

TRACK, LIGHT & HEAVY FIELD RULES

- Local competitors are determined as:
 - Born in Argyll & Bute area Lived in A&B district for 2 years
 - A member of The Argyll's Regiment
- Disbarred from local novice heavy's competition are those local heavy athletes who have gained a top three prize in the Open Heavyweight competition.
- In all competitions the Judges decision is final. RSHGA rules strictly adhered to.
- There must be more competitors than prizes.
- Local competitors shall be deemed local novice competitors for the purposes of the local events.
- If less than 3 entries in any local competitions, the competition will not take place.
- All athletes must be registered with The Scottish Highland Games Association to compete.
- Tug of War Prize Monies are for Professional Teams only. Scratch teams prizes to be announced.
- Only Officials are permitted within the arena during competitions. No other non-competitors, will be allowed in the arena.
- Heavy Events Competition Age Groups Junior events: 12-16 years inclusive
Local/Novice events: 17 years +