SOMERS SENIOR CENTER 914-232-0807

ERICA GENTILE NUTRITION SITE MENU

SITE MENU		314-232-0007		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
!!! CLOSED !!!	2 KNOCKWURST W/ SAUERKRAUT TATER TOTS PEPPERS & ONIONS CLUB ROLL PEACHES	PULLED BBQ CHICKEN BAKED BEANS COLESLAW CORNBREAD CHERRY PIE	YANKEE POT ROAST MASHED POTATOES PEAS & CARROTS DINNER ROLL FRUIT	CHEESE LASAGNA TOSSED SALAD W/NAVY BEANS BROCOLLI FLORETS ITALIAN BREAD APRICOTS
STUFFED PEPPER MASHED POTATOES GREEN BEANS CLUB ROLL PEARS	SWEET & SOUR PORK RICE ORIENTAL VEGETABLES WHOLE WHEAT BREAD PINEAPPLE CHUNKS	MANICOTTI BROCCOLI FLORETS TOSSED SALAD W/CHICKPEAS ITALIAN BREAD FRUIT	MEATLOAF W/GRAVY MASHED POTATOES PEAS & ONIONS PUMPERNICKEL BREAD POUND CAKE	SALMON PARSLIED COUS COUS MIXED VEGETABLES WHOLE WHEAT BREAD FRUIT
MACARONI & CHEESE BROCCOLI FLORETS W/ CANNELLINI BEANS WHOLE WHEAT BREAD PEACHES	SOLE OREGANATA RICE PILAF ZUCCHINI DINNER ROLL FRUIT	*** HAPPY CHEF *** GRILLED SHRIMP SALAD MIXED GREENS, ALMONDS MANDARIN ORANGES, FETA MINI CROISSANT DESSERT	YANKEE POT ROAST MASHED POTATOES GREEN CABBAGE PUMPERNICKEL BREAD PINEAPPLE CHUNKS	PESTO CHICKEN LEMON POTATOES GREEN BEANS ITALIAN BREAD FRUIT COCKTAIL
TURKEY CHILI W/BEANS RICE SPINACH CORNBREAD APPLE PIE	EGGPLANT PARMIGIANA BROCCOLI W/CHICKPEAS TOSSED SALAD ITALIAN BREAD PEARS	Happy Rosh Hashannah! BEEF BRISKET ROASTED POTATOES CARROT TZIMMES RYE BREAD APPLESAUCE NOODLE KUGEL	25 *** HAPPY CHEF *** RIGATONI BOLOGNESE MIXED SALAD ITALIAN BREAD DESSERT	26 SWEDISH MEATBALLS W/ BUTTERED NOODLES SPINACH ZUCCHINI DINNER ROLL CAKE
SOLE FLORENTINE ROASTED POTATOES HONEY CITRUS CARROTS WHOLE WHEAT BREAD FRUIT COCKTAIL	30 *** HAPPY CHEF *** MARINATED LONDON BROIL ROSEMARY POTATOES GREEN BEENS DINNER ROLL DESSERT			*

^{*} Milk served daily

^{**}Menus subject to change without notice.