## Kenzen Karate OCTOBER 2025

NOTE: 3:30pm MON-FRI JUNIOR CLASSES ARE HELD DURING SCHOOL WEEKS SEP-JUN

"Kenzen Office" phone/text 250-857-5907 contact@kenzenkarate.com www.kenzenkarate.com UPDATED October 1, 2025

MON	TUE	WED	THU	FRI	SAT	SUN
29-Sep-25	30-Sep	1-Oct	2-Oct	3-Oct	4-Oct	5-Oct
			12-1p ADULTS JIU-JITSU		8:30a TEENS & ADULTS	
					9:40a JRS ORANGE-BROWN	
3:30p JRS ORANGE-BROWN	NATIONAL DAY OF	3:30p JRS ORANGE-BROWN	3:30p JRS WHITE-YELLOW	3:30p JRS ALL RANKS	10:50a JRS WHITE-YELLOW	
4:45p SAMURAI	TRUTH & RECONCILIATION	4:45p SAMURAI	4:45p SAMURAI	4:30pm ELITE KATA	12p SAMURAI	
5:10p JRS WHITE-YELLOW	CLUB CLOSED	5:10p JRS WHITE-YELLOW	5:10p JRS ORANGE-BROWN	4:45p SAMURAI	1-2p YOUTH JIU-JITSU	
6:20p JRS ORANGE-BROWN		6:20p JRS ORANGE-BROWN	6:20p JRS WHITE-YELLOW	5:30p SPORTS KARATE	2:30 - 4:30pm 11 YEAR	
7:30p TEENS 12-15yrs		7:30p TEENS 12-15yrs	7:30p ADULTS		CLUB CELEBRATION!	
6-Oct	7-Oct	8-Oct	9-Oct	10-Oct	11-Oct	12-Oct
	12-1p ADULTS JIU-JITSU		12-1p ADULTS JIU-JITSU			
					8:30a TEENS & ADULTS	
3:30p JRS ORANGE-BROWN	3:30p JRS WHITE-YELLOW	3:30p JRS ORANGE-BROWN	3:30p JRS WHITE-YELLOW	3:30p JRS ALL RANKS	9:40a JRS ORANGE-BROWN	
4:45p SAMURAI	4:45p SAMURAI	4:45p SAMURAI	4:45p SAMURAI	4:30pm ELITE KATA	10:50a JRS WHITE-YELLOW	
5:10p JRS WHITE-YELLOW	5:10p JRS ORANGE-BROWN	5:10p JRS WHITE-YELLOW	5:10p JRS ORANGE-BROWN	4:45p SAMURAI	12p SAMURAI	
6:20p JRS ORANGE-BROWN	6:20p JRS WHITE-YELLOW	6:20p JRS ORANGE-BROWN	6:20p JRS WHITE-YELLOW	5:30p SPORTS KARATE	1-2p YOUTH JIU-JITSU	
7:30p TEENS 12-15yrs	7:30p ADULTS	7:30p TEENS 12-15yrs	7:30p ADULTS			
13-Oct	14-Oct	15-Oct	16-Oct	17-Oct	18-Oct	19-Oct
	12-1p ADULTS JIU-JITSU		12-1p ADULTS JIU-JITSU			
					9am: FALL CLUB TOURNAMENT	
THANKSGIVING HOLIDAY	3:30p JRS WHITE-YELLOW	3:30p JRS ORANGE-BROWN	3:30p JRS WHITE-YELLOW	3:30p JRS ALL RANKS	JRS, TEENS, ADULTS	
CLUB CLOSED	4:45p SAMURAI	4:45p SAMURAI	4:45p SAMURAI	4:30pm ELITE KATA	(NO JR, TEEN, ADULT classes)	
	5:10p JRS ORANGE-BROWN	5:10p JRS WHITE-YELLOW	5:10p JRS ORANGE-BROWN	4:45p SAMURAI		
	6:20p JRS WHITE-YELLOW	6:20p JRS ORANGE-BROWN	6:20p JRS WHITE-YELLOW	5:30p SPORTS KARATE	TIME CHANGE 1:30p SAMURAI	
	7:30p ADULTS	7:30p TEENS 12-15yrs	7:30p ADULTS	6:30-8pm BROWN/BLACK BELT CLUB	2:30p YOUTH JIU-JITSU	
20-Oct	21-Oct	22-Oct	23-Oct	24-Oct	25-Oct	26-Oct
	12-1p ADULTS JIU-JITSU		12-1p ADULTS JIU-JITSU			
				3:30p ALL JUNIORS RANKS	8:30a TEENS & ADULTS	BC WINTER GAMES
3:30p JRS ORANGE-BROWN	3:30p JRS WHITE-YELLOW	3:30p JRS ORANGE-BROWN	3:30p JRS WHITE-YELLOW	4:30pm ELITE KATA	9:40a JRS ORANGE-BROWN	ZONE 6 TEAM SELECTION
4:45p SAMURAI	10:50a JRS WHITE-YELLOW	& ISLAND YOUTH				
5:10p JRS WHITE-YELLOW	5:10p JRS ORANGE-BROWN	5:10p JRS WHITE-YELLOW	5:10p JRS ORANGE-BROWN	5:30p SPORTS KARATE	12p SAMURAI	CHALLENGE, Nanaimo
6:20p JRS ORANGE-BROWN	6:20p JRS WHITE-YELLOW	6:20p JRS ORANGE-BROWN	6:20p JRS WHITE-YELLOW	6:30p - 8pm Belt Test for	1-2p YOUTH JIU-JITSU	
7:30p TEENS 12-15yrs	7:30p ADULTS	7:30p TEENS 12-15yrs	7:30p ADULTS	YELLOW & ORANGE BELT		
27-Oct	28-Oct	29-Oct	30-Oct	31-Oct	1-Nov	2-Nov
	12-1p ADULTS JIU-JITSU		12-1p ADULTS JIU-JITSU			
				3:30p ALL JUNIORS RANKS	8:30a TEENS & ADULTS	
3:30p JRS ORANGE-BROWN	3:30p JRS WHITE-YELLOW	3:30p JRS ORANGE-BROWN	3:30p JRS WHITE-YELLOW	4:30pm ELITE KATA	9:40a JRS ORANGE-BLACK	
4:45p SAMURAI	10:50a JRS WHITE-YELLOW					
5:10p JRS WHITE-YELLOW	5:10p JRS ORANGE-BROWN	5:10p JRS WHITE-YELLOW	5:10p JRS ORANGE-BROWN	5:30p SPORTS KARATE	12p SAMURAI	
6:20p JRS ORANGE-BROWN	6:20p JRS WHITE-YELLOW	6:20p JRS ORANGE-BROWN	6:20p JRS WHITE-YELLOW		1-2p YOUTH JIU-JITSU	
7:30p TEENS 12-15yrs	7:30p ADULTS	7:30p TEENS 12-15yrs	7:30p ADULTS			