

Kenzen Karate

SEP 2025

"Kenzen Office" phone/text 250-857-5907
 contact@kenzenkarate.com
 www.kenzenkarate.com
 UPDATED AUG 28, 2025

NOTE: 3:30pm MON-FRI JUNIOR CLASSES ARE HELD DURING SCHOOL WEEKS SEP-JUN

MON	TUE	WED	THU	FRI	SAT	SUN
01-Sep-25	2-Sep	3-Sep	4-Sep	5-Sep	6-Sep	7-Sep
Labour Day Holiday CLUB CLOSED	12-1p GRACIE JIU-JITSU 3:30p JRS WHITE-YELLOW 4:45p SAMURAI 5:10p JRS ORANGE-BROWN 6:20p JRS WHITE-YELLOW 7:30p ADULTS	3:30p JRS ORANGE-BROWN 4:45p SAMURAI 5:10p JRS WHITE-YELLOW 6:20p JRS ORANGE-BROWN 7:30p TEENS 12-15yrs	12-1p GRACIE JIU-JITSU 3:30p JRS WHITE-YELLOW 4:45p SAMURAI 5:10p JRS ORANGE-BROWN 6:20p JRS WHITE-YELLOW 7:30p ADULTS	3:30p JRS ALL RANKS 4:30pm ELITE KATA 4:45p SAMURAI 5:30p SPORTS KARATE	8:30a TEENS & ADULTS 9:40a JRS YELLOW-BLACK 10:50a JRS WHITE 12p SAMURAI	
8-Sep	9-Sep	10-Sep	11-Sep	12-Sep	13-Sep	14-Sep
3:30p JRS YE-BL 4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEENS 12-15yrs	12-1p GRACIE JIU-JITSU 3:30p JRS WHITE 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE 7:30p ADULTS	3:30p JRS YE-BL 4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEENS 12-15yrs	12-1p GRACIE JIU-JITSU 3:30p JRS WHITE 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE 7:30p ADULTS	3:30p ALL JUNIORS RANKS 4:30pm ELITE KATA 4:45p SAMURAI 5:30p SPORTS KARATE	8:30a TEENS & ADULTS 9:40a JRS YELLOW-BLACK 10:50a JRS WHITE 12p SAMURAI	
15-Sep	16-Sep	17-Sep	18-Sep	19-Sep	20-Sep	21-Sep
SEP 15-20 SAMURAI KIDS COLOUR STRIPE TEST WEEK						
3:30p JRS YE-BL 4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEENS 12-15yrs	12-1p GRACIE JIU-JITSU 3:30p JRS WHITE 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE 7:30p ADULTS	SEP 17-18: JUNIORS, TEENS & ADULTS 2ND STRIPE CHECKS 3:30p JRS YE-BL 4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEENS 12-15yrs	12-1p GRACIE JIU-JITSU 3:30p JRS WHITE 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE 7:30p ADULTS	3:30p ALL JUNIORS RANKS 4:30pm ELITE KATA 4:45p SAMURAI 5:30p SPORTS KARATE	8:30a TEENS & ADULTS 9:40a JRS YELLOW-BLACK 10:50a JRS WHITE 12p SAMURAI	
22-Sep	23-Sep	24-Sep	25-Sep	26-Sep	27-Sep	28-Sep
3:30p JRS YE-BL 4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEENS 12-15yrs	12-1p GRACIE JIU-JITSU 3:30p JRS WHITE 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE 7:30p ADULTS	3:30p JRS YE-BL 4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEENS 12-15yrs	12-1p GRACIE JIU-JITSU 3:30p JRS WHITE 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE 7:30p ADULTS	3:30p ALL JUNIORS RANKS 4:45p SAMURAI 5:30p SPORTS KARATE 6:30-8pm BROWN/BLACK BELT CLUB	8:30a TEENS & ADULTS 9:40a JRS YELLOW-BLACK 10:50a JRS WHITE 12p SAMURAI 12p SAMURAI	
29-Sep	30-Sep	1-Oct	2-Oct	3-Oct	4-Oct	5-Oct
3:30p JRS YE-BL 4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEENS 12-15yrs	NATIONAL DAY OF TRUTH & RECONCILIATION CLUB CLOSED	3:30p JRS YE-BL 4:45p SAMURAI 5:10p JRS WHITE 6:20p JRS YE-BL 7:30p TEENS 12-15yrs	12-1p GRACIE JIU-JITSU 3:30p JRS WHITE 4:45p SAMURAI 5:10p JRS YE-BL 6:20p JRS WHITE 7:30p ADULTS	3:30p ALL JUNIORS RANKS 4:30pm ELITE KATA 4:45p SAMURAI 5:30p SPORTS KARATE	8:30a TEENS & ADULTS 9:40a JRS YELLOW-BLACK 10:50a JRS WHITE 12p SAMURAI	