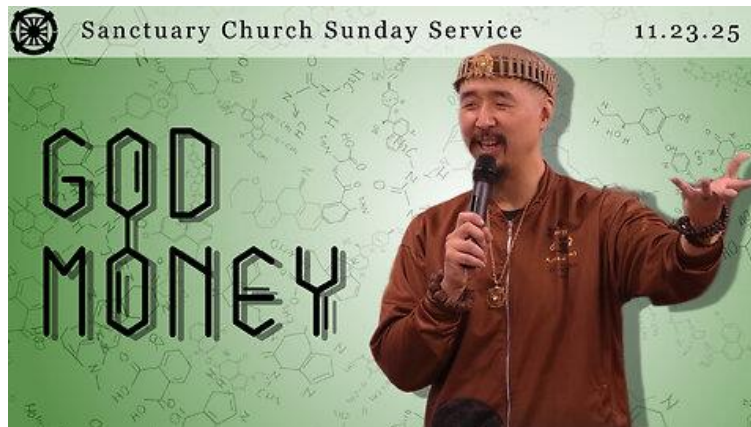
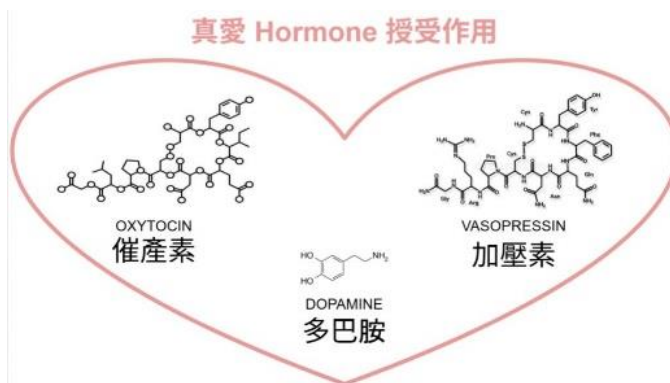


Pastor HJ Sean Moon



God Money

2025. 11. 23 CP, TN - Part 2/3



Let's get into the reason why. All right, let's bring up the true love hormone give and receive action chart. This is the true love hormone. 수수작용 *susujag-yong* means what? It means give and receive action. 수수작용 *susujag-yong* is right from the Principle. In Chinese, again, it's the same.

But this was the key, because even with me and the Queen, we've been training the young people on how to have a strong blessed marriage life. This is very important.

Growing up with Twelve Siblings

You know, I grew up with 12 siblings. So, I have a very unique situation. I got crazy sisters. We had very abusive men and boys in the house, you understand? Because parents were not in the home. They were always doing the world mission. Kook J-Hyung knows. I mean, they whooped him. That upper group, man, they were crazy; they were INSANE crazy, you understand? I mean, he got a lot, okay? The fact that he came out sane like that, it's a miracle. Golly! The amount of abuse!

So, you understand, we had to kind of survive, because we had so much craziness. And everybody was frightened. Everybody was scared to discipline any of the kids because,

then there was the politics; this leader was connected with that family. You understand what I'm saying? So, there's politicking.

We're just little dumb kids, and they're using us to try to politic and get more money or doing the power play, whatever the case may be. It's ridiculous. So, everybody's scared to discipline the kids if they're doing something stupid. Then it becomes like the Lord of the Flies. People become very, very insane.

So, basically, beating up the youngers, terrorizing the youngers becomes a form of entertainment. It becomes a form of entertainment. "How can I have a little fun today? Well, let's terrorize my younger brothers. Let's beat those little schmucks up today. Let's find a way to torture their dumb ashtrays". This is how it becomes.

So, growing up in that environment, obviously, I know how not to get on the bad side of my brothers. Because I'm the baby; I'm in big trouble. If I don't play my things right, I won't live long. Put it that way. And then I got all these girls, too, all around me. And they're not normal girls. They're not like rich kids. You know, rich girls are pretty bad. But this is like REAL bad.

This is the real situation going on, OK? There's a lot of fighting. And of course, the different bum -bums behind them that are trying to play politics, trying to get on Father's good side. Whatever the case may be. It's insanity? That's what people don't understand. And any other people in that environment, you'd go nuts, too. You would go nuts. You'd go crazy. You don't understand that environment. It's crazy.

And there's no oversight. Everybody's scared to say, "HEY! Don't do that!" So, it just gets worse, you understand? When there are no boundaries, it just gets worse and worse. It just escalates. "Hey, we need a little more adrenaline in the fun today. You know what I'm saying? Let's have them run and shoot at them this time, huh?" You know, crap like that. It gets real crazy.

Women's Neurotic Anxiety Personalities & the Avoidant Personalities of Men

So, I am in a unique situation where I understand women's neurotic anxiety personalities and the avoiding personalities of men very well. I'm the youngest, and I had to survive in the midst of this craziness. So, I had to both understand the neurotic anxiety personality which women predominantly have, and then the avoidant personalities that men predominantly have. I had to deal with both.

That's why I had great confidence that when I'd get married, I would succeed; I knew I would make a good marriage with the woman that Father would give me. That's why I had no conditions, and that's why Father was so happy. I said, "Father, ANY woman,

any woman is fine." In this day and age, I'd say, "as long as it's a woman, a real woman". I didn't have to say that at the time. That was a long time ago. What is it? 27 years ago. 27 years ago, we had man and woman. Oh, Lord have mercy! We had some big doo -doo, folks.

So, I have confidence. I know how to deal with a neurotic, anxious personality, and I know how to deal with an avoidant personality. So, I can deal with a wife, I can raise her, I can train with her, all that kind of stuff. I'm confident.

One of the problems we had training young people, especially Westerners, preparing them for marriage, training them for marriage, and for being successful in marriage was the fact that it was hard to pinpoint exactly what to understand. I could give tips and tricks, like "Don't do this; do that. That's gonna be better than this", but still, there's so much like, "But what if she does this? What if he does that?"

And each woman is gonna be different; they're gonna be on average a more neurotic and anxious personality, but every person has proportion between anxious and avoidant, every person. Some women will have higher avoidant but high anxious. Some men will have 80 % avoidant, 20 % anxious. Some men will have 50 % avoidant, 50 % anxious. You see what I'm saying? Each person has a different percentage. So, it's very hard to give a clear advice on what to focus on, how to do well in marriage. Very, very difficult. It's very mysterious. Very, very hard.

The Neuroscience of the Spine

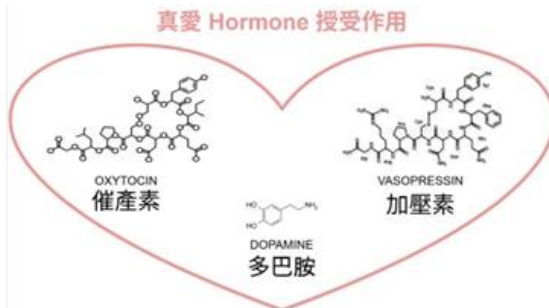
Until I really got into the neuroscience of the spine. Holy shmita! Praise God Almighty! God made such an incredible system. I'm even considering that maybe I should get a PhD in neuroscience. That's how serious I am. I'm even writing a book. No, no, don't clap. Nothing official. Because it's the system God gave us.

I'm gonna give you this real quick. First thing you have to understand, if your marriage is wrecked, and you have animosity, anger, blah, blah, blah, this is your problem. It's not the problem with your head. It's not because your wife is stupid, your husband is stupid. It's not a head problem. Not a heart problem. It's not because he's a bad person or she's a bad, crazy you -know -what. Okay? So, it's not a head problem, not a heart problem. What is it? It is a SPINE, spine problem. You understand?

I say "spine", because it just sounds cooler. It's connected to your brain. So, it's the brain, and the spine is connected. The spine is like a highway delivery system; it literally looks like a highway. With all these nerve endings, your nervous system goes all the way throughout the whole body. So, when I say "spine", I'm including the brain, the neck;

Addiction to Dopamine

The social media constantly switches, swipes, swipes, swipes. What is this? This is trying to stimulate your dopamine production. (Showing the slide) Look at this. Dopamine is a



very short molecule and it's very small. Dopamine enters the bloodstream quickly and also exits quickly, you understand? That's why it is known as a pleasure hormone. So, they're swiping on Instagram, and they see the new bikini girls, ah! dopamine hit. The girls are watching the Korean dramas, and they see the new

drama that came out, and that new guy that's going to, oh, fall in love; dopamine. You understand? The same thing. The woman porno, man porno, same. It's the dopamine hit, OK?

So, what happens to that dopamine? You get the pleasure hormone, woah! And then you get depressed. Why? Because that short molecule enters quickly, gives you a big high, and exits quickly. That's why nowadays young people got big problems with erectile dysfunction. They're like twenty years old and they have erectile dysfunction because they're masturbating so much to porn. Their brains are getting wired to dopamine, dopamine, dopamine. You understand what I'm saying?

So, what does that do? Over time, your body can only produce so much dopamine. You get hit, you see the first bikini lady, your dopamine goes up and it drops, because it collapses. Then you want another hit. It doesn't go up as high. You need to see another one. It doesn't go up as high. You see this? So, what happened? The high doesn't get as good, and you have addictions; you want that first high. You become addicted, addicted, addicted.

And this is what whole social media is built on. This whole social media, Facebook, the likes on, all this kind of craziness, this is built on dopamine stimulation. Zuckerberg knows this. They actually created the algorithms around it to keep engagement and keep you hooked and locked in. So, we have a dopamine -addicted culture. Isn't that incredible?

Asian Families without Love

This is what's incredible. People who are addicted to dopamine, let's say, I just want to give the Asian example first, okay? In the West, we got a whole bunch of other

problems. We got a whole bunch of other problems in the West with the nuclear family. Individualism has led to the no-fault divorce and all this kind of craziness. You have all this break of the family. "If it doesn't work out with him..." Everybody's on their second or third marriage. It's just ridiculous in the West.

In Asia, it's different. Marriage is not good in Asia. The parents have horrible marriages, but they don't divorce. Obviously, that's changing with the younger generation coming in that have been westernized. They are like, "No, it's not bringing me happiness, so I'm going to divorce." They're becoming more like that. But you meet the people that are still in their 50s, 60s. They're in TERRIBLE marriages, but they don't divorce because they have a very strong idea of tribe, lineage and shame: "If I divorce, it's going to hurt my children. And if I divorce, it's going to bring shame to my ancestors, blah, blah, blah, blah." OK?

But Asian families, for example, they whoop their kids like crazy. In the West, you kind of gave that up for about 100 years. Y'all Irish used to whoop your children bad, right? OK, OK. But you gave that up in the West, basically, because of feminism. In the East, they whoop their kids bad. The kids get whooped bad, and they get nagged really bad. It's such a social problem, like, "Do the study, study, study, study, study, study. Get good job, dentist, doctor, dentist, doctor, lawyer, dentist, doctor, lawyer. Study, study, study. Money, money, money, money. Position, position, position." This is literally Asian parents.

So, what does this produce? I always say, "You Chinese people, or Korean people, Japanese people," whoever I'm talking to, I say, "You Asian people, you don't believe in love. You don't believe in love. You believe in money". And they shamefully laugh. Why they don't believe in love?

Because in their formative years, in their family home, they've never experienced a loving relationship. Never. Mom nags the crap out of you. She beats you with a ruler like a Catholic nun. Not all nuns do that, I know. She nags the wonk out of you, saying, "Money, money, money." And dad is usually out working, come home, says nothing and then blows up when it gets really bad and beats the crap out of you. That's literally like the Asian parents, OK? It's terrible.

So, what happens? What happens to somebody who grows up in that environment? What kind of personality do they develop? What you are doing is the children who grow up in that environment, they become highly avoidant. What does avoidant mean? It means in their repertoire of relationships, they have no example of a loving relationship where you can feel loved.

In a relationship, if we feel loved, we're gonna produce oxytocin. If we feel trusted, we're gonna produce vasopressin. We're gonna get into how to produce more of both. But the point is, that's basically the trust hormone, and that's basically the feeling loved. You know, conservatives say, "It's not about your feelings." And they're like, "I'm going to divorce you." "WHY?" "I don't feel love anymore." You just said it's not about your feelings, bro. Why are you divorcing? Ridiculous. Absurd.

But the point is a whole generation of Asian kids, they never had a loving relationship. Never. They never experienced one. Your family is the group that is supposed to be your caretaker, and they're supposed to be the people that protect you, right? So, think about it. Like, in the Bible days, when we're out there in the woods, in the Amazon jungle, something like that, your family got your back. Your family protects you from the lions, the tigers, the bears, the beasts.

But now, post -industrial revolution, we have the family model, husband, wife and children in a suburban community with a white picket fence, two cars, and a dog. Humanity has never lived that way ever. That's a post -industrial revolution model of family, and it has totally failed and destroyed the West. Why?

In Pre-industrial Revolution

Men can go out and live alone for long periods of time. Men are hunters, so we don't want to talk to each other. We want to get crap done. We need to catch the woolly mammoth and bring it home. So "Shut up. Shut up. Stay low. Get ready". You understand what I'm saying?

We don't need to talk about anything. You can go on a one -week fishing trip, and your wife could be pregnant. I won't know about it and I don't care. OK? The man won't tell me. If I am his posse, he'll tell you. But normal guys, no, they're not going to tell me. They don't know. They focus on catching the salmon. They focus on catching the woolly mammoth. They focus on catching the big one. This is the hunter. That is good. Why do we have to focus like that?

Our dads have trained us on that. We have to push away emotion to get the woolly mammoth. We have to. We have to push away the emotion to beat off the conquerors that are trying to rape our women. We have to. You understand? While we're doing that, you women can stay at home and talk and commiserate and, "Oh, your baby's diaper is so cute." Because we're out there fighting the dang woolly mammoth. You understand?

In pre -industrial revolution, we all lived in tribes. I don't care if you're white, black, Asian; white folks, Viking tribe, all that, you had big tribes. In a tribe, you don't have post-industrial revolution family, husband, wife, children. That's gonna wreck your

family; it'll wreck it. Why? Because the woman's spine and her nervous system must connect to other women's nervous system for her to stay balanced. Why? Because let's say when the Queen's spine gets nervous, it becomes red. It becomes red, okay?

I was teaching this to Sose; he was a Crip, so he was blue, and the Bloods were red. So, I said, "Hey, when the spine becomes red, you gotta turn it blue". And he said, "I like that, bro." He's not a crip any more, OK? But you got to turn the spine blue.

So, what happened in the pre -industrial revolution home, the woman had about 30 other spines, women around in the village. You understand? So, when she got nervous, grandma could see the red color. Grandma sees the red color and she says, "Hey, honey, you're doing OK?" She starts now connecting the spine and then the spine turns blue. Why? Because the nervous spine can read another nervous spine. You see what I'm saying? Nervous personality's spine can connect with a nervous personality quickly.

That's why they say, "I can't understand men". Or men will say, "I can't understand women." Because when we see the nervous personality red spine, we don't know what the heck to do. What are we supposed to do? Should I go catch a tiger? What am I supposed to do? They don't know what the heck to do. The reason why is because they don't understand the spine. Remember, the spine system is not what we made. This is God's system. So, if you understand God's system, you have such a big hack into understanding your spouse. Such a big hack.

In the modern day, why are people so lonely, so atomized? Through social media, et cetera, most of the world has become more and more dopamine addicted and having no oxytocin bonding and no vasopressin bonding. More and more people are getting atomized, isolated, living on their computers most of the day, living in their Twitter space or whatever it is, Instagram, Twitter. So, more and more people are just having dopamine addiction. This is a 100 % guaranteed to wreck your life. You will feel miserable, depressed, and ill.

Fight or Flight

Your spine is connected to your nervous system, right? When you see a threat, let's say right now the door opens, bam! and a tiger jumps in this place. Immediately, our spine will WHACK! turn on, and immediately, everybody will look at the tiger and go, "WAH!" Eyes will open big to soak in as much available information as possible. Heart palpitation will go, pop, pop, pop; will go crazy. Why? Because your heart has got to pump blood to everything. Why? Because you will either have to fight it or you will have to run. We either have to fight this thing or run. So, it's pumping the blood and then it's dumping adrenaline so I'm getting the superpower hormone, quickly, so I can

run or fight this thing. Do you see what I am saying? This is how your nervous system turns on when you get stress.

Everybody heard about "butterflies in your stomach"? We do a lot of fighting, martial arts, and the young people train, MMA, Jiu -Jitsu. Before we fight somebody, and we spar, or we compete, whatever, you feel tremendous butterflies in your stomach; you feel like you're gonna barf. Or you feel like you gotta to go to the bathroom. You gotta to let it all out, right?

Why is that happening? Do you know why? It's because your body is shutting down your digestive system. Your body shuts down your digestive system to maximize the energy towards fighting this thing or running. Digesting the hamburger doesn't matter right now. Mr. Tiger is going to eat you. You understand? The double cheese whopper is not an issue right now. We've got to deal with Mr. Tiger. That's why your body shuts down. That's why you feel that nerve. You feel the butterfly.

This is very important. What is in your stomach? Your immune system. So, when you shut down your stomach, guess what? Your immune system shut down too. Did you ever notice after you fought with your husband, you got a cold? Have you ever noticed that? Why? Because after you fought your husband, your immune system is down; you've been in stress, fight or flight. Now all of a sudden you got a cold or you got some inflammation or some hive came up. You see what I'm saying? Why? Because your body has shut down the digestion to protect you.

The problem is if as a couple you keep fighting and don't know how to solve it, your spine will start associating your HUSBAND as the dangerous tiger that is here to destroy you and to eat you, to devour you. This is what happens when the spouses fight too much and they're not able to solve this. They have a fight -or -flight response to their spouse. They don't recognize it. Like they'll walk in the room. The husband is in the room and immediately, they feel nauseous or they feel sick. Why? Your spine has shut down because you came in and saw the tiger in the room. Or vice versa. The woman, the needy wife is saying, "You never talk! You never want to share! You never...!" OK? Then the man's spine is saying, "Holy crap! Here it is again." So now the man is going nuts. He's getting sick. OK? This is what happens.

The interesting thing is that your spine is actually trying to protect you. It's actually trying to protect you, but your spine cannot be convinced. You cannot give it a lecture and talk to it. You cannot try to convince it. Like, have you ever tried to convince your husband to talk to you more? It doesn't work. "Honey, we have to talk more." "Bye, bye. I gotta go on that fishing trip really quick."

You cannot convince the spine. The spine only can change with new experience. That's the only way. You cannot convince it intellectually. You cannot say, "You're a BAD spine. Bad, bad, bad!" You cannot guilt shame it. You cannot nag it. You cannot. It will not change that way. It has a base, which it has trained to keep you alive.

The neuroscientists all say there's fight, flight, fawn or freeze. There are people that do the fight or flight. But in some households, you can't fight or flight. You can't run away. So they will just overly try to fawn; they will try to overly please their parents to survive. If they overly please their parents, then their parents kind of chill out with them. So, whenever they have a relationship, they're married, they try to over-please, and then they get burnt out, and they get angry, and they blow up, and they get destroyed. Or, that didn't work. There are some families where it's so crazy, where fight, flight, the fawning, even the trying to please, doesn't work. And it's just like, freeze.

Like, "OK. None of that will work, so I just have to eat it out now, and just let the typhoon come, and whoop me, and just freeze, and just wait it out". Then there's a freeze response now that people have, too. But where does this all come from? This is coming from the dysfunctional families, or breakups, or divorces. All these young kids are learning this at a young age. And what does it do? It's programming the spine on how to respond to relationships.

The Dopamine Cliff

When they have boyfriend, girlfriend, which they shouldn't have. Don't fornicate. But when they do that, they are messing up constantly because their spine is reacting the same way to stress.

In American culture, all these kids are dating, dating, dating, new girl, new girl. Young people, look at your friends that are slutting around. Have you ever noticed that one kid who's always changing girl? At about the six, seven-month period, he got a new one, or a new boyfriend for a girl that's sleeping around. How come she got a new guy around the six, seven-month period? Isn't that crazy? Why? This is called the dopamine cliff. Once you have a relationship with somebody for about six, seven months, when you see them, when you relate with them, your body will no longer produce dopamine. It's called the dopamine cliff.

When you meet somebody new, you get,

"Oh my gosh, he is so cute! Oh my gosh, he's so amazing! Oh my gosh!"

"Yo, Yo, this girl is hot, man. Oh man, she's hot." You get this dopamine high. "Oh, this girl is the one".

"Yeah, that's what you said last time, bro."

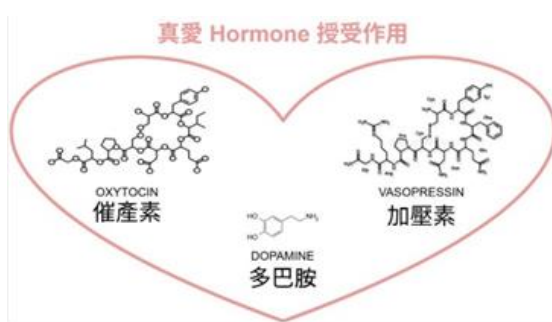
So, you get a dopamine high. And that's why she feels fresh; he feels fresh. But six, seven months later, you're no longer producing dopamine. Now all of a sudden, "this boy can't get anything right". Now all of a sudden, "This girl can't do anything right. She's nasty now". Now you're looking at some other tails over there. That's called a dopamine cliff.

That's why in the modern world, you will see relationships, they cycle. It's very interesting. They cycle six, seven months. They break up. There are even cycles that happen in the autumn, apparently, when the breakup season is the highest. Isn't that crazy? That's so crazy. Isn't that amazing? The summer is the summer of love. Everybody is in more revealing clothes. The dopamine's still high. You get to see a little cleavage. You get to see a little ...

But then winter's coming. Now the stress of the winter's coming. And now you're like, "Oh, I got to change this guy. This fun guy in the summer, he's not going to help me during winter". The girl's not thinking that, but her spine is. Isn't that crazy? So, there is like this cycle.

But the dopamine cycle is very real, very real. Dopamine is a good hormone. God made it, but we have to use it properly. If you center your relationship on dopamine, which all people are now doing with social media and internet, being trained to be dopamine addicted; if you bring that into a relationship, you will 1,000,000 % FAIL because your partner will not be able to produce dopamine constantly for you. You understand? You see how that works?

True Love Hormone Give & Receive Action



Blessed families, we don't have dopamine-centered families, right? In God's families, true love hormone give-and-receive action is not centered on dopamine. True love give- and-receive action is centered on these much bigger, complex hormones. Look at this. Look how complex oxytocin or vasopressin are, compared to

dopamine. It's so complex. You see that? It's way more complex. What does that mean? It enters your bloodstream slower, but it lasts much longer, and the feelings of trust, and love.

Modern people don't believe in that. I always say, "You modern people, you actually don't believe in love. You believe in money." What is money? Money is dopa. Right?

Dope. Dopa. Dope. Money is dopa. Why? Money buys you the porno. Money buys you the beers that gets the girls. Money buys you the vacation. Money buys you the romance with the Korean star, whatever it is, right? People associate money with pleasure. I can buy pleasure. I can have the new restaurant, the new coffee, the new latte, the new macchiato Frappuccino with 80 grams of sugar per serving. Money is associated with the dopamine. Modern people don't know, but that's why everybody's becoming so addicted and so unhappy.

Blessed marriage absolutely is not based on dopa. We have to focus on these bigger hormones, like vaso. Look how complex, look how unbelievably beautiful and complex that looks. The COMPLEXITY! You understand? Look how complex that is. That is beauty and that is power. It goes in slowly in the bloodstream, but it stays long. And oxytocin, the same way.

The Avoidant Male

Now, it's very important to understand: how did God make male and female different? This is what's so unbelievable. God gave man more receptors. What type of receptors? Vasopressin receptors. Men, we have more vasopressin receptors. We have more vasopressin receptors

Now, let me ask you a question. "What did God give woman?" He gave more receptors of what? Oxytocin. Oxytocin. Women have more receptors of oxytocin. So when a woman has oxytocin bonding with her husband, she can feel deeply loved, desired, wanted, etc. All she ever wanted. She feels the deepest connection. She feels the deepest empathy, the deepest love.

And all the men say, "That's not possible. Not possible. All I know is money. All I know is money. Money buys the whole." No, no, no. That's an avoidant male. The avoidant male has been abused a lot, okay? The avoidant male has been taught, "You must always push back any emotion, any talking; kill it." And men need this, because we go to war and we catch big animals. So, it's actually a necessary training. However, because we cut off, it's very hard to bond oxytocin.

In fact, this is incredible. Let's talk about it like flowers. Oxytocin receptors are like flowers. If the vasopressin flowers are not opened first in the male, oxytocin flowers remain closed. Unbelievable!

So, there's a problem. When the woman says, "I want to share with you; I don't feel you love me anymore," the man doesn't know what the heck you're talking about. You're speaking French. You're speaking Chinese. You're speaking another language. He doesn't know what you're saying. He cannot understand. That's Chinese. Literally,

that's... (Speaking Chinese) He doesn't know what you're saying. He can't understand what is going on with this crazy person. Why?

Because the avoidant personality has to solve problems alone. In any relationships of love that he's ever experienced he also cannot ask for help. Because, if he asks for help, the parents say, "Hey, you stupid idiot, you can't even do that, you dumb." Or the mom says, "Hey! You can't even do that. How are you gonna be a man? Did you do your homework?" Then the boy learns what? He learns, "Okay, I gotta get this done alone." He's like, "Uh, okay. Let's try to get this done alone."

So, the avoidant male personality does not have love relationships or a lot of trusting relationships. He learns, "I got to get this done on my own. I can't trust anybody to get the job done. I got to trust myself. I got to get it done myself. If I ask this person, they're going to dump on me. If I ask this person, they're going to be angry. I need to get this done alone." So, one of the key characteristics of the avoidant personality is what? They don't have oxytocin bonding with anybody. They don't have vasopressin bonding with anybody, because they've got to get stuff done alone. They've got to be the one who solves the problem. So, what hormone is left? Dopa. Dopamine.

This was amazing: all the characteristics you women love about men, like they're out there, they're getting the job done, they're bringing back the money, they provide, big mansion, big car, all this stuff you like. Guess what? An avoidant man is going to produce that for you. Why? Because he can push all his feelings aside, all his complaints aside. He can go and catch big money and bring it back to you. But what he can't do is bond with you. He doesn't know how to bond with you.

So, you have a lot of rich girls that say, "Man go get the bread, make the money!" And he gets a dopamine high when he makes that money and brings it home. He gets a dopamine high. So, he's getting rewarded for that.

But then the wife is at home, and she's living in the mansion, she's got the ten beamers, she's got the frickin' Maserati, whatever it is. But she's still not happy. "I do everything for you and you're still not happy!" Why? Why is that? That's because material items can only give you temporary what? Dopa. Material items cannot make your body or spine produce the hormones God gave you like oxytocin; they cannot produce it for you. Material items and big cars and mansions and hot tubs and private planes, blah blah blah, cannot produce vasopressin for you. So, you see all those rich women that got husbands that are making so much money, they're miserable, miserable. They have every luxury, every joy, but they're miserable. Why? Their spine only has dopamine. Look how short, look how uncomplicated that hormone is. It's not great.

Safety vs. Peace

Our blessed families should not focus on this hormone. (Showing dopamine) That is not the hormone. We need to focus on these hormones: vasopressin, oxytocin. Women, with your husband, do not focus on building oxytocin with him. You will wreck your marriage. He's not a WOMAN! His spine is not a nervous spine, predominantly. His spine is avoidant, not anxious.

For the anxious women, the most important thing for them in a relationship is to feel connection and safety. Women, do you like to feel safe in your relationships? Okay. Safety is very important. For men, safety is... COWARDICE! Coward. Only cowards pursue safety. Why? If we have a circle here, the men have to face outside and face the danger in order to keep you safe in this circle, okay? The men have to face outside and see the marauders or the beasts coming. We have to face outside. If we choose safety, we're going to be in here with you. Saying, "Oh, come on, get that beast. Go, go, go, team." What do we call that? COWARD!

So, men do not want safety in marriage. This is what the women don't understand. The women's spines do not understand this. Men do not want safety in a relationship. It's actually a very dangerous thing, and it makes our spine very dangerous and stressed. We do not want safety.

Men want what? Peace, peace, peace. Men want peace. Peace is very different. Peace is like: here's a circle with my kids, my wife, all the women and children in the village, and all the men, we're facing out. We go out, fight, fight, fight, and come back in. We go, fight, fight, fight, again and come back in. When we come home, we don't want to hear, "How come you're home so late, Dad?" "Bro, bro, I just fought TEN MEN!" You understand?

We want to come home and, "Oh my gosh, oh my gosh, come in, come in, baby. My husband, come in, come in. I have the hot bath going already. Come, come, come. Let me scrub you down. Jeez, you got blood all over, golly. Dang, you're a warrior. Man, you're a warrior. Let me scrub you down. Let me love you up a little bit." Now that man's getting some healing.

The modern man is not a warrior in that sense. He's not fighting wars. But he's doing business; he's making money, right? To his spine, not to his brain or to his heart, to his spine, he's going to war. Every day he goes to make money, that man is going to war. His brain doesn't think that. His heart doesn't feel that. It's his spine that feels that. You understand?

From Red to Blue Spine

So, when that man goes out to work, the spine is saying, "You're going to war, war, war, war." The spine is turning red. Red, red, red, red. Now he has to go out and compete against 10 men, 50 men, whatever the case may be, and outperform. He has to make results, blah, blah, blah. The spine is going red, red, red. All day, the man's spine is red, red, red, red, red. Fight or fight, fight or fight; red, red. Digest and shut up. Digest and shut up. Get a quick bite. Fight, fight, fight, fight. Now he comes home hurt, beaten, bruised, and torn.

But you've been anxious at home; you're a tribe and the wife has been anxious because she's nervous. Now, pre -industrial revolution, she could connect with grandma, auntie, niece, female cousin, sister, blah, blah, blah. She has so many other females to connect with during the day to calm the red to the blue. Does that make sense? So, she'd get nervous: "Oh, my gosh. What if my husband dies today? Oh, my gosh. Grandma, what if?" "Oh, don't. Come here, baby. Come here. You know, I used to feel that way, too when Grandpa went out." See, already her spine is turning blue. Just because she came into contact with Grandma's spine. Y'all understand this? The spines are talking, not the brains or the hearts. The spines are talking. Isn't that incredible?

In the tribal model, the husband is out and many times, if it's a campaign, he's out for months. But the wife has got all these other women's spines to communicate with. When she feels stress, "Oh my, I can't take it. I'm so lonely. Whom do I talk to?" "Well, auntie lives right next door. Auntie also is nervous, so she wants to talk too. Do you understand? Grandma also is nervous, so she understands. She's less nervous because she's trained now in the decades. But she now knows the young girl's coming up, "All right, baby, you come talk to Grandma." You understand what I'm saying? That's the spine. The spine is healing the spine. You see that?

But now the modern woman has nobody; no grandma, mom, no aunts, no cousins, no nieces, no sisters living with them. They're alone in a suburban area with a big house, white picket fence, and an Audi SUV in the driveway. And they're going crazy because Mr. Audi is not going to help you when your spine is red. Are you with me, folks? ONLY Grandma can do it; ONLY Auntie can do it.

See, the material item cannot turn the spine blue. Uh -oh, you see that? That's the God money. We were talking about the God money. The Bible says, "Store your treasures in heaven. The treasures which the insect cannot devour and the thief cannot steal." A thief can steal your Audi. An insect can eat the leather in the car at some point, or the rust, whatever. But those material items cannot give the peace or the safety. You see what I'm saying?

The God Money Hormones

ONLY relationship can do that. Only relationships can do that. Only relationships can produce the God money. The God money is the money or the treasure that the insect cannot eat and the thief cannot steal. So, in the relationship, that's the only place where, if it is done well, the spine can produce the hormones God made. This is the God money. The God money hormones in Chinese are called *tianqian*. The heaven money hormones are the oxytocin and the vaso.

Now, this drives women crazy. "This man are INSANE! I can't understand that! He's fixing his motorcycle and he always wants me to sit and watch him! Oh my God!" You don't understand what's happening. That girl doesn't understand anything about the male. Let's say he's fixing the air conditioning, why does he want to have you watch him do that? It's not because he's some kind of sick pervert, that is thinking like you're looking at his booty or something like that.

NO! No, no. Why does your husband want you to watch him fix that air conditioning machine or that lawnmower or that bike? "Hey baby, come here, come here. I got to show you something. I'm going to go on this bike a little bit. I'm going to fire it up." The girl's like, "Okay, thank you. I was in the middle of something. I'm doing my nails." Do you understand? There's a problem. Your nails aren't going to give you the attention. The nails won't give you the God money. Only your husband can give you.

But why do the males want to do that? See, if the women, -you know this is such a big hack- when your man is fixing a bike, doing that, if you just sit there and you watch him saying, "Wow, I didn't know you could do that. That's quite amazing. Dang! My man is capable." Right now, his spine is going, "WHAHHH!" You understand? His spine is on fire. What is his spine producing? It's producing vasopressin. Why? What is vasopressin? This is when you do something together and fulfill a goal.

It's like hunting, right? It's like hunting together. You don't have to know anything about the motorcycle or the air conditioner. But if you just sit there and you say, "Oh my gosh, I don't even have to waste \$300. My man knows how to fix that complicated air conditioner." WHAHHH! He's getting a giant vasopressin. What is that doing? What is he saying? "We got this done, baby. We got this done. We fixed this bike up well, baby." Just tricked his spine. You don't have to know anything about the dang motorcycle or the air con. You just have to sit there and say, "Wow, that's amazing!" And then the spine believes that you did it together. The spine believes you did it together, and you accomplished the task together.

So, what happened? Then the man develops vasopressin. What is that? That's the trusting hormone. Then he says, "Man, we got that done. Good. I can trust this girl a

little more." And then if you go out of your comfort zone, why did that man want to go camping with you? Or he wants to go fishing, but he doesn't want to fight on the boat. He wants it quiet. He doesn't want to talk.

Poison Hormone

If your marriage is wrecked, it's not about what you want now. You now have to start sacrificing and training. It's not about what you want. If you want to fix this, you got to start investing in the vasopressin training. That means go fishing with him. Shuh! Control, control, control the mouth. Don't give him stress. You got a great resource called YouTube. If your worm falls off the hook, just look it up. How do you put it back on? Don't say, "There's no worm on the hook anymore. Oh, man, I don't know why we have to be here. Blah, blah, blah, blah, blah."

NO! You're not turning on vasopressin. You're turning on CORTISOL. Stress, stress, stress. See, when you turn on the stress, you're giving him different hormones called cortisol. When the cortisol comes out, it shuts down the what? Digestion. Which shuts down the what? Immune system. Which makes him what? Sicker. So, couples that fight a lot you will die on average ten years early. Sorry, I don't care if you tried a red ginseng diet, you gonna die early because you're fighting too much. You have bad hormones. You're poisoning your well. You understand what I am saying?

I don't care what your diet is; you're producing the wrong hormone So, on average ten years will be stripped from your life. And also, you'll live that life with more chronic illness, disease, cancer, diabetes, heart attacks, inflammation. Congratulations. All because why? The hormone being produced is distress hormone. You're shutting your immune system down. That's why you're getting sicker. That's why you're looking older. It's normal to get older, but it shouldn't be that quick, right? In the West everybody around thirty years old looks like Grandma, looks like you're eighty. What is going on? Too much bad, bad poison hormone is in your body.

So, it's the same thing. When you go fishing and you're trying to build back the marriage, women, you have to focus on vasopressin. Do not demand oxytocin. Do not demand, "I don't feel loved. I want to talk. I want to share. I want to know how you feel." His spine is going, "Red alert, red alert, red alert; cortisol, cortisol, cortisol." Why? Because whenever mom said that to him, he was in trouble. Whenever it's, "Honey, we need to talk." Oh, sheesh, what did I do, daggone it?" Is that how that works? So, y'all can't approach it from that angle. Don't do that. You're going to wreck it, OK? You're turning on his red alert system, which was put in there a long time ago. So, we can't

No Investment in Dopamine

When we're trying to build back marriages, focus on the husband; you gotta focus on winning victories with your husband, with the vasopressin money, heaven money, okay? Produce more vasopressin together. Did you know that for long-term relationship, the most important indicator is vasopressin? More than oxytocin, women, did you know that? More important for long-term relationship, the best predictor, hormonally, is vasopressin. Why? Because it is the trust hormone that God made. It's God made money. Y'all like money, right? This is God money. Maybe not as much as the Chinese. But you know what I'm saying, right? This is the treasure of heaven.

So, if your marriage is wrecked, if both of you have just a tiny bit of faith as small as a mustard seed – which is tiny- but if you want to fix it, you can turn it around. You can turn it, but you have to know where to put the energy, put the investment. Don't put the investment in dopamine.

Man, you got the 60-year-old grandma saying, “Baby, I gotta get my man back. So, I got the double Ds”. Are you retarded? Do you understand how crazy that is? Why did you get your boobs done? That's a woman who doesn't understand any of this. She only understands what? What does she understand? Dopamine. She thinks at 60-year-old if she got her boobs done, her man is gonna see that and go, “Whoa! Dopamine hit. I want you.” That's absolutely wrong.

Build Vasopressin Hormone

What you have to do, Grandma, it's not the double-D cup. What you have to do Grandma, is vasopressin training. That's what you gotta do; build trust hormone. Go with your husband hiking. But guess what? Tell him you want to go hiking. And before you go hiking, prep yourself. Talk to yourself in the mirror, “We're not going to complain, honey. Margaret, we're not going to complain.” Talk to yourself. Prep yourself. Do it three days out, “Margaret, you know what we're going to do, right? We're not going to complain.”

We're going to give him what? What does a man want? Safety? No. What does a man want? Peace! When he's out camping, what does he want? Peace! So, when you go camping with him, try to give him? Peace! Now, you got money. That's God money. Now you're filling the bank account with money.

See, this is very important. What vasopressin does is incredible. It does take time. If you wrecked it for twenty years, it's not going to happen overnight, OK? We've got to recover this. It's going to take time. So, we do the vasopressin training when he's

tinkering on the bike. Go sit and encourage and thank. When he's tinkering on the air con, "It's so refreshing. We don't understand how blessed we are to have the air con. Blah, blah, blah." You're encouraging, thanking. Vasopressin. "We are fixing this together. I'm feeling great. She's acknowledging me, my abilities. And I got some big cojones." He feels vasopressin power.

Then you want to go hiking. You want to go camping. You want to go fishing. And guess what? "It's the first time I went fishing, when this woman didn't nag the hell out of me, complaining about this weight or this thing. She didn't know how to do it. She didn't complain. I couldn't believe it." You know, it's probably even better just to go and watch your phone all day. But don't complain. Then he'll be like, "Wow, that was phenomenal. That was a phenomenal trip." Why? Because a man is seeking what? Peace, peace. He's at war outside, you understand? He's at war. His spine is at war outside. When he comes home, he doesn't want another war.

But if the wife doesn't control her spine, she's going to be anxious. And if she doesn't have other women's spine to connect with, it's red. So, when he comes back, it's, "How come it took you so long. I thought you were going to be back five minutes ago. You're like two minutes late. How come you didn't answer my phone, my text message? I was texting you all day, honey. How come? Do I not matter to you?" "OH! Oh, you had to go to that level, huh? Okay, okay, you had to play that game now."

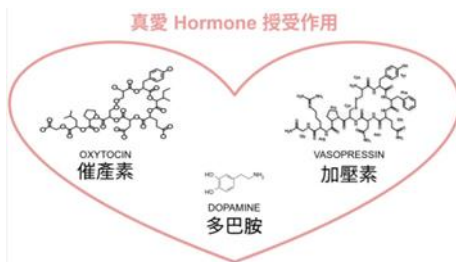
You see what I'm saying? So why the man all of a sudden is falling in love with the overweight secretary? Arnold Schwarzenegger, he's married to Maria Shriver Kennedy. Then on the side, he's banging his Mexican maid. And she wasn't any Mexican supermodel, folks. She was an old woman. You understand? Why does that happen? They just colloquially say, "Oh, he was thinking with his small brain, not his big brain". No, no. Because Arnold is not able to find any bonding with that woman. So, then all of a sudden, the Mexican housewife or the secretary feels like, "They're so much more supportive, more encouraging. They listen to what I have to say. They want me to succeed, blah, blah, blah". He bonds with her. You see what I'm saying? This is how it works, folks.

Vaso Training

That's why the hormone system is so important. Understand this is God system. And if you know this before marriage, it's even better. You see what I'm saying? So, women, we want to focus on vasopressin with your husband. Build back the trust. Build back the trust, not the feelings, not the thought of trust, but what? The hormone. Everybody, say, "Hormone." (Hormone). Build the hormone.

you watch me when I fix the air con." He's not gonna say a dang word. He's just gonna be like, "Things are different. Something's weird."

So, you have to keep the training. Now, three months, six months, one year. If you wrecked it for twenty years, you've got to put out at least a year, two years, three years. Put the work in. Put the work in. But see, the good thing is you know where to put the work in.



Don't put it in here, (dopamine) don't get the double D cup. Don't put it here, (Oxytocin) trying to make him talk, "Let's have a conversation. We have to go see a therapist." That's all going to make his spine red. "That's just talk, talk, talk, talk, talk. When are we going to produce some VASO, vaso, vaso?" Ah, see? "All you girls want to do is talk.

When are we going to do something?" Right?

So don't do that. Focus on the vaso money. Now you put in three months, six months, and all of a sudden, "Uh, you've been working hard on it. I appreciate you." And he walks away. "That's it?" Don't say that. Don't say that. Just say, "Wow, you just had a massive victory". You just went from a wrecked marriage to investing in vaso. You didn't even ask for it. You didn't demand talking. You didn't demand, "Open your dang oxytocin receptors, honey. Where's your flower? Open it."

You didn't do any of that craziness. You just poured in. You put in the work. Faith without works is dead, right? You can't just be spewing the Principle; put it to WORK, daggone it. You gotta apply the theology. Amen.

The Oxy Flower

You invested for six months. You never asked for it but all of a sudden out of the blue, he said, "I haven't told you, but I appreciate you." That's it. That's it. Just right there. Right there. Don't ask for more. Just celebrate. Inside, say, "Yes!" Because what happened? What happened? Right there, what happened? You filled up his vaso tank, so now the oxy flower is starting to bloom. It's starting to open. The oxy flower is starting to open. But don't jump on it too quickly now. Be patient. When y'all see the little buds, you don't jump on it; you're going to stomp that thing out. It's a small bud, you understand?

You got to hold, hold, hold, hold, right? The bud comes in springtime. In the springtime comes a tiny bud. If you get too excited and you say, "Oh my gosh, look how beautiful you are. You're so beautiful," oh, you're dead. Don't do that. When he says that, all you

have to say inside, "Oh, the oxy flower is starting to open. I heard a preaching about this. The oxy flower is starting to open." So just celebrate inside. Say, "Thank You, Lord. Thank You, Father. God, You just did a miracle. Our marriage was on the rocks, broken. Now the oxy flower is opening."

What does that mean? That means the vaso tank is getting full; his vasopressin receptors are getting full. So now the oxy flower is starting to open. Now what you wanted is starting to come, but you've got to be slow. You've got to be slow, slow, slow. "I heard the pastor tell he's gonna say 'I appreciate you'." You're waiting, you're waiting, you're waiting. And then the day comes, "I never told you. I appreciate you. I appreciate you. That's all I wanted to say." And you're like, "Oh my gosh, it came, it came, it came. He said it. Tell me more. Come on! Tell me more, tell me more!" No, no. You got to calm, down. Your spine is now turning red with excitement.

So, at that point, you gotta go, (breathing in and out) "Thank You Father! Thank You, God! Thank You Lord!". Breathe, breathe, breathe, breathe. Doing the breathing training is important because in the fight or flight system, your spine is connected to your breathing. When you see the tiger, you breathe heavily. So, if you don't control your breathing, you can't control your spine. You see what I'm saying? That's why you want to breath deeper. "Thank You, Lord! Woo! Thank You, Lord! Woo! Thank You, Jesus! Woo!" Breathe, breathe, breathe. Don't go into a tiger mode. Stay calm.

And then, as you keep on investing in the vaso, now the oxy bud opens, and a little later, maybe another bud is starting to open. That tree is going to start flowering pretty soon. But it's like early spring. Don't push those buds too hard. Don't put a cold blast on them. The buds will all shrivel and die. Y'all know the spring buds, right? Okay. Don't hit them with the winter blast. Don't come out with the frost gun and go, "Hey, little buds, let me flame through you". Not a good idea. Okay. You want to slow that down. Slow it down.

You're going to see that especially after twenty years of fighting, your husband's spine has now identified you as the threat. And you have with him, too. Your spine has identified him with the threat. So, this is what's incredible. Your body produces a hormone. It's a smell, it's called a pheromone. Cortisol produces a smell. You know how you say that animals can smell your fear? They literally can, because when you're scared, cortisol gets produced and the smell comes out. That's why an animal can actually sense your fear.

Now, you can't smell that smell. You can't tell if it's strawberry or orange; it's not like that. But your spine can smell it. So, if a husband and wife have a bad relationship for twenty years, you can even smell your husband and be like, "Ugh!" And as soon as you smell, immediately your spine turns. Why? Because that smell has become associated

with the stress hormone, which is killing your immune system and making you die. You see what I'm saying?

And he's the same with you. You don't smell so nice either, honey. You girls think you smell like caramel and soft cream and butterflies all day. Uh -uh! No. You don't smell so nice either? His spines see you as a threat too, so, you smell nasty to him. You see what I'm saying? Isn't that great? But you actually produce the pheromone. If you're producing a high oxy, high vaso, smelling your wife or smelling your husband makes you happy, younger, youthful. It's incredible, right? God's system is incredible. So, the hormones are that powerful.

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