

SENIOR PROGRAMS @ VAN TASSELL HOUSE- (914)232-0807

SCHEDULE OF EVENTS- APRIL 2026

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<u>MEDICAL TRANSPORT</u> <u>TUES,WED,THURS</u> <u>10:00 AM—3:00 PM</u> <u>\$10.00 ROUND TRIP</u>	<u>SHOPPING TRIPS</u> <u>2 BAG LIMIT PLEASE</u> <u>\$ 2.00 ROUND TRIP</u>	<u>1)MEDICAL TRANSPORT</u> <u>10:00- ART</u> <u>10:45- SEATED EXERCISE</u> <u>12:00- LUNCH/BINGO</u> <u>12:30-MAH JONG</u>	<u>2)MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH / B.I.N.G.O</u> <u>12:30- CHAIR YOGA</u>	<u>3) SHOPRITE</u> <u>10:45-SEATED EXERCISE</u> <u>12:00-LUNCH/B.I.N.G.O</u>
<u>6) TARGET</u> <u>10:45- SEATED EXERCISE</u> <u>12:00- LUNCH/B.I.N.G.O</u> <u>12:30/CHINESE MAH JONG</u>	<u>7)MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH/B.I.N.G.O</u> <u>12:30- CHAIR YOGA</u>	<u>8) MEDICAL TRANSPORT</u> <u>10:00- ART</u> <u>10:45- SEATED EXERCISE</u> <u>12:00- LUNCH/BINGO</u> <u>12:30-MAH JONG</u>	<u>9) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH / B.I.N.G.O</u> <u>12:30- CHAIR YOGA</u>	<u>10) ACME/HOME GOODS</u> <u>10:45-SEATED EXERCISE</u> <u>12:00-LUNCH/B.I.N.G.O</u>
<u>13) WALMART</u> <u>10:45- SEATED EXERCISE</u> <u>12:00- LUNCH/B.I.N.G.O</u> <u>12:30/CHINESE MAH JONG</u>	<u>14) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH/B.I.N.G.O</u> <u>12:30- CHAIR YOGA</u>	<u>15)MEDICAL TRANSPORT</u> <u>10:00- ART</u> <u>10:45- SEATED EXERCISE</u> <u>12:00- LUNCH/BINGO</u> <u>12:30- MAH JONG</u>	<u>16) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00-LUNCH/B.I.N.G.O</u> <u>12:30- CHAIR YOGA</u>	<u>17) TRADER JOE'S</u> <u>10:45-SEATED EXERCISE</u> <u>12:00-LUNCH/B.I.N.G.O</u>
<u>20) DANBURY MALL</u> <u>10:45- SEATED EXERCISE</u> <u>12:00- LUNCH/B.I.N.G.O</u> <u>12:30/CHINESE MAH JONG</u>	<u>21) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH/B.I.N.G.O</u> <u>12:30-CHAIR YOGA</u>	<u>22) MEDICAL TRANSPORT</u> <u>10:00-ART</u> <u>10:45-SEATED EXERCISE</u> <u>12:00-LUNCH/B.I.N.G.O</u> <u>12:30- MAH JONG</u>	<u>23) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00-LUNCH/B.I.N.G.O</u> <u>12:30- CHAIR YOGA</u>	<u>24) STEW LEONARDS</u> <u>10:45-SEATED EXERCISE</u> <u>12:00-LUNCH/B.I.N.G.O</u>
<u>27) DOLLAR TREE</u> <u>10:45- SEATED EXERCISE</u> <u>12:00- LUNCH/B.I.N.G.O</u> <u>12:30/CHINESE MAH JONG</u>	<u>28) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH/B.I.N.G.O</u> <u>12:30-CHAIR YOGA</u>	<u>29) MEDICAL TRANSPORT</u> <u>10:00-ART</u> <u>10:45-SEATED EXERCISE</u> <u>12:00-LUNCH/B.I.N.G.O</u>	<u>30) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00-LUNCH/B.I.N.G.O</u> <u>12:30- CHAIR YOGA</u>	<u>CATSKILLS CASINO TRIP</u> <u>4/16/2026</u> <u>BUS LEAVES VAN TASSELL @ 7:45 AM</u>