

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



February 2026



Memory Care Activities Calendar

1 9:45 Scripture & Singing with Joey 11:00 FBC Spartanburg Worship (Ch. 4) 2:00 Staff Activity 4:00 PM Stretching (Ch. 900) Tu B'Shevat Begins	2 11:00 Cardio Drumming 2:00 Punxsutawney Phil's Peanuts and Prediction 4:00 About Groundhogs Groundhog Day	3 11:00 Let's Get Moving 2:00 Hymn Sing with Joey 4:00 Pondering Prompts	4 11:00 Simple Strawberry Dessert 2:00 Foam Heart Craft 4:00 Words in Words	5 11:00 Love Songs Music Memory 2:00 Love is in the Air Trivia 4:00 Name that Couple	6 11:00 Table Topics w/Cherry Sparkler Spritzer Mocktail 2:30 Captain Jack (Cooper) 4:00 Valentine's Eye Spy	7 10:00 Virtual Exercise (Ch. 900) 11:00 Winter Olympic Premiere 2:00 Staff Activity
8 9:45 Scripture & Singing with Joey 11:00 FBC Spartanburg Worship (Ch. 4) 2:00 Staff Activity 4:00 PM Stretching (Ch. 900)	9 11:00 Cardio Drumming 2:00 Pizza Snacks and Facts 4:00 Brain Games	10 10:00 Slow Flow Stretches 2:00 Manicures 4:00 Heart Tissue Paper Canvas Art	11 11:00 Scrapbook Collage 1:00 Valentine's Concert - Paula Harris – Cooper 4:00 Marshmallow Pick Up Game	12 11:00 Valentine's Day Party with BNF 2:00 Hand Massages 4:00 Guess That Sound	13 11:00 Nothing but Love Trivia 2:00 Valentine Poke a Prize Word Rhythm Game 4:00 Cooking Crew: Raspberry Chia Parfait	14 10:00 Virtual Exercise (Ch. 900) 2:00 Staff Activity Valentine's Day
15 9:45 Scripture & Singing with Joey 11:00 FBC Spartanburg Worship (Ch. 4) 2:00 Staff Activity 4:00 PM Stretching (Ch. 900)	16 11:00 Craft Corner: Mardi Gras Masks 2:00 Mount Vernon Virtual Tour 4:00 Hi-Lo Presidents' Day (U.S.)	17 11:00 Let's Get Moving 2:00 Doubloon Scavenger Hunt 4:00 The History of Mardi Gras Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	18 11:00 The Story Of the Goobers 2:00 Fleming Mill Bluegrass concert (Rasor Chapel) 4:00 Afternoon Devotion: David & Goliath	19 11:00 Chinese New Year Craft: Fortune Sticks 2:00 Coffee And Croissants 4:00 Conversation Heart Tower Challenge	20 11:00 Gentle Stretching 2:00 Bingo 4:00 Move & Groove Let's Dance	21 10:00 Virtual Exercise (Ch. 900) 11:00 Selfie Canvas 2:00 Staff Activity
22 9:45 Scripture & Singing with Joey 11:00 FBC Spartanburg Worship (Ch. 4) 2:00 Staff Activity 4:00 PM Stretching (Ch. 900)	23 10:00 Cardio Drumming 2:00 Tootsie Roll Treat and Trivia 4:00 Brain Games	24 11:00 Slow Flow Stretches 2:00 Manicures 4:00 Valentine BINGO	25 11:00 Shut The Box 2:00 Afternoon Devotion (Abraham's Covenant) 4:00 Words in Words	26 11:00 Keep It Up Balloon Game 2:00 Scrabble Craft 4:00 Laughing Out Loud	27 11:00 Candy Lover's Dice Game 2:00 What is in the bag - sensory game? 4:00 Who Am I?	28 10:00 Virtual Exercise (Ch. 900) 2:00 Staff Activity

All activities subject to change.