

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2026</h1> <h2>Memory Care Activities Calendar</h2>				1 11:00 Staff Activity 4:00 Staff Activity New Year's Day	2 11:00 Staff Activity 2:00 Staff Activity	3 10:00 Virtual Exercise (Ch. 900) 2:00 Staff Activity
4 9:45 Scripture & Singing with Joey 11:00 FBC Spartanburg Worship (Ch. 4) 2:00 Staff Activity 4:00 PM Stretching (Ch. 900)	5 11:00 Devotion & Hymn Sing 2:00 Making Sock Snowmen 4:00 Hi-Lo	6 11:00 Manicures 2:00 Random Trivia 4:00 Brain Games	7 11:00 Fun with Amy! 2:00 Cooking Club 4:00 Disco Fever - Let's Dance!	8 11:00 Senior Beats -Pack up MC Tree 2:00 Apple Dessert 4:00 Alphabet Word Game	9 11:00 Sit & Be Fit 2:00 Birthday Party 4:00 Brain Game - Match the Shapes game	10 10:00 Virtual Exercise (Ch. 900) 2:00 Staff Activity
11 9:45 Scripture & Singing with Joey 11:00 FBC Spartanburg Worship (Ch. 4) 2:00 Staff Activity 4:00 PM Stretching (Ch. 900)	12 11:00 Devotion & Hymn Sing 2:00 Snowman Snack 4:00 Manicures	13 11:00 Riddle Me This 2:00 Songs & Snacks 4:00 Head, Shoulders, Knees Cup Game	14 11:00 Let's Get Moving 2:00 Minute to Win It! 4:00 Winter Craft	15 10:00 Senior Beats 2:00 Good Deeds For Dogs 4:00 What's New in 2026	16 11:00 Chair Yoga 2:00 Rag Wreaths 4:00 Pass the Balloon (using newspapers)	17 10:00 Virtual Exercise (Ch. 900) 2:00 Staff Activity
18 9:45 Scripture & Singing with Joey 11:00 FBC Spartanburg Worship (Ch. 4) 2:00 Staff Activity 4:00 PM Stretching (Ch. 900)	19 11:00 Devotion & Hymn Sing 2:00 The Voice Heard Around the World 4:00 Senior Moments Martin Luther King Jr. Day	20 11:00 Manicures 2:00 Hymn Sing with Joey 4:00 Moose Jokes & Puns	21 11:00 Painting Class 2:00 Cooking Club Blondie Batter Dip 4:00 This or That!	22 11:00 Senior Beats 2:00 Clay Trinket bowls PT.1 4:00 Call of the Wild: Songs of the Last Frontier	23 11:00 Let's make a Snowflake 2:00 Getting to Know Our Backyard Birds on the Sun Porch 4:00 Travelogue: Alaska	24 10:00 Virtual Exercise (Ch. 900) 2:00 Staff Activity
25 9:45 Scripture & Singing with Joey 11:00 FBC Spartanburg Worship (Ch. 4) 2:00 Staff Activity 4:00 PM Stretching (Ch. 900)	26 11:00 Devotion & Hymn Sing 2:00 Snowman Snack 4:00 Manicures Australia Day (Observed)	27 11:00 Let's Get Moving 2:00 Brain Games 4:00 Old Radio Show Night	28 11:00 Shut The Box 2:00 Winter Birdhouse Painting 4:00 Matching Game	29 11:00 Senior Beats 2:00 Clay Trinket Bowls PT.2 4:00 Fishing and Facts	30 11:00 Solo Cup JENGA Style 4:00 Winter Time Color by Number Happy birthday Patricia Leopard!	31 10:00 Virtual Exercise (Ch. 900) 2:00 Staff Activity

All activities are subject to change.