




Our Healthy Lunches are:

- Nut-Free
- Sesame-Free
- Trans Fat-Free
- Baked Entrees
- (not Fried)

Served Daily

<p><i>Salad Bar</i></p> <p><i>Fresh Fruit</i></p> <p><i>Yogurt</i></p>	<p><i>Sandwiches</i></p> <p><i>Turkey, Ham,</i></p> <p><i>Tuna, Egg Salad,</i></p> <p><i>Sun Butter & Jelly,</i></p> <p><i>American Cheese</i></p>	<p><i>Bagels with</i></p> <p><i>Cream Cheese</i></p> <p><i>or Butter</i></p>	<p><i>Vegan Rice & Bean</i></p> <p><i>Burrito</i></p> <p><i>Pizza Wrap</i></p>
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	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>	<i>Weekly Specials</i>
WEEK 1 <i>Jun 22-26</i>	22 	23 	24 	25 	26 	<i>Chicken Caesar Wrap</i>
WEEK 2 <i>Jun 29-Jul 3</i>	29 	30 	1 	2 	3 	<i>Grilled Veggie Wrap</i>
WEEK 3 <i>July 6-10</i>	6 	7 	8 	9 	10 	<i>Italian Sub Wrap</i>
WEEK 4 <i>July 13-17</i>	13 	14 	15 	16 	17 	<i>Caprese Pasta Salad</i>
WEEK 5 <i>July 20-24</i>	20 	21 	22 	23 	24 	<i>Chicken Caesar Wrap</i>
WEEK 6 <i>Jul 27-31</i>	27 	28 	29 	30 	31 	<i>Grilled Veggie Wrap</i>
WEEK 7 <i>Aug 3-7</i>	3 	4 	5 	6 	7 	<i>Italian Sub Wrap</i>
WEEK 8 <i>Aug 10-14</i>	10 	11 	12 	13 	14 	<i>Caprese Pasta Salad</i>

	<i>Meatballs with Parmesan Cheese & Rolls</i>		<i>Baked Chicken Tenders Cucumber Slices</i>
	<i>Baked Macaroni & Cheese Corn Bread</i>		<i>Pizza Carrot Sticks</i>
	<i>Chicken Sliders Corn Chips</i>		<i>French Toast Sticks Turkey Sausage</i>
	<i>Choice of Pasta (Plain, Butter or Marinara Sauce) Garlic Breadstick</i>		<i>Choice of Hamburger, Veggie Burger or Hot Dog Pasta Salad & Chips</i>

<i>Special Lunches</i>
<i>Week 3 Backwards Day</i>
<i>(W) Dollar Pancakes with Turkey Sausage</i>
<i>Week 4 "World Cup"</i>
<i>(M) Taco in a Cup with Tortilla Chips</i>
<i>(T) Pierogies (potato & cheese) with Applesauce</i>
<i>(W) Tzatziki Chicken Wrap with Orzo Salad</i>
<i>(Th) French Bread Pizza with Carrot Sticks</i>
<i>(F) Corn Dogs with Mango & Pineapple Salad</i>