

Summa Health System Internal Medicine Residency Board Preparation Program

(Revised 7/30/2026)

Introduction

In keeping with Summa Health's Internal Medicine Residency's core mission – to prepare medically, professionally, and interpersonally well-rounded physicians for practice or fellowship, this program strives to help develop a core fund of knowledge necessary for the care of our patients and for preparation for the ABIM board exam.

We believe that progression through MKSAP multiple times as a resident is crucial. This program provides a framework of accountability that helps ensure this progression. **The goal is that each resident will get through MKSAP once every academic year** which can be accomplished when meeting the below stated program goals.

Summa IM Residency Board Prep Program Overview

Longitudinal Board Prep Program

PGY 2 & 3: ITE $\geq 40^{\text{th}}$ & $< 65^{\text{th}}$ Percentile[†]

PGY 1: $\geq 40^{\text{th}}$ Percentile

MKSAP

Expectation*: Average of **210** MKSAP Questions per submission

Minimum: 100 MKSAP Questions per any submission

Submitted: **Monthly** on 1st of each month

Grace Weeks: 2 Grace Weeks (6 weeks if ITE $\geq 60^{\text{th}}$ percentile)

[†] PGY 2&3s with ITE $\geq 65^{\text{th}}$ are not required to participate in board prep program.

Enhanced Board Prep (EBP) Program

ITE $< 40^{\text{th}}$ Percentile + Others (see table 1)

MKSAP

Expectation*: Average of **48** MKSAP Questions per submission

Minimum: 25 MKSAP Questions per any submission

Submitted: **Weekly** on Mondays

Grace Weeks: 2 Grace Weeks

PGY3 ITE ≤ 25 Percentile: REEAC Approved Study Plan

***Expectation** is for everyone complete all 2104 MKSAP questions between November 2025 and October 2026

***No MKSAP submission is required while on weeks of ICU Rotation or Vacation**

Failure to adhere to board prep requirements will result in decreased reported professionalism milestone scores along with being subject to probation, remediation, extension of training, or dismissal from the training program per discretion of REEAC

Longitudinal Board Preparation Program - for Categorical Interns with ITE Score ≥ 40 Percentile & Seniors (PGY 2 or 3) with ITE Score $\geq 40^{\text{th}}$ but $< 65^{\text{th}}$ Percentile.

- All residents are expected to complete an average of 210 MKSAP questions per submission
- There are 2104 Total MKSAP Questions. $2104 \div 10 \text{ Months}^* = 210$ questions per month
 - * 12 months – 4 weeks ICU – 3 weeks of vacation – 1 week holiday = 10 available months for study
- As some rotations are very busy, there is a **minimum requirement of 100 questions submitted per month**
- As some months are much lighter, it is expected that your MKSAP submission will be higher during those months
- Those on subspecialty are highly encouraged to focus on the questions for that subspecialty during their rotation
- An email will be sent towards the end of each month to every resident with a survey link in which they will upload their progress in MKSAP, including a screenshot of their progress – **Submission of monthly progress will be due on the 1st day of each subsequent month**
- Residents on ICU are not required to complete this minimum question requirement during their ICU rotation
- Residents taking 1 week of vacation during the month will have a reduction in their required submission by 1 week for that same month
- Those on maternity/paternity or other short-term leave are not expected to submit during their leave time
- Each resident will have two “grace” weeks per year where no questions are required. Notation via email link is still required noting that a grace week is being used. (if ITE $\geq 60^{\text{th}}$ percentile, you will have six grace weeks)

Enhanced Board Preparation (EBP) Program - for Categorical Residents with ITE Score <40 Percentile

Table 1: Criteria for Required EBP Program Participation

1. Any resident scoring below the 40th percentile on the in-service examination for that year
2. **All PGY-1's start in the EBP program until results of first ITE**
3. Any resident recommended by REEAC

Participation in the EBP Program remains in effect until the results of the following year's ITE Score

EBP Requirements:

1. MKSAP progress submissions are **weekly**
2. **All residents are expected to complete an average of 47 Previously Unanswered MKSAP questions per submission**
 - There are 2104 Total MKSAP Questions. $2104 \div 44 \text{ Weeks}^* = 48$ questions per week
 - * 52 weeks per year – 4 weeks ICU – 3 weeks of vacation – 1 week holiday = 44 available weeks
4. As some weeks are very busy, there is a **minimum requirement of 25 Previously Unanswered questions submitted per week**
 - As some weeks are much lighter, it is expected that your MKSAP submission will be higher during the lighter weeks to work toward an average of 48 MKSAP questions each week in order to get through all the questions
5. MKSAP progress is to be submitted weekly.
 - Unique submission links are typically emailed out mid week of the each study week.
 - To submit you will need your current overall Question Bank “Total Used/Answered Questions” and a snap shot of this information from the App.
 - You will have each weekend to catch up. Submission for each prior week is due every Monday at 11:59PM.
 - Residents who have not submitted progress by Tuesday morning will receive a notification of delinquency by email with their advisor copied
 - Failure to be caught up by the subsequent Monday will prompt required appearance before REEAC to discuss academic concerns. **Submitting late on two subsequent weeks reflects not being caught up and will prompt automatic referral to REEAC.**
6. No questions required to be completed while on vacation or ICU Rotation.
7. Two “grace” weeks per year where no questions are required. Submission via email link is still required noting that a grace week is being used.
8. Residents scoring <20th percentile on ITE, please request some optional time with your faculty reviewer to discuss test-taking/question reasoning skills.
9. If PGY3 & ITE $\leq 25^{\text{th}}$ percentile, a longitudinal study plan for November-August must be created with Advisor and be approved by REEAC.

Additional Topics for all Residents

- **Step 3 Prep:** Residents may submit questions from a different question bank for 1-2 months as part of their Step 3 USMLE/COMPLEX Preparations.
 - Each resident must **take** (first attempt) their Step 3 USMLE/COMPLEX examination by the end of the PGY-1 year in order to matriculate to the PGY2 year.
 - “Residents must **pass** Step 3 USMLE or Level 3 COMPLEX-USA in order to be promoted to the PGY3 year. Delay in promotion to the PGY3 year might result in extension of training” (GME Promotion policy IV. D.). Proof of passing score is required in order to matriculate to PGY3 year. Extension of training may affect ability to sit for ABIM boards or match into fellowships.
- **Resetting MKSAP Question Bank:** Residents will need to reset their question banks occasionally, when this happens, just make a brief note in the comment field to explain the expected discrepancy.
- **Alternative Question Banks:** After any resident goes through the MKSAP question bank ideally two times, they may start submitting questions & screen shots from other question banks (e.g. UWorld).