

EMDR Consultant Agreement

This agreement is made between Ann Beckley-Forest, LCSW (Approved Consultant) and _____(Consultee).

Consultant: Ann Beckley-Forest, LCSW-R is EMDRIA trained, certified, and Approved Consultant. This consultant has been practicing for 25+ years. Her specialty is children and adolescents, and this includes foster care issues, attachment, play therapy, and family therapy. Consultation is also provided on working with adults. Any specialty areas regarding adults with significant substance abuse issues should be addressed with another consultant. The consultant is also a Registered Play Therapy Supervisor credentialed by the Association for Play Therapy.

Consultees: Consultees are to be licensed in their field or in the process of licensure and practicing within their competencies. Consultee affirms that they are credentialed to practice psychotherapy in their own jurisdiction, maintain malpractice insurance (or maintained by agency where employed) and that the Consultee is solely responsible for the nature and quality of the services provided to the Consultee's clients. Consultees are expected to abide by their respective professional organization's code of ethics. Consultees are required to have completed EMDRIA Basic training (formerly known as level 1 and Level 2) and 10 hours of consultation included in Basic training prior to this consultation.

Nature of the Consultation: The consultee is seeking to increase their skill level in EMDR. Specific learning can include perceptual, conceptual, technical and practical application of EMDR as a method of psychotherapy. We can also discuss case formulation and treatment planning of clients in regards to EMDR. As a consultant, my role is to assist you in developing and enhancing your skills with EMDR through education and feedback. Consultation can also assist you towards your certification in EMDR. Consultation for EMDR may not be "double counted" towards the Registered Play Therapist designation, although consultees may receive consultation from this consultant for both approaches.

Limits of Consultation: Consultation is not supervision under licensure. It is expressly understood that no supervision or employment relationship exists between the Consultant and Consultee. No identifying information about clients is to be shared.

Confidentiality: Consultee will obtain a written informed consent from the client prior to presenting any confidential case material (such as video tapes of sessions) to the Consultant. I will maintain all confidentiality.

Certification in EMDR: Research in EMDR shows that if a practitioner shows fidelity to the EMDR protocol and treatment principles, that this directly predicts degree of client's improvement. Consultees are expected to be proficient in EMDR by the time they request certification. While 20 sessions of consultation has been established as a minimum acceptable to EMDRIA, some consultees may need more time than required to reach that proficiency. If more time is needed, this information will be provided on an ongoing basis.

In order for the Consultant to write a letter in support of EMDRIA certification, the consultee must provide the following:

Please ***initial*** each statement only if you are going for certification:

- Consultees are required to have read Dr. Shapiro's Second Edition of EMDR before or during the Certification process. Discussions will occur during consultation time.
- Consultees must keep track of their EMDR sessions of clients to show that they have reached the required number of sessions for certification
- Two videotapes of an EMDR session with a client. The first videotape is expected by the 4th consultation session. The second video by the 8th consultation. This is ideal and truly the only way to experience your skills. If this becomes an issue that is not solvable, then we will consider audiotapes or a transcript of your session.
- Detailed notes of your EMDR sessions through a Case Consultation form. Impressions of your work will not be helpful. Seeing that you use the EMDR in the proper protocol is what is needed.
- Complete the Adult consultation form and/or Youth consultation form and forwarding it to the Consultant at least one day prior: by 7:00pm the day before.
- The consultee will check the EMDRIA website for proper certification hours and what is expected of them prior to the consultant writing the letter. EMDRIA allows more than one consultant and the consultee can get a letter from each one.
- Consultant cannot answer e-mails in between regarding cases. If a short consultation is needed in between consultations, this will be arranged.

****If less than four consultations occur, the consultant will write a letter to EMDRIA based on those consultations and it will be written in the letter that no videotape was presented.**

As a consultant, I will keep you abreast of trainings, presentations and new developments in EMDR. I will refer you to other consultants if your needs are more specialized. As a consultant, it is important that I am honest about your EMDR skill level and work with you on being able to improve your work with clients.

Fees: *(Please initial next to check marks)*

- ✓ The fee for each individual consultation is \$175/hour
- ✓ Group Consultation is \$60/2 hours.
- ✓ Payment is expected at the time of consultation if in person. Or via Paypal invoice if remote.
- ✓ **Cancellations are expected three (3) days prior to the consultation. If cancellations are same day or missed, then the same fee applies.** Emergencies are expected and one missed session is tolerated. In general, courtesy rules apply. Consultant will have the same courtesy towards the consultee.

Consultations will occur on the phone, via Zoom or in person. If in person, the consultee is expected to travel to the Consultants office or mutually agreed upon location.

- If on the phone, the consultee (you!) will call the consultant at the agreed upon number and time at 716-553-2256. Zoom conferences will be provided with link. Consultee should be in a private space where they will not be interrupted and can concentrate (not driving).

It is expected that if there is a delay in starting on time (which can occur from both parties) that an e-mail or text will be sent prior to the start time as courtesy. Both parties should make every effort to start on time.

Consultation is 1 hour or longer as agreed on by both parties. If consultation exceeds this time on more than a typical occasion, then both parties need to discuss how to solve this issue.

Resolution of Issues: Consultant and consultee will make every effort to resolve any issues informally and with good will.

Date:

I have read, understand and agree to the above conditions in this letter of agreement.

Signature of Consultee: _____ Printed Name: _____

Signature of Consultant:  Printed Name: Ann Beckley-Forest