

SENIOR PROGRAMS @ VAN TASSELL HOUSE- (914)232-0807

SCHEDULE OF EVENTS- SEPTEMBER 2026

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
	<u>1) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH/BINGO</u> <u>12:30-CHAIR YOGA</u>	<u>2)MEDICAL TRANSPORT</u> <u>10:00- ART</u> <u>10:45-SEATED EXERCISE</u> <u>12:00- LUNCH/BINGO</u> <u>12:30-MAH JONG/CANASTA</u>	<u>3) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH / BINGO</u> <u>12:30- CHAIR YOGA</u>	<u>4) ACME/ HOME GOODS</u> <u>10:45- SEATED EXERCISE</u> <u>12:00- LUNCH</u> <u>12:30- BINGO</u>
<u>7) !! CLOSED !!</u> 	<u>8) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH/BINGO</u> <u>12:30-CHAIR YOGA</u>	<u>9) MEDICAL TRANSPORT</u> <u>10:00- ART</u> <u>10:45-SEATED EXERCISE</u> <u>12:00- LUNCH/BINGO</u> <u>12:30-MAH JONG/CANASTA</u>	<u>10) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH / BINGO</u> <u>12:30- CHAIR YOGA</u> <u>* ROSH HASHANAH LUNCH *</u>	<u>11) UNCLE GIUSEPPE'S</u> <u>NO SEATED EXERCISE</u> <u>12:00- LUNCH</u> <u>12:30- BINGO</u>
<u>14) WALMART</u> <u>10:45- SEATED EXERCISE</u> <u>12:00- LUNCH/BINGO</u> <u>12:30-MAH JONG/CANASTA</u>	<u>15) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH/BINGO</u> <u>12:30-CHAIR YOGA</u>	<u>16)MEDICAL TRANSPORT</u> <u>10:00-ART</u> <u>10:45-SEATED EXERCISE</u> <u>12:00-LUNCH/BINGO</u> <u>12:30- MAH JONG/CANASTA</u>	<u>17) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH / BINGO</u> <u>12:30- CHAIR YOGA</u>	<u>18) TRADER JOE'S</u> <u>10:45- SEATED EXERCISE</u> <u>12:00- LUNCH</u> <u>12:30- BINGO</u>
<u>21) DOLLAR TREE</u> <u>10:45- SEATED EXERCISE</u> <u>12:00- LUNCH/BINGO</u> <u>12:30-MAH JONG/CANASTA</u>	<u>22) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH/BINGO</u> <u>12:30-CHAIR YOGA</u>	<u>23) MEDICAL TRANSPORT</u> <u>10:00-ART</u> <u>10:45-SEATED EXERCISE</u> <u>12:00-LUNCH/BINGO</u> <u>12:30- MAH JONG/CANASTA</u>	<u>24) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH / BINGO</u> <u>12:30- CHAIR YOGA</u> <u>FOXWOODS CASINO TRIP</u>	<u>25) SHOPRITE</u> <u>10:45- SEATED EXERCISE</u> <u>12:00- LUNCH</u> <u>12:30- BINGO</u>
<u>28) KOHL'S/DECCICO'S (BREWSTER)</u> <u>10:45- SEATED EXERCISE</u> <u>12:00- LUNCH/BINGO</u> <u>12:30-MAH JONG/CANASTA</u>	<u>ROSH HASHANA LUNCH</u> <u>9/10/26 @ 12:00PM</u> <u>RESERVATIONS REQUIRED</u>	<u>FOXWOODS CASINO</u> <u>9/24/2026</u> <u>BUS LEAVES 7:30AM</u> <u>BUS RETURNS 6:00PM</u>	<u>SHOPPING TRIPS</u> <u>2 BAG LIMIT PLEASE</u> <u>\$ 2.00 ROUND TRIP</u>	<u>MEDICAL TRANSPORT</u> <u>TUES,WED,THURS</u> <u>10:00 AM—3:00 PM</u> <u>\$10.00 ROUND TRIP</u>