



# Indian Ocean Expedition 2028



## Overview

A full ocean rowing expedition from Western Australia to Seychelles. This is a true crossing—remote, committing, and physically demanding. Approximately 65-80 days covering one of the planet's most remote ocean environments. A step up in commitment and duration from the Atlantic, following a classic route shaped by trade winds, currents and open water conditions.

## Indian Ocean Crossing – Australia to Seychelles

Departing from Carnarvon or Geraldton, Western Australia, this expedition sets out across the Indian Ocean towards Mahe, Seychelles. Covering thousands of nautical miles, the route will take the crew far offshore into one of the most isolated ocean environments on the planet. Expect long rolling swells, consistent trade winds and extended periods without sight of land.

Life on board will follow a structured watch system, rowing in shifts day and night as the boat makes steady progress westward. This is a journey defined by endurance, teamwork and resilience, with the reward of completing an ocean crossing under your own power.



## Expedition Overview

Duration: Approx. 65–75 days (conditions dependent)

Start: Carnarvon or Geraldton, Western Australia, late April-May 2028

Finish: Mahe, Seychelles, early July-August 2028

Price: £18,500

Route shaped by trade winds and ocean systems

Please note: all timings and route details are weather and conditions dependent and may be subject to change.

## What to Expect

This expedition will take place in Roxy, a Rannoch RX80 ocean rowing boat. Conditions in the Indian Ocean can vary from long, steady downwind rowing to more challenging cross seas and weather systems. This is a physically and mentally demanding expedition, requiring sustained effort over several weeks.

Continuous rowing in a shift system (day and night)

Extended duration at sea, 65-75 days

Heat, fatigue and exposure as constant factors

Long periods with no sight of land

Living in a confined space with your crew, managing sleep, nutrition and morale are all key parts of the challenge. Completing an ocean crossing of this scale is a significant personal achievement and one that few people undertake.

## The Experience

True expedition-level isolation

Deep reliance on team dynamics

Sustained physical and mental effort over time

Completing this crossing is a rare and significant achievement.

## Is This for You?

This expedition suits people who:

Have strong endurance capacity

Are mentally resilient over long durations  
Are comfortable with isolation  
Want a more extreme challenge than the Atlantic

## Accommodation & Life Onboard

All accommodation is on board the RX80 Roxy for the duration of the expedition. Rowers will rotate between rowing shifts and rest periods in the cabins.



## Food & Water

All expedition food, snacks, coffee and tea are provided. Meals are designed to support long-duration endurance rowing and will consist of a mix of freeze-dried meals, snacks and high-calorie provisions. Drinking water is produced on board via a water maker.



## Safety & Medical

A professional Rannoch Adventure Skipper and co-skipper will accompany the expedition. The boat is equipped with full ocean safety systems, including communication equipment,

navigation systems and emergency equipment. First aid kits and non-prescription medical supplies are available on board, alongside established emergency protocols.

## Training and Fitness

This is a demanding, long-duration expedition. A high level of physical fitness and mental resilience is required, with a strong emphasis on endurance. Prior endurance experience is strongly recommended.

A structured training programme will be provided in advance of the expedition, typically over a minimum of 6-12 months.

Crew selection will be based on suitability for the demands of the crossing, including:

Physical readiness

Mental strength

Team fit



## Essential Kit for Open Water Rowing

A full kit list will be provided, including:

Marine foul weather gear

Technical rowing clothing (no cotton)

Sun protection (hat, sunglasses, SPF)

Personal essentials and limited personal items

All kit must be suitable for long-duration offshore conditions.

## What's Included in the Price?

A place on a professionally skippered ocean rowing boat

All food and water onboard during the expedition

All on board safety and navigation equipment

Training support and expedition preparation guidance

## What's Not Included?

Travel to Australia and from Seychelles

Accommodation before departure and after arrival

Personal kit and clothing

Personal insurance

## Payment Schedule

Total: £18,500

Deposit: £3,000 on offer of a place (£1,000 non-refundable)

First payment: £8,000 payable by October 31st 2027

Second payment: £7,500 payable by January 31st 2028

## Social Media

All social media posts relating to the expedition should reflect the spirit of the Roxy programme.

Suggested hashtags: #rowwithrannoch #roxyexpeditions @RannochAdventure #oceanrowing

## Next Steps & Applying for a Place

If you're interested in the Indian Ocean Expedition, we can discuss suitability and experience, preparation requirements, and availability.

To apply for a place, please complete the Application [Form](#)



## **Roxy Indian Ocean Expedition**

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