



# HED TKD Version



Worcester Arena, WR2 5JN

## **BTC CHAMPIONSHIPS**

**Sunday 7 June**

[www.tkdouncil.com](http://www.tkdouncil.com) Email: [Email@tkdcouncil.com](mailto:Email@tkdcouncil.com) 01895459949

### BTC COMPETITION

## **BTC CHAMPIONSHIPS 2026**

**Worcester Arena**

Hylton Road, Worcester, WR2 5JN

**Sunday 7<sup>th</sup> June 2026**

# **INFORMATION PACK**



## Information Pack Contents

**NOTE: This is HED TKD's version of the information & has specific, notes instructions & enhancements to help our members. Refer also to [www.hedtkd.com](http://www.hedtkd.com)**

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Individual Competition Entry Form – **Get yours now:**  
visit our site:- [www.hedtkd.com](http://www.hedtkd.com) – “ **Forms, News** or our **Calendar** ”.

# BTC Champs '26

Worcester Arena,  
Hylton Road,  
Worcester,  
WR2 5JN  
Sunday 7<sup>th</sup> March '26



Dear member.

You are invited to attend the above event.

## JUNIORS

Coloured Belts: Up to & including 15 years old.

Black Belts: Up to & including 14 years old.

## CADETS (Black Belts Only)

15 years up to & including 17 years old.

## ADULTS

Coloured Belts 16 years & over

Black Belts (Female) 18 years to 34 years

Black Belts (Male) 18 years to 39 years

## EXECUTIVE MALE

~~Coloured Belts: 40 years & over (Patterns & Sparring)~~

Black Belts: 40 years & over (Patterns & Sparring)

## EXECUTIVE FEMALE

~~Coloured Belts: 35 years & over (Patterns & Sparring)~~

Black Belts: 35 years & over (Patterns & Sparring)

**ALL Competitors to arrive by 09.00 am.**

## ENTRY FEE'S

- Competitor **£25.00** first event, **£20** per event thereafter. (i.e. 3 events £65.00)
- Spectator **FREE £0.00** (5 years old & under FREE)
- Tag Team: £15.00 per 3 person team. To be paid & entered at the tag team desk on the day.

## IMPORTANT:

You must choose to enter as an Adult or Executive competitor. You CANNOT mix divisions.

Eg: If you Enter as an Executive in patterns and you also want to enter sparring, it must also be as an executive & visa versa as an adult.

**You must only use our current entry form from our website: [www.hedtkd.com](http://www.hedtkd.com).**

**Closing Date:** for entries & officials: Midday – **Friday 22<sup>nd</sup> May 2026.** No entries accepted after this date. Any applications received after this date **WILL NOT BE ACCEPTABLE & NOT ENTERED -- WITH NO EXCEPTIONS and your total payment will be taken and accepted as a fine and will unfortunately be NONE REFUNDABLE.** Get your entries in early to avoid issues. No postal entries. Entries MUST be paid online **before** you send in your form & then e-mail forms to us at [www.hedtkd.com](http://www.hedtkd.com), [webengs@hedtkd.com](mailto:webengs@hedtkd.com). Pay the total fee on-line:

**HED SPORT 40-38-04 82584859** (chqs payable to **HED SPORT**).

### Instructors Information:

All instructors who have competitors taking part in these championships should attend themselves or delegate a senior person who is a competitor or official to assist your students in the event of any problems that may arise with your students, (usually the children). Also please check that the forms are filled in correctly.

Please remind all spectators that they **ARE NOT ALLOWED** onto the competition area.

Only Officials & Competitors (*who must be wearing their dobok*) are allowed onto the competition area.

Failure to adhere to these rules could result in them being asked to leave the tournament venue.

### OFFICIALS.

- Officials must have at least completed part 1 of the TAGB Umpires course & must wear the official t-shirt with smart grey or black trousers and sports shoes.  
**NOT SHIRT & TAGB TIE.** Officials t-shirts can be obtained by emailing us for assistance **now** please.
- **All HED TKD members who wish to act as Officials or as a Welfare officer, at this event MUST pre-register by emailing us (before the deadline) at [www.hedtkd.com](http://www.hedtkd.com) / [webengs@hedtkd.com](mailto:webengs@hedtkd.com). We check your instructor's approval & "pre-register" you by adding your name & qualification to our Officials Entry List. Failure to pre-register means you will have to pay to get into the tournament.**
- All officials to must bring their BLACK BELT LICENCE BOOK FOR STAMPING TO RECORD THEIR ATTENDANCE.  
**\*\* YOU MUST ARRIVE BY: 8.30 A.M. OTHERWISE YOU WILL BE ASKED TO PAY TO ENTER \*\***

**WELFARE OFFICERS:** Any official wishing to attend as welfare officer, email us, [webengs@hedtkd.com](mailto:webengs@hedtkd.com).

**FIRST AID:** The TAGB Medic Team will be available in the competition area.

In line with TAGB inclusive policies, **emergency** sanitary products can be obtained from the Medic Team this includes replacement clothing if required.

**PHOTOGRAPHY:** NO PUBLIC PHOTOGRAPHY IS PERMITTED ANYWHERE ON THE COMPETITION AREA. **OTHER THAN THE OFFICIAL MEDIA TEAM STAFF. THIS RULE ALSO APPLIES TO OFFICIALS ON THE COMPETITION AREA.**

### COMPETITORS

All competitors may only wear standard **WHITE** TAGB Only , No other dobok of any kind.

(ie. **No Club Doboks**, no Tiger doboks).

All sparring competitors may wear forearm protection in addition to their regulation sparring equipment.

### WEIGHING IN: (*for Everyone*)

All Black Belts divisions (Cadets, Adults & Executives only) **MUST** weigh in before the closing time or they will be withdrawn from the competition. **Weigh in will close at 10:30am.**

All other divisions will "weigh in" by being weighed and/or height tested on the area before their division starts. **Failure to weigh in on time will mean a competitor misses their division & is withdrawn from the competition.**

Regards ..... **HED TKD**

## Event Rules

### Patterns

#### Divisions (Age on Day of Competition)

##### 11 and Under

- Female and male in separate divisions.

All Kup grades will compete in belt divisions. 9<sup>th</sup>-7<sup>th</sup>/6<sup>th</sup>-5<sup>th</sup>/4<sup>th</sup>-3<sup>rd</sup>/2<sup>nd</sup>-1<sup>st</sup>

Black belts 1<sup>st</sup> Degree

##### Under 15 (12 - 14 years):

- Female and male in separate divisions.

All Kup grades will compete in belt divisions. 9<sup>th</sup>-7<sup>th</sup>/6<sup>th</sup>-5<sup>th</sup>/4<sup>th</sup>-3<sup>rd</sup>/2<sup>nd</sup>-1<sup>st</sup>

Black belts 1<sup>st</sup> - 3<sup>rd</sup> degree in separate divisions.

##### Under 18 (15-17yrs):

- Female and male in separate divisions.
- Yellow & green belts combined (8<sup>th</sup>-5<sup>th</sup> Kup)
- Blue & red belts combined (4<sup>th</sup>- 1<sup>st</sup> Kup)
- Black belts 1<sup>st</sup>-3<sup>rd</sup> degree in separate divisions.

##### Adults (18yrs+):

- Female and male in separate divisions.
- All colour belts in separate divisions. 9<sup>th</sup>-7<sup>th</sup>/6<sup>th</sup>-5<sup>th</sup>/4<sup>th</sup>-3<sup>rd</sup>/2<sup>nd</sup>-1<sup>st</sup>
- 
- Black belts split into the following Degree groups. 1<sup>st</sup> degree.
- 2<sup>nd</sup> - 3<sup>rd</sup> degree combined.
- 4<sup>th</sup> degree and above.
- 

##### Executive black belts (40yrs+):

- Female and male in separate divisions.
- All degree grades (1<sup>st</sup> degree +) to compete in 1 division.

### Pattern options (Kup)

&

## Pattern options (Degree)

### Scoring Procedure

Patterns will be judged by a panel of 5 judges with the highest and lowest scores deducted

<b>Patterns:</b> (Male & Female in Separate divisions).						
All <b>COLOURED BELT</b> competitors must perform a pattern <b>up to their grade</b> from their own grade group from the list below.						
All <b>BLACK BELT</b> Competitors must perform a pattern <b>of their grade</b> from their grade list below.						
BLACK (4+)	BLACK ( 2+3)	BLACK (1 )	RED	BLUE	GREEN	YELLOW
4 <sup>th</sup> Dan +	2 <sup>nd</sup> & 3 <sup>rd</sup> Degree	Choong Moo	Toi- Gye	Yul Gok	Do San	Chon Ji
Tong Il	2 <sup>nd</sup> Dan	Kwang Gae	Hwa Rang	Joong Gun	Won Hyo	Dan Gun
Ul Ji		Po Eun	Choong Moo	Toi Gye	Yul Gok	Do San
Se Jong	Ko Dang	Ge Baek				
Yon Ge	Choong Jang					
Moon Moo	Eui Am					
So San	Juche					
	3 <sup>rd</sup> Dan					
	Sam Il					
	Yoo Sin					
	Choi Yong					

to give the final score. 1x Gold, 1x Silver, and 1x Bronze medal will be awarded for each division.

- All colour belts must perform a pattern up to their current grade from the respective grade groups above.
- All Black belts must perform a pattern of their grade from the respective grade groups above.
- All executive black belts must perform a pattern of their grade from the respective grade group above.

In the event of a tie, competitors are required to execute a second optional patterns (different from their initial one). This pattern must be selected from their grade group. If the result is a further tie for 1<sup>st</sup>/2<sup>nd</sup>/3<sup>rd</sup> place, competitors will perform an optional pattern simultaneously with their opponent, and the result given on the ring.

## Event Rules

### Sparring Sparring Categories

<b>Executive Black Belts (40yrs+)</b>	<b>Light</b>	<b>Middle</b>	<b>Light Heavy</b>	<b>Heavy</b>	
Male	- 65Kg	- 75Kg	- 85Kg	85Kg+	
Female	- 55Kg	- 65Kg	- 75Kg	75Kg+	
<b>Adult Black Belts (18-39yrs)</b>	<b>Fly</b>	<b>Light</b>	<b>Welter</b>	<b>Middle</b>	<b>Light Heavy</b> <b>Heavy</b>
Male	- 58Kg	- 64Kg	- 70Kg	- 76Kg	- 82Kg 82Kg+
Female		- 56Kg	- 62Kg	- 68Kg	-74Kg+ 74Kg+
<b>Adult Coloured Belts (18+)</b>	<b>Light</b>	<b>Middle</b>	<b>Light/Heavy</b>	<b>Heavy</b>	
Male	- 66Kg	- 74Kg	- 82Kg	82Kg+	
Female	- 58Kg	- 64Kg	- 70Kg	70Kg+	
<b>Under 18 (15 – 17yrs)</b>	<b>Light</b>	<b>Middle</b>	<b>Light Heavy</b>	<b>Heavy</b>	
Male	- 55Kg	- 63Kg	- 71Kg	71Kg+	
Female	- 55Kg	- 63Kg	- 71Kg	71Kg+	
<b>Under 15yrs (7-14yrs)</b>	<b>Tiny Tot</b>	<b>Pee Wee</b>	<b>Light</b>	<b>Middle</b>	<b>Heavy</b>
Male	- 120cm	- 135Cm	- 150Cm	- 165Cm	165cm +
Female	- 120Cm	- 135Cm	- 150Cm	- 165Cm	165cm +

\*Tiny Tot- Yellow tag, yellow and Green belt only

## Division/Duration of Bouts

### Under 15 Colour Belt (7-14yrs)

Colour belts will run point stop sparring and grouped as follows:

Yellow belts (yellow tag/yellow belt)- point stop

Green belt- point stop

Blue belt- point stop

Red belt- point stop

Black belts- continuous sparring

- One (1x) round of one and a half (1.5) minutes. Including finals.

### Under 18 Colour Belt (15-17yrs)

Yellow tag, Yellow & green belt combined - point stop sparring.

Blue & red belt- combined - continuous sparring.

Black belts - continuous sparring.

- One (1x) round of two (2) minutes. Including finals

### Adult Colour belt (18yrs+)

All kup grades are in separate divisions.

Yellow (yellow tag/yellow) & green belts - point stop sparring.

Blue & red belts - continuous sparring.

- One (1x) round of two (2) minutes. Including finals

### All Black belt categories

Black belts – continuous sparring

Executive black belts - point stop sparring.

- Elimination bouts- One (1x) round of two (2) minutes
- Finals- Two (2x) rounds of two (2) minutes with a one (1) minute break

## Scoring Procedure

Technique	Target section	Points
Hand	High or mid	1
Foot	Mid	2
Foot	High	3
Jump/flying hand technique	High or mid	2
Jump/flying kick	Mid	3
Jump/flying kick	High	4

\*JUMP/FLYING TECHNIQUES WILL BE SCORED WHEN BOTH FEET ARE OFF THE FLOOR AT THE POINT OF IMPACT

## Information on Sparring Target Areas

In sparring, the designated target areas are as follows.

- High-section: The head, excluding the throat and back of head.
- Mid-section: From the navel to the shoulders vertically and from a line drawn down from the armpit vertically to the waist on each side of the body. This only applies to the front area and not the back.

For a technique to score points in sparring, it must be executed with dynamic power. This means the technique should be performed with strength, purpose, speed, and precision towards a scoring target with recovery of the technique to an appropriate distance.

### Warnings

Warnings will be assigned for the following:

- Pretending to have scored.
- Stepping out of the ring; one foot off the mat.
- Avoiding sparring.
- Pretending to be injured.
- Attacking to an illegal area.
- Holding, grabbing, or pushing.
- Deliberately turning the back.
- Moving forward with an illegal attacking tool (e.g., knee, head, elbow).

### (Faults) Immediate Minus Point

An immediate minus point will be issued for:

- Falling to the mat
- Loss of temper.
- Contact with intent (an attack performed with excessive contact). If the referee deems it appropriate a yellow card can be given.
- A combination of any 2 warning will result in a minus point.

### Disqualification

Participants will be disqualified for:

- If a competitor receives two yellow cards at any time during competition.
- Gross misconduct or inappropriate behaviour towards judges, competitors, and referees, including ignoring their instructions.
- Engaging in full-contact.
- Attacking a fallen opponent.
- Being under the influence of alcohol or drugs.
- Intentionally biting, scratching, or attacking with the knee, elbow, or forehead.

## Injury Time

When a competitor is injured, the referee must stop the match and request medical assistance. When the doctor arrives at the ring, a 3-minute countdown begins. The doctor will diagnose the injuries and decide whether the competitor is fit to continue. Should the doctor require more time to treat the competitor, the competitor will not be allowed to continue and will surrender the match.

A total of 3 minutes injury time per competitor will be allowed per bout. When a competitor cannot continue due to doctor's decision and/or injury time expiring, the responsibility of the action will determine the winner. The competitor who cannot continue will be the winner if their opponent is disqualified.

## Results

1x Gold/1x Silver/2x Bronze medals will be awarded for each category

## Divisions

Breaking is open to all students 18yrs+

## Optional Techniques

### Destruction

#### Black belt 18yrs+ only

Male Foot techniques	Male Hand techniques	Female Foot Techniques	Female Hand Techniques
Turning kick or	Fore fist punch or	Any Kicking technique (standing only)	Any hand technique (including elbow strike)
Reverse turning kick	Knife hand strike		

*The Tournament Committee will determine the quantity of boards for each technique.*

1X Gold ONLY will be presented for each event:

- Male Foot Technique
- Male Hand Technique
- Female Foot Technique
- Female Hand Technique

## Team Event Rules

### Team Patterns

#### Divisions

**Juniors** - Boys and Girls in same divisions up to and including 15 years.

**Adults** - Males and Females in same division 16 years and above.

*(Mixed teams are allowed in the team pattern competition)*

There will be three competitors in a team, split as follows:

- 9th Kup to 7th Kup
- 6th Kup to 4th Kup
- 3rd Kup to 1st Kup
- All Dan Grades together

## Rules of the competition

Each team to perform a pattern unison (No Breaks). The pattern will be scored in the same way as in individual pattern events. The pattern will need to be relevant to the most junior grade in the team. (e.g., A team with a 9th Kup in can only perform Chon Ji and a team with a 3rd Kup in can perform any pattern up to and including Toi Gye)

### **Scoring**

1. The correctness of the pattern moves
2. Power, balance, focus, fluidity etc. As per individual pattern competition.
3. Synchronisation of all members when performing the pattern.

### **Fee**

Cost as mentioned on page 3 above

## **Team Event Rules**

### **Team Sparring**

#### **Tag Sparring rules**

- All team matches are point-stop.

Teams will consist of a 3-person team; bouts will be for 3 minutes. Each time the bout is stopped you can change with a member of your team by tagging your team member's glove. All 3 members must fight at some stage during the bout. All team matches will be point-stop. The same 3 fighters must compete for the duration of event. Teams who do not have 3 fighters will not be allowed to continue in the competition. No substitutions due to injury or disqualification.

### **Junior Divisions**

Up to and including 15 years.

- 3-person team. 9<sup>th</sup>-6<sup>th</sup> Kup together. Must all be from the same division.
- 3-person team: 5<sup>th</sup>-1<sup>st</sup> kup together. Must all be from the same division.
- 3-person team: Black belts (all degree). Must all be from the same division.

#### **There will be four junior divisions.**

- Pee wee.
- Lightweight.
- Middleweight.
- Heavyweight.

Boys and Girls will compete in separate teams.

### **Adult Divisions**

This event is open to competitors 16yrs and above.

- 3-person team. 9<sup>th</sup>-6<sup>th</sup> Kup together. No weights.
- 3-person team. 5<sup>th</sup>-1<sup>st</sup> Kup together. No weights
- 3-person team. Black belts (all degree). No weights.

There are no separate team events for Executive Male & Executive Female or Cadet Male & Cadet Female. All junior teams are under 16 years old, all adult teams are 16 years and over.

### **Fee**

Cost as mentioned on page 3 above

## Kukkiwon Style Poomsae Categories Info available on request.

### **For your information, this page contains the TAGB's general guidance notes for students (or spectators) who are entering/attending TAGB Competitions.**

#### **BEFORE ENTERING:- Please make sure that:-**

- You have a current T.A.G.B. / B.T.C. Licence (**note: for our members (at HED TKD) we will check/ensure this for you and discuss with you more only if there is an issue).**
- You are training regularly and understand what is expected of you.
- You are wearing a White TAGB suit, (where allowed you can also sometimes wear, a current TAGB 'National' suit or relevant club suit – **see the specific information for this competition above).**
- You have a full set of TAGB sparring equipment. (i.e. boots, shin guards, groin guards (for men and boys) gloves, head guard and gum shield).
- You have transport to the venue and you arrive on time.

#### **HOW TO ENTER: - Competitors**

All competitors, juniors or adults, whether competing in sparring or patterns or both, must complete a competition entry form. The forms can be obtained from **the resources area of our website [www.hedtkd.com](http://www.hedtkd.com)**, and must be completed, paid for & then handed to your instructor or approved by your instructor & emailed to us before the closing date stated on the competition info.

#### **PRICES: As stated above on page 4.**

- **(YOU must make sure that at the day of the tournament YOU are actually the correct grade / weight / height / category etc that you claim on your entry form. ENTRY FEES etc ARE NON REFUNDABLE)**

### **JUNIORS** (under 15)

Make sure you are the correct height for your division. You will be height tested on the day and if you are not in the correct height division you will be disqualified from that division.

### **CADETS** (15 – 17 years)

### **ADULTS** (18 years +)

### **EXECUTIVES** (male 40 years + & female 35 years +)

You must make sure that you are the correct weight for the division you want to compete in. You will be weighed in on the day, and if you are not within your entered weight division you will be disqualified from that division. In tournaments where there are no cadet divisions, junior divisions are up to 15 years old and Adults are from 16 years and above.

### **GENERAL**

All competitors will receive a competitor's ticket (or wrist band) from your instructor which must be taken to the competition. **Do not forget or lose this ticket or wrist band.** If you forget or lose it then you will have to pay the **(relevant)** spectators fee to gain access to the competition.

### **SPECTATORS**

You should please purchase a ticket from your instructor using the same entry form or you may also choose to turn up without a ticket and pay on the door at the competition. There will be a separate queue for spectators. All spectators who purchased a ticket beforehand will generally be allowed into the competition hall before those who are paying on the day.

### **ON THE DAY OF THE COMPETITION**

**NO SPECTATORS ARE ALLOWED AROUND THE COMPETITION AREAS – THEY MUST BE SEATED IN THE SEATS PROVIDED, OR THEY MAY BE ASKED TO LEAVE THE HALL/VENUE.**

- The competition will start with the pattern events, first with the juniors and some designated cadet and adult divisions.
- Each competition area will be allocated with an area number that will be indicated by the number on the tablecloth and a numbered signpost. There will also be a coloured sign, signifying the belt colour and category of the current division, situated underneath the numbered signpost at head high level.
- Listen out for an announcement of the start of your division on an allocated area over the Public Address System. (You can also check the running order, which may be displayed on a plasma screen somewhere in the hall, when available.)
- All juniors will be height tested before the sparring competition starts at an allocated area (i.e. all yellow belt boys, all heights).
- All cadets & adults will be weighed in before they spar at the allocated area for that division.

Failure to be height tested/weighed in &/or comply with the appropriate height/weight on the day) will result in a competitor not being entered for the sparring event (assuming that they have entered themselves in the sparring event).

**YOU must make sure that you are in the right competition area at the right time. If you are unsure, then you must ask your instructor or an official.**