



Southern ITF Taekwon-Do Schedule from July 2026 Buckingham Bowls club Main Rd. Newtown



WEEK NO.	MON 4pm-5pm SITF kids 5pm-6.15pm SITF KIDS ADVANCED black stripe and above 6.30-7.50pm All students	TUES Private classes as requested	WED 4pm-5pm SITF kids 5pm-6.15pm SITF KIDS ADVANCED black stripe and above 6.30-7.50pm All students	THUR 6.30-7.30pm All students 7.30pm-8.30pm Black belt training	Friday 5.30-6.30 Black belt training 6.30-7.50pm All students
1	Fund/Pattern/ self defence		Kicking punching/sparring	Fund/Pattern/ self defence	Kicking punching/ sparring
	Fund/Pattern/ self defence		Kicking punching/sparring	Fund/Pattern/ self defence	Kicking punching/ sparring
2	Kicking punching/sparring		Fund/Pattern/ self defence	Kicking punching/ sparring	Fund/Pattern/ self defence
	Kicking punching/sparring		Fund/Pattern/ self defence	Kicking punching/ sparring	Fund/Pattern/ self defence
3	Fund/Pattern/ self defence		Kicking punching/sparring	Fund/Pattern/ self defence	Kicking punching/ sparring
	Fund/Pattern/ self defence		Kicking punching/sparring	Fund/Pattern/ self defence	Kicking punching/ sparring
4	Kicking punching/sparring		Fund/Pattern/ self defence	Kicking punching/ sparring	Fund/Pattern/ self defence
	Kicking punching/sparring		Fund/Pattern/ self defence	Kicking punching/ sparring	Fund/Pattern/ self defence
5	Comp/demo		Comp/demo	Comp/demo	Comp/demo
	Comp/demo		Comp/demo	Comp/demo	Comp/demo

COST OF TRAINING	MEMBERSHIP	TRAINING/ MTH	GRADING UP TO 1 ST GUP	GRADING 1 ST GUP
WORKING ADULT	Evolutionary ITF Joining fee \$70 ITF Taekwon-Do Tasmania Annual fee and insurance Adults \$45 Children \$25	\$100	\$40	\$50
SITF KIDS ADVANCED AND YOUTH		\$60	\$40	\$50
CONCESSION		\$80	\$40	\$50
FAMILY OF 2		\$140	\$70	\$80
FAMILY OF 3		\$170	\$100	\$105
FAMILY OF 4		\$200	\$120	\$140
Black belts Adult juniors		\$100 \$80	Black belts gradings as per ITF schedule	
Southern ITF Kids CLASS (6-11 YRS OLD)	Special offer Memb +dobok and 4 gradings Individual \$150 Family of 2 \$240 Family of 3 \$350	\$150/term or Family of 2 \$250/term or Family of 3 \$300/term	N/A	N/A

Contact Steve Weston 9th degree black belt Grandmaster

Phone mob 0408 990 859 email steve@southernitf.com

Web site: www.southernitf.com

Southern ITF badged Doboks available on request @ \$70 each

Mouth Guards \$15, Male Groin guards \$20, Sparring Boots \$60 Gloves \$60

Head guards \$50 (Set of Boots and gloves \$100)