



Press Release

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For Immediate Release

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Parker Jewish Institute Showcases Healing Power of Music with Sur Sagar Ensemble

New Hyde Park, New York, Thursday, May 29, 2025 – A musical ensemble at the Parker Jewish Institute brings harmony and wellness to residents and patients alike.

The ensemble is known as *Sur Sagar*, which means “Ocean of Melody” in Hindi. It features five women from the Institute’s long-term care residence at Parker’s Indian Cultural Unit. The Indian Cultural Unit is the first of its kind in the region, accommodating the rehabilitation, health-care and cultural needs of older adults in New York’s growing Indian population.

At Parker, members of Sur Sagar come together in song to create something special. Beyond their enchanting melodies, Sur Sagar represents the therapeutic power of music in elder care. Music therapy can help reduce anxiety, improve cognitive function and provide a powerful outlet for emotional expression for older adults. While Parker’s residents and patients diligently participate in physical, occupational and speech therapies that nurture their bodies, these musical gatherings nourish their spirits, helping them to feel at ease so that they can heal.

The enthusiasm and unity of Sur Sagar members illuminate the profound impact of culturally meaningful activities. As part of Parker’s Indian Cultural Unit, these sessions incorporate familiar melodies and rhythms that resonate deeply with residents, awakening cherished memories and creating moments of pure joy.

Sur Sagar embodies the essence of Parker’s Indian Cultural Unit. The unit fosters the understanding that healing and care must address the physical being while also honoring cultural identity and nurturing the soul through art and expression.

About The Parker Jewish Institute for Health Care and Rehabilitation

The Parker Jewish Institute for Health Care and Rehabilitation is headquartered in New Hyde Park, New York. The facility is a leading provider of Short-Term Rehabilitation and Long-Term Care. At the forefront of innovation in patient-centered health care and technology, the Institute is a leader in teaching and geriatric research. Parker Jewish Institute features its own medical team, and is nationally renowned as a skilled nursing facility, as well as a provider of community-based health care, encompassing Home Health Care, Medical House Calls, Palliative Care and Hospice. Parker Jewish Institute is also home to Queens-Long Island Renal Institute (QLIRI) - providing

patients with safe, comfortable Hemodialysis treatments in a relaxed setting – as well as PRINE Health – a Vascular Center offering advanced vascular services. The Center and QLIRI further Parker’s ability to expand access to essential health-care services to adults in the greater New York metropolitan area. For more information, please visit parkerinstitute.org or call 877-727-5373.