

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2026

## AL & IL Activities Calendar



10:00 Virtual Exercise (900) **1**  
 10:00 Technology Class (C)  
 11:00 Gentle Stretching (C)  
 1:00 Bridge (1FNL)  
 1:30 Walmart - sign up  
 3:30 History of the Kentucky Derby & Mocktails (ALD)  
*Happy birthday Barbara Dix!*  
 May Day

**2**  
 8:00 Men's Breakfast (B)  
 10:00 Virtual Exercise (900)  
 1:30 Bingo - (C)

**3**  
 8:30 Sunday School (RC)  
 9:00 Worship (RC)  
 9:00 Worship Repeat - Apr. 27th (900)  
 9:15 FBC SS/Pick up  
 10:15 FBC Worship Pickup  
 11:00 FBC Spartanburg Worship Ch.4)  
 1:00 1st Bapt. Columbia (Ch. 6)  
 4:00 PM Stretches (Ch.900)

**4**  
 10:00 Virtual Exercise (900)  
 10:00 Skip Owens - Bible study series (C)  
 11:00 Mobility & Stability (C)  
 2:00 Big Air - Bowling - sign up  
 4:00 Friends of First Baptist (RC)

**5**  
 8:00 Scripture, Prayer & Fellowship - Garden Apt. Café.  
 10:00 Bingo (C)  
 11:00 Silver Sneakers (C)  
 2:00 Book Club - bring the book you are reading & share with the group (1FNL)  
 3:30 Cinco De Mayo Fiesta! (ALD)  
 4:00 PM Stretches (900)  
 Cinco de Mayo

**6**  
 8:00 Devotions w/ Pastors (B)  
 10:00 Virtual Exercise (900)  
 11:00 Gentle Stretching (C)  
 11:15 Traveling Table - Javi's River Mexican Restaurant - new in Laurens - sign up  
 4:00 Worship Service (RC)

**7**  
 8:00 Scripture & Prayer (B)  
 10:00 Virtual Exercise (900)  
 11:00 Silver Sneakers (C)

**8**  
 10:00 Virtual Exercise (900)  
 10:00 Technology Class (C)  
 11:00 Gentle Stretching (C)

**9**  
 8:00 Men's Breakfast (B)  
 10:00 Virtual Exercise (900)  
 1:30 Bingo - (C)

**10**  
 8:30 Sunday School (RC)  
 9:00 Worship (RC)  
 9:00 Worship Repeat-May 3rd (900)  
 9:15 FBC SS/Pick up  
 10:15 FBC Worship Pickup  
 11:00 FBC Spartanburg Worship Ch.4)  
 1:00 1st Bapt. Columbia (Ch. 6)  
 4:00 PM Stretches (900)  
*Happy birthday Karen Charles!*  
 Mother's Day  
 National Skilled Nursing Care Week

**11**  
 10:00 Virtual Exercise (900)  
 10:00 Skip Owens - Bible study series (C)  
 11:00 Mobility & Stability (C)  
 2:00 Peaceful Valley concert (RC)

**12**  
 8:00 Scripture, Prayer & Fellowship - Garden Apt. Café.  
 10:00 Bingo (C)  
 11:00 Silver Sneakers (C)  
 2:00 Assisted Living Mother's Day Afternoon Tea Party (C)  
 3:30 Manicures w/Amy (first come first serve) (ALD)  
 4:00 PM Stretches (900)

**13**  
 8:00 Devotions w/ Pastors (B)  
 10:00 Virtual Exercise (900)  
 11:00 Gentle Stretching (C)  
 2:00 Independent Living Mother's Day Afternoon Tea Party (Villa)  
 4:00 Worship Service (RC)

**14**  
 8:00 Scripture & Prayer (B)  
 10:00 Virtual Exercise (900)  
 11:00 Silver Sneakers (C)  
 2:00 Advanced Calligraphy with Debra Donnan \$10 (C)  
 4:00-6:00 Alzheimer's Memory Walk (Meet at Garden Apt. Shelter)

**15**  
 10:00 Virtual Exercise (900)  
 10:00 Technology Class (C)  
 11:00 Gentle Stretching (C)  
 2:00 Campus Bird Identifying on Golf Carts - sign up  
 3:30 What's your favorite Hymn? The story behind the song (ALD)  
*Happy birthday Doris Watson!*

**16**  
 8:00 Men's Breakfast (B)  
 10:00 Virtual Exercise (900)  
 1:30 Bingo - (C)  
*Happy birthday Judy Cliver!*  
 Armed Forces Day

**17**  
 8:30 Sunday School (RC)  
 9:00 Worship (RC)  
 9:00 Worship Repeat - May 10th (900)  
 9:15 FBC SS/Pick up  
 10:15 FBC Worship Pickup  
 11:00 FBC Spartanburg Worship Ch.4)  
 1:00 1st Bapt. Columbia (Ch. 6)  
 4:00 PM Stretches (900)

**18**  
 10:00 Virtual Exercise (900)  
 10:00 Skip Owens - Bible study series (C)  
 11:00 Mobility & Stability (C)  
 3:45 Residents on Mission (C)  
*Happy birthday Dale Byerly!*  
 Victoria Day (Canada)

**19**  
 8:00 Scripture, Prayer & Fellowship - Garden Apt. Café.  
 10:00 Bingo (C)  
 11:00 Silver Sneakers (C)  
 2:30 Hymn Sing with Joey (ALD)  
 3:30 Guess That Phrase (ALD)  
 4:00 PM Stretches (900)

**20**  
 8:00 Devotions w/ Pastors (B)  
 10:00 Virtual Exercise (900)  
 11:00 Gentle Stretching (C)  
 2:00 Nicole Miller's Class - Stroke Awareness & You (C)  
 4:00 Worship Service (RC)

**21**  
 8:00 Scripture & Prayer (B)  
 9-12 Crisis Center Volunteers  
 10:00 Virtual Exercise (900)  
 11:00 Silver Sneakers (C)  
 2:00 Birthday Party (C)  
 3:00 Resident Council (LC)  
 3:30 Manicures w/ Tara (First Come First Served) (ALD)  
 Shavuot Begins

**22**  
 10:00 Virtual Exercise (900)  
 10:00 Technology Class (C)  
 11:00 Gentle Stretching (C)  
 2:00 Origins of Memorial Day (C)  
 3:30 Chair Yoga w/Amy (ALD)  
*Happy birthday Patricia Jones!*

**23**  
 8:00 Men's Breakfast (B)  
 10:00 Virtual Exercise (900)  
 1:30 Bingo - (C)

**24**  
 8:30 Sunday School (RC)  
 9:00 Worship (RC)  
 9:00 Worship Repeat - May 17th (900)  
 9:15 FBC SS/Pick up  
 10:15 FBC Worship Pickup  
 11:00 FBC Spartanburg Worship Ch.4)  
 1:00 1st Bapt. Columbia (Ch. 6)  
 4:00 PM Stretches (900)

**25**  
 10:00 Virtual Exercise (900)  
 10:00 Skip Owens - Bible study series (C)  
 3:00 Laugh Lovers (C)  
*Happy birthday Frances Cochran!*  
 Memorial Day

**26**  
 8:00 Scripture, Prayer & Fellowship - Garden Apt. Café.  
 10:00 Bingo (C)  
 11:00 Silver Sneakers (C)  
 2:00 90's Club - Bring pictures to share from your past (C)  
 3:30 Reminiscing Beauty Rituals (ALD)  
 4:00 PM Stretches (900)

**27**  
 8:00 Devotions w/ Pastors (B)  
 10:00 Virtual Exercise (900)  
 11:00 Gentle Stretching (C)  
 2:00 Travelogue - Guatemala - snack - Chochobanaos (chocolate covered bananas) (C)  
 4:00 Worship Service (RC)

**28**  
 8:00 Scripture & Prayer (B)  
 10:00 Virtual Exercise (900)  
 10:30 Food Committee Round Table (C)  
 11:00 Silver Sneakers (C)  
 2:00 Faithful Hands Ministry - Planning for Summer projects (C)  
 3:30 Painting on Canvas: Butterflies (A/C)

**29**  
 10:00 Virtual Exercise (900)  
 10:00 Technology Class (C)  
 11:00 Gentle Stretching (C)  
 2:00 Hand & Foot Card Game (2nd Flr. GA)  
 3:30 Name 5 game (ALD)

**30**  
 8:00 Men's Breakfast (B)  
 10:00 Virtual Exercise (Ch. 900)  
 1:30 Bingo - (C)  
*Happy birthday Pete Angelakos!*

**31**  
 8:30 Sunday School (RC)  
 9:00 Worship (RC)  
 9:00 Worship Repeat - May 24th (900)  
 9:15 FBC SS/Pick up  
 10:15 FBC Worship Pickup  
 11:00 FBC Spartanburg Worship Ch.4)  
 1:00 1st Bapt. Columbia (Ch. 6)  
 4:00 PM Stretches (900)  
*Happy birthday Ken Varner!*

SL=1st Floor South Library; 1FNL = 1st Floor North Library; 900 = Channel 900 on TV; A/C = Arts & Crafts Room; ALD = Assisted Living Dining Room; B = Bailey Dining Room; C = Cooper; FBC = 1st Baptist Laurens; FFGA = 1st Flr. Garden Apts; LEC= Life Enrichment Cottage; LC = Large Conference Room; PR = Prayer Room; RC = Razor Chapel; SC = Sm. Conference room; SFGA = 2nd Floor Garden Apts.; SS = Sunday school; CP=Chapel Patio

