

Life Group – Fall 2026

Everyday Hallelujah

Unlocking Deep Joy Through Everyday Acts of Worship

What if worship could change the way you experience an ordinary Tuesday?

Using Phil Wickham's new book, *Everyday Hallelujah*, we'll discover how everyday moments—around the dinner table, at work, in the car, with our families, and everywhere in between—can become opportunities to notice God and experience deeper joy.

This isn't about adding one more thing to your spiritual to-do list. It's about learning to see the life you're already living differently—and discovering that worship is much bigger than a song on Sunday morning.

This group is for anyone who'd like to explore that together—no particular age, stage of life, or Bible-study experience required. We'll gather **once a month after FRC's Wednesday Night Dinner***, so grab some food, pull up a chair, and join the conversation. **Childcare is available**, making this an easy way to connect, grow, and add a little more *hallelujah* to everyday life.

**Wednesday Night Dates:*

Oct. 7 Jan. 13
Nov. 4 Feb. 17
Dec. 2 Mar. 17
 April 14

How to Love Your Morning Bible Study

Featuring Jennifer Dukes Lee • Women's Life Group

Not exactly a morning person? Your Bible study time doesn't have to begin with a sunrise, a perfect cup of coffee, and an Instagram-worthy quiet time. ☕📖

In this six-session study, Jennifer Dukes Lee takes us into the **mornings of Scripture** to discover what God has to say about beginning each day with Him. Together, we'll explore how to quiet the racing thoughts, loosen our grip on the to-do list, trust God with what's ahead, and start noticing His presence in the ordinary rhythms of life.

This is practical, encouraging, and refreshingly doable—whether you bounce out of bed ready to conquer the day or consider the snooze button one of God's greatest gifts.

Come discover how a little intentional time with God can change more than your morning. It just might change the way you experience your whole day.

Because His mercies really are new every morning—even before the coffee kicks in.

Meeting Tuesday evenings at 6:30 PM for 6 weeks from Oct. 13 - November 17

The Book of James

Real Faith. Real Life. Men of All Ages.

Faith isn't just something we talk about on Sunday. **It's something we live on Monday.**

The book of James gets right to the point. How should following Jesus actually affect the way we handle pressure, make decisions, use our words, treat people, face temptation, and live out our faith in everyday life?

This five-session Life Group brings together **men of all ages** for honest conversation and a practical look at what James calls us to do—not just what he calls us to know. No homework pile. No Bible-study expertise required. Just bring your Bible, your questions, and a willingness to grow alongside other guys.

With several men helping facilitate the conversation, you'll hear different perspectives and have plenty of opportunity to jump in—or simply listen and learn.

We'll meet **Wednesday evenings from 6:15–7:15 PM beginning October 14**, just once or twice a month, and wrap up before Christmas. The schedule is designed so you can still participate in choir and other Wednesday night activities.

Five sessions. One practical book. A room full of guys figuring out what it looks like to put faith into action.

Young Families Life Group

Faith. Family. Friends. And a Little Chaos.

Life with littles is wonderful. It's also loud, messy, exhausting—and rarely goes according to plan. **This group gets it.** Once a month, young families will hit pause on the chaos (or at least relocate it!) and spend a Sunday afternoon growing in faith and friendship together.

We'll start with **childcare for the kids** while the adults have time for Bible study and real conversation about faith, parenting, marriage and life in this season. Meanwhile, the kids get something pretty great too—time to play and build friendships with other FRC kids.

Then we'll all come back together for **dinner as families** in the Fellowship Hall. We'll keep that simple too, taking turns providing the main dish and sides.

We'll gather **once a month on Sundays from 4:00–6:00 PM**. No need to have your family perfectly organized before you arrive. (We're pretty sure that family doesn't exist.)

Bring the kids. Bring the chaos. Come grow with us.

Brothers in Fellowship: Men's Card Group

Rook. Refreshments. Real Conversation.

Calling all Rook players, would-be Rook players, and guys who have absolutely no idea what Rook is.

This Life Group is simple: **play some cards, eat some treats, enjoy some laughs, and get to know a few other guys along the way.** No preparation. No homework. And no Rook experience required—we'll teach you!

Between hands, the conversation can go just about anywhere: what's happening in the world, life, family, church, faith—or whatever happens to be on your mind. There's no agenda beyond enjoying each other's company and discovering the kind of friendships that grow when guys make time to simply be together.

We'll aim to gather **twice a month on Wednesdays, October through April**, meeting in the early afternoon.

The house is provided. The cards are provided. The treats are provided.

You just need to show up.

Come for the Rook. Stay for the fellowship. And yes, a little friendly competition is probably inevitable.

Festive Food & Fellowship

Good Food. Real Conversation. Women of All Generations.

Sometimes the best conversations happen around a table.

Festive Food & Fellowship brings together **women of all ages and stages of life** for an easygoing evening of good food, a little faith, and plenty of conversation. Each month we'll gather around a different theme—sharing some laughs, learning from one another, and discovering just how much women in different seasons of life have to offer each other.

No homework. No pressure to talk. No need to have all the answers. Come as you are, participate at whatever level feels comfortable, and enjoy an evening with other women who are figuring out faith and life right alongside you.

We'll share the fun of hosting, bringing food and occasionally leading a short devotional—but everything is voluntary.

Third Thursdays at 6:30 PM • FRC Library

Beginning October 15 • Women of all ages welcome

Come hungry. Leave encouraged. And maybe make a friend you wouldn't have met otherwise!

CONNECT

Not seeing quite what you're looking for? Let's talk.

A 3-Week Sunday Conversation

Maybe you'd love to read through the Bible with a few other people. Maybe you want a place to wrestle with today's cultural issues through the lens of faith. Maybe you're looking for deeper relationships, practical ways to share your faith—or something we haven't even thought of yet.

That's exactly why we want you in the room.

Beginning October 4, join Pastor Bob during the Sunday School hour for an informal conversation about what would help you **connect with God, connect with others, share your faith, and grow in your faith.**

There's no predetermined study and no homework. Bring your thoughts, questions and ideas—and let's see where the conversation takes us.

Your idea just might become FRC's next Life Group.

CLICK [HERE](#) TO FIND YOUR GROUP.