

Kenzen Karate

OCTOBER 2025

NOTE: 3:30pm MON-FRI JUNIOR CLASSES ARE HELD DURING SCHOOL WEEKS SEP-JUN

"Kenzen Office" phone/text 250-857-5907
 contact@kenzenkarate.com
 www.kenzenkarate.com
 UPDATED October 1, 2025

MON	TUE	WED	THU	FRI	SAT	SUN
29-Sep-25	30-Sep	1-Oct	2-Oct	3-Oct	4-Oct	5-Oct
3:30p JRS ORANGE-BROWN 4:45p SAMURAI 5:10p JRS WHITE-YELLOW 6:20p JRS ORANGE-BROWN 7:30p TEENS 12-15yrs	NATIONAL DAY OF TRUTH & RECONCILIATION CLUB CLOSED	3:30p JRS ORANGE-BROWN 4:45p SAMURAI 5:10p JRS WHITE-YELLOW 6:20p JRS ORANGE-BROWN 7:30p TEENS 12-15yrs	12-1p ADULTS JIU-JITSU 3:30p JRS WHITE-YELLOW 4:45p SAMURAI 5:10p JRS ORANGE-BROWN 6:20p JRS WHITE-YELLOW 7:30p ADULTS	3:30p JRS ALL RANKS 4:30pm ELITE KATA 4:45p SAMURAI 5:30p SPORTS KARATE	8:30a TEENS & ADULTS 9:40a JRS ORANGE-BROWN 10:50a JRS WHITE-YELLOW 12p SAMURAI 1-2p YOUTH JIU-JITSU 2:30 - 4:30pm 11 YEAR CLUB CELEBRATION!	
6-Oct	7-Oct	8-Oct	9-Oct	10-Oct	11-Oct	12-Oct
3:30p JRS ORANGE-BROWN 4:45p SAMURAI 5:10p JRS WHITE-YELLOW 6:20p JRS ORANGE-BROWN 7:30p TEENS 12-15yrs	12-1p ADULTS JIU-JITSU 3:30p JRS WHITE-YELLOW 4:45p SAMURAI 5:10p JRS ORANGE-BROWN 6:20p JRS WHITE-YELLOW 7:30p ADULTS	3:30p JRS ORANGE-BROWN 4:45p SAMURAI 5:10p JRS WHITE-YELLOW 6:20p JRS ORANGE-BROWN 7:30p TEENS 12-15yrs	12-1p ADULTS JIU-JITSU 3:30p JRS WHITE-YELLOW 4:45p SAMURAI 5:10p JRS ORANGE-BROWN 6:20p JRS WHITE-YELLOW 7:30p ADULTS	3:30p JRS ALL RANKS 4:30pm ELITE KATA 4:45p SAMURAI 5:30p SPORTS KARATE	8:30a TEENS & ADULTS 9:40a JRS ORANGE-BROWN 10:50a JRS WHITE-YELLOW 12p SAMURAI 1-2p YOUTH JIU-JITSU	
13-Oct	14-Oct	15-Oct	16-Oct	17-Oct	18-Oct	19-Oct
THANKSGIVING HOLIDAY CLUB CLOSED	12-1p ADULTS JIU-JITSU 3:30p JRS WHITE-YELLOW 4:45p SAMURAI 5:10p JRS ORANGE-BROWN 6:20p JRS WHITE-YELLOW 7:30p ADULTS	3:30p JRS ORANGE-BROWN 4:45p SAMURAI 5:10p JRS WHITE-YELLOW 6:20p JRS ORANGE-BROWN 7:30p TEENS 12-15yrs	12-1p ADULTS JIU-JITSU 3:30p JRS WHITE-YELLOW 4:45p SAMURAI 5:10p JRS ORANGE-BROWN 6:20p JRS WHITE-YELLOW 7:30p ADULTS	3:30p JRS ALL RANKS 4:30pm ELITE KATA 4:45p SAMURAI 5:30p SPORTS KARATE 6:30-8pm BROWN/BLACK BELT CLUB	9am: FALL CLUB TOURNAMENT JRS, TEENS, ADULTS (NO JR, TEEN, ADULT classes) TIME CHANGE 1:30p SAMURAI 2:30p YOUTH JIU-JITSU	
20-Oct	21-Oct	22-Oct	23-Oct	24-Oct	25-Oct	26-Oct
3:30p JRS ORANGE-BROWN 4:45p SAMURAI 5:10p JRS WHITE-YELLOW 6:20p JRS ORANGE-BROWN 7:30p TEENS 12-15yrs	12-1p ADULTS JIU-JITSU 3:30p JRS WHITE-YELLOW 4:45p SAMURAI 5:10p JRS ORANGE-BROWN 6:20p JRS WHITE-YELLOW 7:30p ADULTS	3:30p JRS ORANGE-BROWN 4:45p SAMURAI 5:10p JRS WHITE-YELLOW 6:20p JRS ORANGE-BROWN 7:30p TEENS 12-15yrs	12-1p ADULTS JIU-JITSU 3:30p JRS WHITE-YELLOW 4:45p SAMURAI 5:10p JRS ORANGE-BROWN 6:20p JRS WHITE-YELLOW 7:30p ADULTS	3:30p ALL JUNIORS RANKS 4:30pm ELITE KATA 4:45p SAMURAI 5:30p SPORTS KARATE 6:30p - 8pm Belt Test for YELLOW & ORANGE BELT	8:30a TEENS & ADULTS 9:40a JRS ORANGE-BROWN 10:50a JRS WHITE-YELLOW 12p SAMURAI 1-2p YOUTH JIU-JITSU	BC WINTER GAMES ZONE 6 TEAM SELECTION & ISLAND YOUTH CHALLENGE, Nanaimo
27-Oct	28-Oct	29-Oct	30-Oct	31-Oct	1-Nov	2-Nov
3:30p JRS ORANGE-BROWN 4:45p SAMURAI 5:10p JRS WHITE-YELLOW 6:20p JRS ORANGE-BROWN 7:30p TEENS 12-15yrs	12-1p ADULTS JIU-JITSU 3:30p JRS WHITE-YELLOW 4:45p SAMURAI 5:10p JRS ORANGE-BROWN 6:20p JRS WHITE-YELLOW 7:30p ADULTS	3:30p JRS ORANGE-BROWN 4:45p SAMURAI 5:10p JRS WHITE-YELLOW 6:20p JRS ORANGE-BROWN 7:30p TEENS 12-15yrs	12-1p ADULTS JIU-JITSU 3:30p JRS WHITE-YELLOW 4:45p SAMURAI 5:10p JRS ORANGE-BROWN 6:20p JRS WHITE-YELLOW 7:30p ADULTS	3:30p ALL JUNIORS RANKS 4:30pm ELITE KATA 4:45p SAMURAI 5:30p SPORTS KARATE	8:30a TEENS & ADULTS 9:40a JRS ORANGE-BROWN 10:50a JRS WHITE-YELLOW 12p SAMURAI 1-2p YOUTH JIU-JITSU	