





Hoboken Senior Citizens Program June 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Zumba Class 10:15 Gymnasium Bingo 11am Senior Dining Room	2 Chair Yoga 11am Gymnasium Bingo 11am Senior Dining Room Tai Chi 12:30 Gymnasium Art Class 1:30 Senior Dining Room	3 Band Resistance 10am Senior Dining Room Newport Mall 12noon	4 Tai Chi 10am Gymnasium Chair Yoga 11am Gymnasium 	5 Band Resistance 10am Fox Hill Gardens	6 Plaza at the Meadows 11am
7	8 Zumba Class 10:15 Gymnasium Bingo 11am Senior Dining Room	9 Chair Yoga 11am Gymnasium Tai Chi 12:30 Gymnasium Art Class 1:30 Senior Dining Room 	10 Bingo 11am Senior Dining Room Newport Mall 12noon	11 Tai Chi 10am Gymnasium Chair Yoga 11am Gymnasium	12 Food Distribution 10am-12:30pm	13 Liberty Commons 11am
14	15 Zumba Class 10:15 Gymnasium Bingo 11am Senior Dining Room	16 Chair Yoga 11am Gymnasium Bingo 11am Senior Dining Room Tai Chi 12:30 Gymnasium Art Class 1:30 Senior Dining Room	17 Band Resistance 10am Senior Dining Room Newport Mall 12noon	18 Tai Chi 10am Gymnasium Chair Yoga 11am Gymnasium 	19 Band Resistance Class 10am Fox Hill Gardens Juneteenth Holiday Closed	20 NO SHUTTLE
21	22 Zumba Class 10:15 Gymnasium Bingo 11am Senior Dining Room	23 Chair Yoga 11am Gymnasium Bingo 11am Senior Dining Room Tai Chi 12:30 Gymnasium Art Class 1:30 Senior Dining Room	24 Band Resistance 10am Senior Dining Room Newport Mall 12noon	25 Tai Chi 10am Gymnasium Chair Yoga 11am Gymnasium	26 Band Resistance 10am Fox Hill Gardens Food Distribution 10am-12:30pm	27 Mill Creek Mall 11am
28	29 Zumba Class 10:15 Gymnasium Bingo 11am Senior Dining Room	30 Chair Yoga 11am Gymnasium Bingo 11am Senior Dining Room Tai Chi 12:30 Gymnasium Art Class 1:30 Senior Dining Room				

City of Hoboken
Mayor Emily B. Jabbour
Thomas Foley, Division Head