

Kenzen Karate JULY 2025

Club safety plan on website, as per BC Health's latest regulations and ViaSport's guidelines

NOTE: 3:30pm MON-FRI JUNIOR CLASSES ARE HELD DURING SCHOOL WEEKS SEP-JUN

"Kenzen Office" phone/text 250-857-5907
contact@kenzenkarate.com
www.kenzenkarate.com
UPDATED JUNE 30, 2025

MON	TUE	WED	THU	FRI	SAT	SUN
30-Jun-25	1-Jul	2-Jul	3-Jul	4-Jul	5-Jul	6-Jul
School Summer Break - No Weekday 3:30 Juniors classes						
4:45p SAMURAI 5:10p JRS WHITE-YELLOW 6:20p JRS ORANGE-BROWN 7:30p TEENS 12-15yrs	12-1p GRACIE JIU-JITSU CANADA DAY CLUB CLOSED	4:45p SAMURAI 5:10p JRS WHITE-YELLOW 6:20p JRS ORANGE-BROWN 7:30p TEENS 12-15yrs	12-1p GRACIE JIU-JITSU 4:45p SAMURAI 5:10p JRS ORANGE-BROWN 6:20p JRS WHITE-YELLOW 7:30p ADULTS	4:30pm ELITE KATA 4:45p SAMURAI 5:30p SPORTS KARATE	8:30a TEENS & ADULTS 9:40a JRS ORANGE-BROWN 10:50a JRS WHITE-YELLOW 12p SAMURAI	
7-Jul	8-Jul	9-Jul	10-Jul	11-Jul	12-Jul	13-Jul
SUMMER BEGINNER KARATE CAMP MON-FRI 12:30pm-4:30pm						
School Summer Break - No Weekday 3:30 Juniors classes						
4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEENS 12-15yrs	12-1p GRACIE JIU-JITSU 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE 7:30p ADULTS	4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEENS 12-15yrs	4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE 7:30p ADULTS	4:30pm ELITE KATA 4:45p SAMURAI 5:30p SPORTS KARATE	8:30a TEENS & ADULTS 9:40a JRS ORANGE-BROWN 10:50a JRS WHITE-YELLOW 12p SAMURAI	
14-Jul	15-Jul	16-Jul	17-Jul	18-Jul	19-Jul	20-Jul
School Summer Break - No Weekday 3:30 Juniors classes						
4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEENS 12-15yrs	12-1p GRACIE JIU-JITSU 4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS WHITE 7:30p ADULTS	4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEENS 12-15yrs	4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE 7:30p ADULTS	4:30pm ELITE KATA 4:45p SAMURAI 5:30p SPORTS KARATE	8:30a TEENS & ADULTS 9:40a JRS ORANGE-BROWN 10:50a JRS WHITE-YELLOW 12p SAMURAI KENZEN SKILLS CHALLENGE! 1:30-2:30pm SAMURAI 2:45-4pm JUNIORS & TEENS	
21-Jul	22-Jul	23-Jul	24-Jul	25-Jul	26-Jul	27-Jul
JULY 22-27 SAMURAI KIDS COLOUR STRIPE TEST WEEK						
School Summer Break - No Weekday 3:30 Juniors classes						
4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEENS 12-15yrs	12-1p GRACIE JIU-JITSU 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE 7:30p ADULTS	MAY 29+30: JRS, TEENS & ADULTS 2ND STRIPE CHECKS IN CLASS 4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEENS 12-15yrs	12-1p GRACIE JIU-JITSU 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE 7:30p ADULTS	4:30pm ELITE KATA 4:45p SAMURAI 5:30p SPORTS KARATE	8:30a TEENS & ADULTS 9:40a JRS ORANGE-BROWN 10:50a JRS WHITE-YELLOW 12p SAMURAI	
28-Jul	29-Jul	30-Jul	31-Jul	1-Aug	2-Aug	3-Aug
	12-1p GRACIE JIU-JITSU		12-1p GRACIE JIU-JITSU			
NO CLASSES MONDAY, JULY 29 to MONDAY, AUGUST 4: DOJO CLOSED						
	Music In Park demo 6-8pm					

Kenzen Karate AUGUST 2025

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MON	TUE	WED	THU	FRI	SAT	SUN
28-Jul-25	29-Jul	30-Jul	31-Jul	1-Aug	2-Aug	3-Aug
	12-1p GRACIE JIU-JITSU		12-1p GRACIE JIU-JITSU			
NO CLASSES JULY 29 - AUG 5 (DOJO CLOSED)						
4-Aug	5-Aug	6-Aug	7-Aug	8-Aug	9-Aug	10-Aug
PUBLIC HOLIDAY CLUB CLOSED	School Summer Break - No Weekday 3:30 Juniors classes				8:30a TEENS & ADULTS 9:40a JRS ORANGE-BROWN 10:50a JRS WHITE-YELLOW 12p SAMURAI	
	12-1p GRACIE JIU-JITSU 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE	4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEENS 12-15yrs	4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE 7:30p ADULTS	4:30pm ELITE KATA 4:45p SAMURAI 5:30p SPORTS KARATE		
11-Aug	12-Aug	13-Aug	14-Aug	15-Aug	16-Aug	17-Aug
SUMMER BEGINNER KARATE CAMP MON-FRI 9am-4pm						
School Summer Break - No Weekday 3:30 Juniors classes						
4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEENS 12-15yrs	12-1p GRACIE JIU-JITSU 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE	4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEENS 12-15yrs	12-1p GRACIE JIU-JITSU 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE 7:30p ADULTS	4:30pm ELITE KATA 4:45p SAMURAI 5:30p SPORTS KARATE	8:30a TEENS & ADULTS 9:40a JRS ORANGE-BROWN 10:50a JRS WHITE-YELLOW 12p SAMURAI	
18-Aug	19-Aug	20-Aug	21-Aug	22-Aug	23-Aug	24-Aug
School Summer Break - No Weekday 3:30 Juniors classes						
4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEENS 12-15yrs	12-1p GRACIE JIU-JITSU 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE	4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEENS 12-15yrs	12-1p GRACIE JIU-JITSU 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE 7:30p ADULTS	4:45p SAMURAI NO 5:30p SPORTS KARATE Hashimoto Sensei Seminar 5:30-7:30pm ORANGE TO BLUE BELTS	Hashimoto Sensei Seminar 9am-12pm BROWN & BLACK BELTS 12p SAMURAI (2 classes) Hashimoto Sensei Seminar 1-2:30pm WHITE & YELLOW BELTS 3-5pm BLUE & BROWN BELT TEST	10am-12pm YELLOW, ORANGE, GREEN BELT TEST
25-Aug	26-Aug	27-Aug	28-Aug	29-Aug	30-Aug	31-Aug
SUMMER INTERMEDIATE+ KARATE CAMP MON-FRI 9am-4pm						
School Summer Break - No Weekday 3:30 Juniors classes						
4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEENS 12-15yrs	12-1p GRACIE JIU-JITSU 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE	4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEENS 12-15yrs	12-1p GRACIE JIU-JITSU 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE 7:30p ADULTS	4:30pm ELITE KATA 4:45p SAMURAI 5:30p SPORTS KARATE	8:30a TEENS & ADULTS 9:40a JRS ORANGE-BROWN 10:50a JRS WHITE-YELLOW 12p SAMURAI	