

SOMERS PARTNERS IN PREVENTION PRESENTS

ADULT MENTAL HEALTH

FIRST AID



October 3, 2026, 9am-5pm

Somers Town House Meeting Room

335 Route 202, Somers, NY 10589



Mental Health First Aid trains adults to identify mental health signs and symptoms and gives the skills and resources to provide initial support, and connect individuals with professional help.

This training is FREE to participants.

Registration required.

Email: laurenleilajohnson@gmail.com to register.