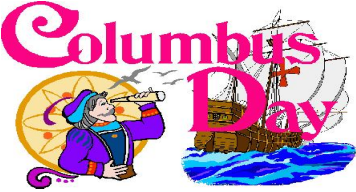


SENIOR PROGRAMS @ VAN TASSELL HOUSE- (914)232-0807

SCHEDULE OF EVENTS- OCTOBER, 2026

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<u>MEDICAL TRANSPORT</u> <u>TUES,WED,THURS</u> <u>10:00 AM—3:00 PM</u>	<u>SHOPPING TRIPS</u> <u>2 BAG LIMIT PLEASE</u> <u>\$ 2.00 ROUND TRIP</u>	<u>UPCOMING EVENTS AT</u> <u>VAN TASSELL!!!!</u> <u>10/15- OKTOBERFEST</u> <u>10/29- HALLOWEEN PARTY</u> <u>SIGN UP IS REQUIRED TO</u> <u>ATTEND BOTH EVENTS</u>	<u>1) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH / BINGO</u> <u>12:30- CHAIR YOGA</u>	<u>2) ACME/ HOME GOODS</u> <u>10:45- SEATED EXERCISE</u> <u>12:00- LUNCH</u> <u>12:30- BINGO</u>
<u>5) HOBBY LOBBY</u> <u>10:45- SEATED EXERCISE</u> <u>12:00- LUNCH/BINGO</u> <u>12:30-MAH JONG/CANASTA</u>	<u>6) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH/BINGO</u> <u>12:30-CHAIR YOGA</u>	<u>7) MEDICAL TRANSPORT</u> <u>10:00- ART</u> <u>10:45- SEATED EXERCISE</u> <u>12:00- LUNCH/BINGO</u> <u>12:30-MAH JONG/CANASTA</u>	<u>8) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH / BINGO</u> <u>**NO CHAIR YOGA**</u>	<u>9) STOP N SHOP</u> <u>**NO SEATED EXERCISE**</u> <u>12:00- LUNCH</u> <u>12:30- BINGO</u>
<u>12) CLOSED!!!!</u> 	<u>13) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH/BINGO</u> <u>12:30-CHAIR YOGA</u>	<u>14) MEDICAL TRANSPORT</u> <u>10:00-ART</u> <u>10:45-SEATED EXERCISE</u> <u>12:00-LUNCH/BINGO</u> <u>12:30- MAH JONG/CANASTA</u>	<u>15) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH / BINGO</u> <u>** NO CHAIR YOGA**</u>	<u>16) SHOPRITE</u> <u>10:45- SEATED EXERCISE</u> <u>12:00- LUNCH</u> <u>12:30- BINGO</u>
<u>19) DANBURY MALL</u> <u>10:45- SEATED EXERCISE</u> <u>12:00- LUNCH/BINGO</u> <u>12:30-MAH JONG/CANASTA</u>	<u>20) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH/BINGO</u> <u>12:30-CHAIR YOGA</u>	<u>21) MEDICAL TRANSPORT</u> <u>10:00-ART</u> <u>10:45-SEATED EXERCISE</u> <u>12:00-LUNCH/BINGO</u> <u>12:30- MAH JONG/CANASTA</u>	<u>22) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH / BINGO</u> <u>12:30- CHAIR YOGA</u>	<u>23) TOPS</u> <u>10:45- SEATED EXERCISE</u> <u>12:00- LUNCH</u> <u>12:30- BINGO</u>
<u>26) DOLLAR TREE</u> <u>10:45- SEATED EXERCISE</u> <u>12:00- LUNCH/BINGO</u> <u>12:30-MAH JONG/CANASTA</u>	<u>27) MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH/BINGO</u> <u>12:30-CHAIR YOGA</u>	<u>28)MEDICAL TRANSPORT</u> <u>10:00-ART</u> <u>10:45-SEATED EXERCISE</u> <u>12:00-LUNCH/BINGO</u> <u>12:30- MAH JONG/CANASTA</u>	<u>29)MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH / BINGO</u> <u>12:30- CHAIR YOGA</u>	<u>30) TRADER JOE'S</u> <u>**NO SEATED EXERCISE**</u> <u>12:00- LUNCH</u> <u>12:30- BINGO</u>