. TRACK PANTS, BAGGY SHORTS, LEGGINGS
- BARE FEET
- OPTIONAL KNEE PADS

*LAYERING CLOTHING CAN ENHANCE FLOWY MOVEMENT



WHAT NOT TO WEAR

- JEANS AND DENIM

NO JEWELLERY

REMOVE ALL JEWELLERY INCLUDING STUDS, SLEEPERS, WATCHES, FITBITS AND FRIENDSHIP BRACELETS

HAIR

HAIR TIED BACK AND FRINGES SECURED FROM FACE WITH A HEADBAND OR BOBBY PINS

WHEN YOU DRESS LIKE A DANCER
YOU FEEL AND PERFORM LIKE A DANCER