

# **Program Overview**

### **Outline of Your Interview Day:**

- Two individual interviews, one with Dr. Moore and one with a core faculty member
- One informational session with one of our program coordinators
- One group session (3-6 applicants) with 2-3 of our residents

### **Basic Information about Summa Health:**

- Summa is a University Affiliated (Northeast Ohio Medical University--NEOMED), Community program
- 653 staffed beds, 457 beds on the Akron City campus
- All inpatient IM rotations and Continuity Clinic are on the Akron City campus
- Level 1 Trauma Center
- Summa is the Sponsoring Institution for 10 ACGME residency programs and 8 ACGME fellowships
- A "hybrid" program offering many university program benefits with a community program feel
- Summa Internal Medicine has been ACGME accredited since 1955
- Our program is in excellent standing with no citations or areas for improvement from the ACGME
- Our ACGME Designated Institutional Official, Cindy Kelley, DO, Chairs the ACGME Institutional Review Committee

# **Summa Sponsored ACGME Programs:**

- Internal Medicine and Fellowships
  - Cardiology
  - o Interventional Cardiology
  - o Pulmonary and Critical Care Medicine
  - o Hospice and Palliative Medicine
  - Geriatrics
- Transitional Year
- Family Medicine-Akron City
- Family Medicine-Barberton
- General Surgery
- Psychiatry
- Emergency medicine
- Orthopedic Surgery
- Obstetrics and Gynecology
- Pathology



# **Resident Complement:**

Internal Medicine – 21 Residents/class

• Preliminary Medicine – 3 Residents/class

• Pulmonary and Critical Care – 3 Fellows/class

Cardiology – 5 Fellows/class

• Transitional Year – 10 residents/class

Hospice and Palliative Medicine – 3 Fellows

Geriatrics – 2 Fellows/class

Critical Care – 1 Fellow/class

Interventional Cardiology – 3 Fellows/class

### Where Do Our Graduates Go?

- Fellowship 45%
- Hospitalist 30%
- Ambulatory or Traditional IM 25%
- Over 90% of graduates applying for fellowships accepted a position (see <u>fellowship acquisition</u> list)
- 40% have presented at national meetings or published during residency
- 3-year ABIM Pass Rate (2022-2024) 77%.
  - o ABIM Residency Pass Rates

## **Workload and Duty Hours:**

- We strictly follow all ACGME Duty Hours Rules
- \*Our longest scheduled call/working shift is 16 hours\*
- ICU/CCU shifts are 12 hours plus 30 minutes of sign-out
- We follow all ACGME cap rules for admissions and ongoing care
- Average general medicine PG1 patient load is 6-7
- Average ICU PGY1 patient load is 4-5

#### **Electronic Medical Record:**

- Summa utilizes the EPIC platform
- Remote access will be granted to all residents
- Ambient listening technology is being introduced to the resident clinic in 2026-2026 and is expected to be available to senior residents

#### **Rotation Schedule Overview:**

- General Medicine 8-9 months
- ICU 3 months
- CCU 3 Months
- Ambulatory Block 3 months
- Night Float 2 months
- IM Subspecialties 10 months
- Hospice and Palliative Medicine 0.5 months
- Emergency Medicine 0.5 months
- Electives 6 months



## **Required Subspecialty Rotations:**

- Cardiology
- Infectious Disease
- Endocrinology
- Nephrology
- Gastroenterology

- Geriatrics
- Rheumatology
- Hematology/Oncology
- Pulmonology

### **Additional Available Electives:**

- Point of Care Ultrasound
- Hospitalist
- Inpatient Cardiology Service
- Inpatient Palliative Medicine
- Dermatology
- Sports Medicine
- PRIDE Clinic
- 2 away rotations

- Addiction Medicine
- Research Elective
- ICU Consults/ICU Gold
- Pain Stewardship
- Care Center (HIV Care)
- Wound Care
- Procedures and Nutrition
- Hospitalist

### **Continuity Clinic Overview:**

- 1 half day per week throughout the residency
  - Except during ICU, CCU, and night float.
- Second half day of ambulatory during subspecialties and electives during PGY2 and PGY3
- 3 months ambulatory block for urgent ambulatory issues and for continuity clinic patients
- Optional Community Based Teaching in the office of general internist in the community during PGY2 year
- Continuity clinic is in an office building connected to the hospital by bridge and houses core faculty offices
- Level 3 Patient Centered Medical Home
- Staff includes a pharmacist, two behavioral health consultants, social worker, nurse practitioners, podiatry, and psychiatry.
- Integrated with inpatient schedules to minimize stress associated with "going to clinic."
- POCUS available in clinic
- Office procedures including joint injection/aspiration, skin biopsies, and cryotherapy
- Phlebotomy, EKG, point of care A1C, spirometry, and urinalysis available.



## **General Inpatient Medicine Months:**

- 4 General Medicine Teams with each team admitting every 4<sup>th</sup> day
- 2-3 seniors and 2-3 PGY1s per team
- Admitting Day
  - 1 Senior and 1 PGY1 during the Day
  - 2<sup>nd</sup> Senior and 2<sup>nd</sup> PGY1 stay home during day and admit overnight and attend post admitting morning rounds and leave by 11 AM
  - o Continuity Clinic in the afternoon of Day 3 or 4 of the 4-day admitting cycle
  - You will care for your patients from admission in the ER, hospital discharge, and hospital follow up withing 1-2 weeks

#### ICU and CCU:

- 1 month each per year
- 12.5 hour shifts
- MICU attending in house every night
- Cardiology fellow in house every night
- Scheduled simulation lab time prior to starting on unit months to practice procedures

#### **How Much Call Will You Take?**

- Residents on subspecialties, electives, and ambulatory block typically have cross-cover call only 1 weekend per month
- Note that night float residents are almost never doing admissions

## **Night Float**

- Two months over 3 years
- PGY1s do not do night float the first 3 months of the academic year

### **Point of Care Ultrasound**

- We are a leader in resident POCUS education and have>10 POCUS devices available for resident use
- Robust POCUS curriculum featuring monthly hands-on POCUS workshops and image reviews
- POCUS Elective
- Quality Assurance of Resident Image portfolios and the ability to be POCUS Certified from our program

#### **Simulation Curriculum**

- Monthly Simulation experiences including running code blues, managing arrythmias, agitated patients, compassionate extubation, and delivering bad news
- Hands on task training workshops including central lines, endotracheal intubation, joint injections, skin biopsies, suturing, pelvic exams, continuous glucose monitors, and more
- Clinical skills assessment using standardized patients during PGY1 to increase early direct observation and feedback



### **Didactics**

- Required and protected noon didactics nearly every weekday from 12-1
- July is "intern bootcamp" topics and each subsequent month is themed after IM Subspecialties
- Mix of subspecialty lectures, ABIM board review, resident presentations, EKG workshops, and pharmacy topics.
- Ambulatory Didactics every Tuesday, Wednesday, and Thursday mornings before seeing patients in the morning.
- Morning report sessions while on night float months

#### **Procedures**

- Ample opportunities to do procedures if interested including endotracheal intubation, central line placement, thoracentesis, paracentesis, lumbar puncture, join injections, and skin biopsy
- Recent addition of a procedures and nutrition elective for those residents interested in learning PICC line
  placement, TPN management, and bone marrow biopsies as well as other common inpatient internal medicine
  procedures

### **Resident Evaluation and Advising**

- Each resident appointed a core faculty member to serve as an academic and professional advisor
- Bi-annual review which includes self-evaluation, goal setting, and an individualized learning plan
- Summa created an evaluation system which has tripled our number of resident evaluations which focus on direct observation and specific feedback. Our work we have done on evaluations was presented at the 2025 National ACGME meeting and the 2025 Academic Internal Medicine Week.
- Enhanced Improvement Plans for residents behind on any ACGME milestones which help get residents to needed level without the need for remediation
- A talented and dedicated core and subspecialty core faculty that loves to provide informal mentoring beyond the appointed advisors

### **Physician Wellness**

- We are a leader in resident physician wellness
- Akron Physicians Wellness Initiative
  - Private Entity offering services to all medical residents and fellows at Summa Health and Akron Children's Hospital
  - o There is no charge for these services and no electronic footprint
  - o Private individual counseling for a variety of personal or professional needs
  - o Psychological assessment and psychiatric consultation and medication management by a psychiatrist
  - o Virtual and in person options off campus
  - Wellness promotion and educational workshops for departments and programs
  - o All services are private, confidential, and discrete
- Wellness half days granted during ambulatory block
- My Well Being Index A2pp provided at no cost to monitor your wellness monthly
- No long shifts/calls 16 hours is the maximum. Our residents are better rested, and thus have more well-being
  and balance in their lives
- Art in Medicine/Narrative Medicine Curriculum Starting 2025-2026



# **Scholarly Activity**

- 40% of residents publish or present at a national meeting during their residency
- Research and scholarly activity support including a PhD administrative program director to provide statistical and IRB support
- In house printing resident posters at no cost
- \$1500 in yearly support available to first or second author residents presenting at national meetings
- Yearly Summa Post-Graduate Day and NEOMED Research to showcase scholarly work and an institutional and regional level

#### **HatCo Transition**

- Summa Health and HATCo officially joined forces as of October 1, 2025, launching a long-term transformation to build a more accessible, innovative, and community-focused healthcare system
- This partnership brings new investment, technology, and strategic direction to strengthen care delivery, empower caregivers, and ensure financial sustainability
- Medical education remains a top priority, with continued support for residents and fellows, expanded programs, and access to cutting-edge tools
- Please note: Summa is now a for-profit institution and no longer qualifies for PSLF

# **American Board of Internal Medicine Board Preparation**

- 3 years of ACP's MKSAP Curriculum provided free of charge to residents
- Weekly MKSAP question submissions to provide accountability to get through the curriculum each year
- Individualized board preparation curriculum for residents performing below the 30th percentile on the annual IM In-Training Exam

#### **Medical Students**

- Summa is the largest clinical training site for NEOMED students and has a large number of 4<sup>th</sup> year visiting medical students
- You will have medical students with you for most of your rotations and the opportunity to hone your teaching and leadership skills

# **Community Involvement & Engagement**

- Residents can volunteer at our on-site food pantry
- Volunteer Opportunities include:
  - Future Healthcare Leaders' Summit (FHLS)
    - Exposed Akron high school students—with a strong focus on Buchtel High School—to healthcare careers, advocacy, and health literacy.
    - Featured interactive workshops including Stop the Bleed, Heart Health, and Medical Simulation Stations.
    - Engaged students with mentorship from physicians, nurses, and healthcare professionals representing Summa Health, the University of Akron, and community partners.
  - Community Health Fairs & Blood Pressure Monitoring
    - Supported community health fairs and school-based health days with blood pressure screening,
       BMI checks, and stroke prevention education.



- Led discussions on stroke risk factors, emphasizing the connection between blood pressure control and long-term heart and brain health.
- Distributed educational materials on healthy eating, physical activity, and chronic disease prevention
- Community Outreach Talk
  - Delivered outreach talks at Akron schools and community centers, including sessions on:
- Hypertension and cardiovascular wellness
  - Preventive screenings and self-advocacy in healthcare
  - Recognizing early signs of stroke and the importance of emergency response
  - Encouraged students and community members to "Know Your Numbers" and take an active role
    in their health
- High School Outreach Programs
  - Launched pre- and post-summit programming at Buchtel High School to reinforce FHLS objectives.
  - Monthly sessions included hands-on medical demonstrations, career exploration, and mentorship circles connecting students with resident physicians and medical educators.
- o Empowered students to develop leadership, confidence, and curiosity in pursuing healthcare careers.

# A growing and thriving Internal Medicine Program

- New \$1.3 million investment in Internal Medicine Team rooms that finished April 2025
- Expansion of the core faculty to include 2 full-time academic hospitalists starting in 24-25
- Expansion of the Critical Care Fellowship to Pulmonary and Critical Care in July of 2024
- Expanded Cariology Fellowship Complement from 4 to 5 fellows per year in July 2024
- Addition of 6 additional POCUS units in June of 2024
- Addition of a Simulation Curriculum in 2023 with a IM Simulation Director in June 2024
- Renovation of IM Resident Library in 2024
- Recent expansion of elective offerings including POCUS, Pain Stewardship, and Addiction Medicine, Hospitalist,
   Wound Management, PRIDE Clinic, and Procedures & Nutrition
- An optional Art and Medicine Curriculum being introduced in 2025-2026



### **Resident Benefits**

- Competitive Resident Salary \$67,812 for 2025-2026 PGY1
- Generous Monthly Food Allowance (\$260 per month does NOT roll over)
- Comprehensive benefits available including Group Health Insurance through SummaCare, Dental Insurance, Lont-Term Disability Insurance, Healthcare FSA, Life Insurance, Dependent Life Insurance, Vision Care, and Dependent Care FSA
- Membership to certain health clubs (Kohl Family YMCA, The Natatorium, or Summa Health Wellness Center)
- Each resident will have a work phone
- No parking fee in covered and attached parking garage
- 3 furnished white coats with laundry service
- Personalized embroidered Patagonia jacket upon matriculation to the program
- 3 weeks of vacation during PGY1 and PGY2 4 Weeks during PGY3
- 5 days off at either Christmas, New Year, or other Holidays
- 5 days off each year to attend or present at conferences
- Yearly Class Retreats
- Yearly resident "fun day" which includes golf or time at a spa

### **Akron Advantages**

- Very low cost of living--a resident salary goes far in Akron
- Affordable housing options in safe areas are just a short drive to the hospital
- Little to no traffic in Akron
- Close access to two airports making travel easy
- Close access to Cuyahoga Valley National Park and countless Summit County Metro parks which feature the longest fall hiking spree in the nation
- Numerous activities in Akron include a zoo, minor league baseball, and art museum
- Close access to Cleveland, including professional sports and world-class museums
- An abundance of excellent health systems in Northeast Ohio providing numerous job and fellowship opportunities post-residency