


SESSION ATTENDANCE SIGN OFF Sheet

- A) **Name** Mr or Miss A. N. Other
- B) **HED TKD TaeKwon-Do Club,** Reading, Bognor Regis, Maidenhead etc
- C) **D of E Category:** that you'd like us to help you with (eg: Skills or phsical),
- D) **Level of D of E** (eg: Bronze or Silver, Gold),
- E) **Future Start Date:** Date must be in the future; (We **cannot** back date the start of your D of E with us).
- F) **Time period** for D of E activity. (eg: 3, 6, 18 months whatever as applicable).
- G) Your **D of E GOAL:** (Your Goal must be set by you & be clearly defined and achievable. (It cannot be changed later)

SESSION info		Description of that days activity	Signed (Instructor)
DAY	DATE		
	01/08/2026		
Tue	01/09/2026	Write your brief text description about what you did in your HED TKD training session	
Thur	03/09/2026	Write your brief text description about what you did in your HED TKD training session	
Sat	05/09/2026	Write your brief text description about what you did in your HED TKD training session	
Sun	06/09/2026	Write your brief text description about what you did in your HED TKD training session	
Mon	07/09/2026	Write your brief text description about what you did in your HED TKD training session	
Tue	01/09/2026	Write your brief text description about what you did in your HED TKD training session	
			
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