Hoboken Senior Citizen Program
November 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Turn Back Clock 1 Hour	2 Zumba Class 10am Gymnasium Bingo 11am Senior Dining Room Goldenrod Chorale 1:30 Senior Dining Room	3 ELECTION DAY Holiday Closed	4 Band Resistance Exercise Class 10am Newport Mall 12noon	5 Tai Chi 10am Gymnasium Chair Yoga 11am Gymnasium Bingo 11am Senior Dining Room Food Pantry Setup 1:30-3:30	6 Band Resistance 10am Exercise Class Fox Hill Food Pantry Distribution 10-12:30	7 Plaza at the Meadows 11am
8	9 Zumba Class 10am Gymnasium Bingo 11am Senior Dining Room Goldenrod Chorale 1:30 Senior Dining Room	10 Chair Yoga 11am Gymnasium Tai Chi 12:30 Gymnasium Art Class 1:30 Senior Dining Room Wind Creek Casino	11 VETERANS DAY Holiday Closed	12 Tai Chi 10am Gymnasium Chair Yoga 11am Gymnasium Bingo 11am Dining Room LAMBERTVILLE Bus Ride 9am	13 Band Resistance 10am Exercise Class Fox Hill	14 Liberty Commons 11am
15	16 Zumba Class 10am Gymnasium Bingo 11am Senior Dining Room Goldenrod Chorale 1:30 Senior Dining Room	17 Chair Yoga 11am Gymnasium Bingo 11am Senior Dining Room Tai Chi 12:30 Gymnasium Art Class 1:30 Senior Dining Room	18 Band Resistance Exercise Class 10am The National Alliance on Mental Illness (NAMI) Senior Dining Room 11am Newport Mall 12 noon	19 Tai Chi 10am Gymnasium Chair Yoga 11am Gymnasium Free Covid & Flu Vaccines 1pm-5pm Health Department 2nd floor Food Pantry Setup 1:30-3:30	20 Band Resistance 10am Exercise Class Fox Hill Thanksgiving Food Pantry Didtribution 8am-3pm	21 Edgewater Commons 11am
22	23 Zumba Class 10am Gymnasium Bingo 11am Senior Dining Roo Monthly Birthday Goldenrod Chorale 1:30 Senior Dining Room	24 Chair Yoga 11am Gymnasium Bingo 11am Senior Dining Room Tai Chi 12:30 Gymnasium Art Class 1:30 Senior Dining Room	25 No Band Resistance Class Newport Mall 12noon	26 27 Happy Thanksgiving Holiday Closed		28 No Shuttle
29	30 Zumba Class 10am Gymnasium Bingo 11am Senior Dining Room Goldenrod Chorale 1:30 Senior Dining Room					

City of Hoboken

Mayor Emily B. Jabbour

Thomas Foley, Division Head

FOR MORE INFORMATION, GIVE US A CALL 201-420-2000 EXT# 1094