SOMERS SENIOR CENTER 914-232-0807

*** SITE MENU *** 914-232-0007				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				SPAGHETTI W/ MEATBALLS BROCCOLI FLORETS TOSSED SALAD ITALIAN BREAD PEACHES
LASAGNA SPINACH W/ CHICKPEAS ITALIAN BREAD PINEAPPLE CHUNKS	YANKEE POT ROAST MASHED POTATOES GREEN BEANS DINNER ROLL PIE	BAKED FLOUNDER LENTIL PILAF MEDITERRANEAN VEGETABLES WHEAT BREAD ORANGE	7 *** HAPPY CHEF *** BBQ CHEESEBURGER LETTUCE,TOMATO,ONION MACARONI SALAD DESSERT	CHICKEN CACCIATORE LINGUINE W/GARLIC & OIL ZUCCHINI CASSEROLE RYE BREAD PEACHES
CHICKEN SAUSAGE ROASTED POTATOES PEPPERS & ONIONS WHOLE WHEAT BREAD MANDARIN ORANGES	BAKED ZITI W/GROUND BEEF TOSSED SALAD SPINACH ITALIAN BREAD FRUIT **SMARTPHONE WORKSHOP**	MOLASSES CHICKEN THIGH CHEESY GRITS COLLARD GREENS WHOLE WHEAT BREAD PINEAPPLE CHUNKS	14 BREADED PORK CHOP MASHED POTATOES CARROTS PUMPERNICKEL BREAD PEACHES APPLESAUCE **THRIVING AT HOME WORKSHOP**	MEATLOAF W/GRAVY MASHED POATOES GREEN BEANS RYE BREAD LEMON MERINGUE PIE
BROCCOLI QUICHE TATER TOTS MIXED VEGETABLES WHOLE WHEAT BREAD FRUIT COCKTAIL	ROAST TURKEY W/GRAVY SWEET POTATOES CAULIFLOWER & PEAS COOKIES CRANBERRY SAUCE DINNER ROLL	*** HAPPY CHEF *** FRENCH TOAST SAUSAGE BERRIES DESSERT	SALMON POTATOES FRENCH STYLE GREEN BEANS WHOLE WHEAT BREAD MANDARIN ORANGES ** EPSTEINS LUNCH***	MANICOTTI BROCCOLI ZUCCHINI ITALIAN BREAD BLUEBERRY PIE
SALISBURY STEAK ROASTED POTATOES PEAS & MUSHROOMS RYE BREAD PINEAPPLE CHUNKS	*** HAPPY CHEF *** BEEF & BROCCOLI WHITE RICE MINI SPRING ROLL DESSERT	SOLE FLORENTINE LENTIL PILAF HONEY CITRUS CARROTS WHOLE WHEAT BREAD FRUIT	28 SWEDISH MEATBALLS BUTTERED NOODLES SPINACH PUMPERNICKEL BREAD FRUIT	HERB ROASTED CHICKEN LEMON POTATOES GREEN BEAN CASSEROLE DINNER ROLL CAKE

^{*} Milk served daily

^{**}Menus subject to change without notice.