

# SENIOR PROGRAMS @ VAN TASSELL HOUSE- (914)232-0807

## SCHEDULE OF EVENTS- JANUARY 2026

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<b>MEDICAL TRANSPORT</b>  <b>TUES,WED,THURS</b> <b>10:00 AM—3:00 PM</b> <b>\$10.00 ROUND TRIP</b>	<b>SHOPPING TRIPS</b>  <b>2 BAG LIMIT PLEASE</b> <b>\$ 2.00 ROUND TRIP</b>	 A vibrant, colorful graphic for the New Year 2026. It features a large, glowing disco ball in the foreground with a grid pattern. The background is filled with warm, bokeh-style lights in shades of orange, red, and yellow. The text "Happy New Year" is written in a cursive, white font at the top left, and "2026" is prominently displayed in large, bold, white numbers in the center.	<b>1) MEDICAL TRANSPORT</b> <b>10:30- LINE DANCING</b> <b>12:00- LUNCH / BINGO</b> <b>12:30- CHAIR YOGA</b>	<b>2) UNCLE GIUSEPPE'S</b>  <b>10:45- SEATED EXERCISE</b> <b>12:00- LUNCH</b> <b>12:30- BINGO</b>
<b>5) WALMART</b>  <b>10:45- SEATED EXERCISE</b> <b>12:00- LUNCH/ BINGO</b> <b>12:30/CHINESE MAH JONG</b>	<b>6) MEDICAL TRANSPORT</b>  <b>10:30- LINE DANCING</b> <b>12:00- LUNCH/BINGO</b> <b>12:30-CHAIR YOGA</b>	<b>7) MEDICAL TRANSPORT</b>  <b>10:00- ART</b> <b>10:45-SEATED EXERCISE</b> <b>12:00- LUNCH/BINGO</b> <b>12:30-MAH JONG</b>	<b>8) MEDICAL TRANSPORT</b>  <b>10:30- LINE DANCING</b> <b>12:00- LUNCH / BINGO</b> <b>12:30- CHAIR YOGA</b>	<b>9) ACME/HOMEGOODS</b>  <b>10:45- SEATED EXERCISE</b> <b>12:00- LUNCH</b> <b>12:30- BINGO</b>
<b>12) DANBURY MALL</b>  <b>10:45- SEATED EXERCISE</b> <b>12:00- LUNCH/BINGO</b> <b>12:30-CHINESE MAH JONG</b>	<b>13) MEDICAL TRANSPORT</b>  <b>10:30- LINE DANCING</b> <b>12:00- LUNCH/BINGO</b> <b>12:30-CHAIR YOGA</b>	<b>14) MEDICAL TRANSPORT</b>  <b>10:00-ART</b> <b>10:45-SEATED EXERCISE</b> <b>12:00-LUNCH/BINGO</b> <b>12:30- MAH JONG</b>	<b>15) MEDICAL TRANSPORT</b>  <b>10:30- LINE DANCING</b> <b>12:00- LUNCH / BINGO</b> <b>12:30- CHAIR YOGA</b>	<b>16) SHOPRITE</b>  <b>10:45- SEATED EXERCISE</b> <b>12:00- LUNCH</b> <b>12:30- BINGO</b>
<b>19) MARTIN LUTHER KING JR. DAY</b>  <b>***** CLOSED *****</b>	<b>20) MEDICAL TRANSPORT</b>  <b>10:30- LINE DANCING</b> <b>12:00- LUNCH/BINGO</b> <b>12:30-CHAIR YOGA</b>	<b>21) MEDICAL TRANSPORT</b>  <b>10:00-ART</b> <b>10:45-SEATED EXERCISE</b> <b>12:00-LUNCH/BINGO</b> <b>12:30- MAH JONG</b>	<b>22) MEDICAL TRANSPORT</b>  <b>10:30- LINE DANCING</b> <b>12:00- LUNCH / BINGO</b> <b>12:30- CHAIR YOGA</b>	<b>23) TRADER JOE'S</b>  <b>10:45- SEATED EXERCISE</b> <b>12:00- LUNCH</b> <b>12:30- BINGO</b>
<b>26) DOLLAR TREE</b>  <b>10:45-SEATED EXERCISE</b> <b>12:00- LUNCH/BINGO</b> <b>12:30-CHINESE MAH JONG</b>	<b>27) MEDICAL TRANSPORT</b>  <b>10:30- LINE DANCING</b> <b>12:00- LUNCH/BINGO</b> <b>12:30-CHAIR YOGA</b>	<b>28) MEDICAL TRANSPORT</b>  <b>MEDICAL TRANSPORT</b> <b>10:00-ART</b> <b>10:45-SEATED EXERCISE</b> <b>12:00-LUNCH/BINGO</b> <b>12:30- MAH JONG</b>	<b>29) MEDICAL TRANSPORT</b>  <b>10:30- LINE DANCING</b> <b>12:00- LUNCH / BINGO</b> <b>12:30- CHAIR YOGA</b>	<b>30) STOP N SHOP</b>  <b>10:45- SEATED EXERCISE</b> <b>12:00- LUNCH</b> <b>12:30- BINGO</b>