

Hoboken Senior Citizen Program

September 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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City of Hoboken
Mayor Emily B. Jabbour

Thomas Foley, Division Head

		1 Bingo 11am Adams Gardens Tai Chi 12noon Senior Dining Room Art Class Senior Dining Room Bus leaves at 9am Long Branch	2 Band Resistance Class 10am Senior Dining Room Newport Mall 12noon	3 Tai Chi 10am Senior Dining Room	4 Band Resistance Class 10am Fox Hill	5 NO SHUTTLE
6 HAPPY LABOR DAY Holiday Closed	7 Chair Yoga 11am Senior Dining Room Bingo 11am Adams Gardens Tai Chi 12noon Senior Dining Room Art Class 1:30 Senior Dining Room	8 Band Resistance Class 10am Senior Dining Room Newport Mall 12noon	9 Tai Chi 10am Senior Dining Room Chair Yoga 11am Senior Dining Room	10 Band Resistance Class 10am Fox Hill Food Pantry Distribution 10am-12pm 9-11-01 NEVER FORGET	11 Plaza at the Meadows 11am	12
13 Bingo 11am Senior Dining Room Goldenrod Chorale Dining Room 1:30	14 Chair Yoga 11am Gymnasium Bingo 11am Senior Dining Room Tai Chi 12:30 Gymnasium Art Class 1:30 Senior Dining Room Atlantic City	15 Band Resistance Class 10am Senior Dining Room Newport Mall 12noon	16 Tai Chi 10am Gymnasium Chair Yoga 11am Gymnasium Bingo 11am Senior Dining Room	17 Band Resistance Class 10am Fox Hill Senior Citizens BBQ 12noon	18 Liberty Commons 11am	19
20 Zumba 10am Gymnasium Bingo 11am Senior Dining Room	21 Chair Yoga 11am Gymnasium Bingo 11am Senior Dining Room Tai Chi 12:30 Gymnasium Art Class 1:30 Senior Dining Room	22 Band Resistance Class 10am Senior Dining Room Newport Mall 12noon	23 Tai Chi 10am Gymnasium Chair Yoga 11am Gymnasium	24 Food Pantry Distribution 10am-12pm	25 Mill Creek Mall 11am	26
27 Zumba 10am Gymnasium Bingo 11am Senior Dining Room Goldenrod Chorale Senior Dining Room	28 Chair Yoga 11am Gymnasium Bingo 11am Senior Dining Room Tai Chi 12:30 Gymnasium Art Class 1:30 Senior Dining Room	29 Band Resistance Class 10am Senior Dining Room Newport Mall 12noon	30 WE WILL NEVER FORGET SEPTEMBER 11, 2001 - 2026 25 YEARS HONOR - REMEMBER - TRIBUTE			

