EMDR Individual and Group Consultation Agreement from

Annie Monaco, LCSW, RPT-S

By clicking on the tab and reading this, you are agreeing to the terms below.

Consultant: Annie Monaco, LCSW is an EMDRIA trainer, certified, and consultant as per EMDR International Association. For this agreement purposes, Annie Monaco has been designated as a qualified consultant to provide consultation on using EMDR with a multitude of populations in a variety of settings. This consultant has been practicing for over 30 years. Her specialty is children, adolescents and this includes foster care issues, attachment, criminal situations, and family therapy. Clients with significant substance abuse issues should be addressed with another consultant.

Consultee's: Consultees are to be licensed in their field or in the process of licensure and practicing within their competencies. Consultee's affirms that she/he is credentialed to practice psychotherapy in his/her own jurisdiction, maintains malpractice insurance (or agency that employed at) and that the Consultee (not consultant) is solely responsible for the nature and quality of the services provided to the Consultee's clients. Consultee's are expected to abide by their respective professional organization's code of ethics. Consultee's are required to have EMDRIA Basic Level of EMDR training or (older terminology) level 1 and Level 2 training prior to this consultation.

Nature of the Consultation: Consultation is a collaborative relationship between two mental health professionals. The consultee maintains primary responsibility for the decision involving treatment of clients about whom she is receiving consultation. Therefore, the consultant only advises regarding the utilization of EMDR. Consultation is not supervision. Supervision implies that the supervisor carries the legal, ethical and clinical responsibility/liability for the supervisee. It is expressly understood that no supervision or employment relationship exists between Consultant and Consultee.

The consultee is seeking to increase their skill level in EMDR. Specific learning can include perceptual, conceptual, technical and practical application of EMDR as a method of psychotherapy. We can also discuss case formulation and treatment planning of clients in regards to EMDR. As a consultant, my role is to assist you in developing and enhancing your skills with EMDR through education and feedback. Consultation can also assist you towards your certification in EMDR.

Limits of Consultation: Consultation is <u>not</u> supervision under licensure. It is expressly understood that no supervision or employment relationship exists between the Consultant and Consultee.

Confidentiality: Consultee should discuss cases in general terms with no identifying information. Consultant's suggestions and ideas are meant to be interpreted as general suggestions and not directives. If you are receiving clinical supervision under your current license, your supervisor should be kept informed of your treatment plans, and pressing concerns about risks and lethality are best handled in that setting.