

# ACRO

## WHAT TO WEAR



tdc

### WHY DO WE WEAR UNIFORMS?

- PROFESSIONALISM
- TO EMBODY AND EXECUTE THE CORRECT TECHNIQUE
- FOR TEACHERS TO SEE BODY LINES AND GIVE CORRECTIONS
- AVOID INJURY AND HINDERING OF MOVEMENT WHEN TUMBLING

### KIDS CLUB TO PRE-SENIOR YR 1 - YR 12

- BLACK LEOTARD
- BLACK LEGGINGS OR BIKE SHORTS
- OPTIONAL TAN FOOTLESS TIGHTS
- BARE FEET



### BOYS UNIFORM

- FITTED PLAIN BLACK T-SHIRT OR TANK TOP
- BLACK SHORTS OR PANTS
- BARE FEET



### SENIOR 18YRS+

- FITTED, STRETCHY CLOTHING  
EG. LEOTARD, FITTED TANK, FITTED T-SHIRT
- BIKE SHORTS OR LEGGINGS
- BARE FEET



### NO JEWELLERY

REMOVE ALL JEWELLERY INCLUDING STUDS, SLEEPERS, WATCHES, FITBITS AND FRIENDSHIP BRACELETS

### HAIR

HAIR TIED BACK AND FRINGES SECURED FROM FACE WITH A HEADBAND OR BOBBY PINS

**WHEN YOU DRESS LIKE A DANCER  
YOU FEEL AND PERFORM LIKE A DANCER**