

Women's Health – Goals & Objectives

- **Participating Site(s):** Women's health clinics; outpatient primary care clinics; gynecology clinics (as applicable)
- **Duration:** 2-4 weeks
- **Required or Elective:** Elective

Rotation Overview

The Women's Health rotation provides residents with focused training in the primary care and preventive health needs of women across the lifespan. Residents gain experience in gender-specific screening, diagnosis, and management of common gynecologic conditions, reproductive health, menopause care, and counseling related to sexual and reproductive health. The rotation emphasizes patient-centered care, preventive services, and coordination with gynecology and other subspecialty services.

Overall Rotation Goal

The goal of this rotation is for residents to develop competence and confidence in delivering comprehensive, evidence-based, and compassionate care for women, including preventive health, common gynecologic conditions, and counseling across the reproductive lifespan.

Educational Objectives (Aligned with ACGME Competencies)

Patient Care

Residents will be able to:

- Perform comprehensive, gender-affirming histories and physical examinations for women
- Provide age-appropriate preventive care, including cancer screening and immunizations
- Diagnose and manage common women's health conditions, including:
 - Abnormal uterine bleeding
 - Dysmenorrhea and amenorrhea
 - Vaginitis and sexually transmitted infections
 - Pelvic pain
- Provide counseling on contraception, fertility awareness, and pregnancy planning
- Manage common menopausal symptoms and provide counseling on hormone and non-hormone therapies
- Recognize conditions requiring gynecology referral and coordinate appropriate care

Medical Knowledge

Residents will be able to:

- Apply evidence-based guidelines for:
 - Cervical cancer screening
 - Breast cancer screening
 - Osteoporosis screening and prevention
- Demonstrate knowledge of contraceptive options, including risks, benefits, and contraindications
- Understand the physiologic changes associated with pregnancy, menopause, and aging
- Recognize red-flag symptoms in women's health that require urgent evaluation
- Understand the impact of chronic medical conditions on reproductive and gynecologic health

Practice-Based Learning and Improvement

Residents will be able to:

- Utilize current clinical guidelines and evidence in women's health care delivery
- Identify personal learning gaps related to women's health and pursue targeted learning
- Reflect on patient outcomes to improve counseling, screening, and management strategies

Interpersonal and Communication Skills

Residents will be able to:

- Communicate respectfully and sensitively about sexual, reproductive, and gynecologic health
- Provide shared decision-making for screening, contraception, and treatment options
- Demonstrate trauma-informed and culturally sensitive communication
- Engage patients in discussions about health maintenance and preventive care

Professionalism

Residents will be able to:

- Demonstrate professionalism, respect, and empathy when caring for women from diverse backgrounds
- Maintain patient privacy, dignity, and confidentiality
- Promote patient autonomy and informed consent
- Advocate for equitable access to women's health services

Systems-Based Practice

Residents will be able to:

- Coordinate care with gynecology, maternal-fetal medicine, endocrinology, and other subspecialties
- Utilize community and health system resources related to women's health and reproductive care
- Understand barriers to care and advocate for appropriate screening and follow-up
- Navigate referral pathways and interdisciplinary care models

PGY-Level Expectations

PGY-1:

- Perform basic women's health histories and physical examinations with supervision
- Participate in preventive care visits and routine screenings
- Recognize common gynecologic complaints and red-flag symptoms

PGY-2:

- Develop prioritized differential diagnoses and management plans with indirect supervision
- Interpret ICU diagnostics and apply guideline-directed therapies for common critical conditions

PGY-3:

- Manage complex women's health cases with increasing autonomy
- Lead counseling discussions on screening, contraception, and menopause management
- Serve as a resource for junior residents in women's health topics

Teaching and Learning Activities

- Supervised outpatient women's health clinics
- Preventive care and screening visits
- Case-based discussions and guideline review

- Independent reading and self-directed learning

Evaluation and Feedback

Resident performance is evaluated through:

- Direct faculty observation
- Review of clinical documentation and patient counseling
- Participation in clinical and educational activities
- End-of-rotation evaluation mapped to ACGME milestones

Residents receive ongoing formative feedback and summative feedback at the conclusion of the rotation.

Supervision

Faculty supervision is provided in accordance with ACGME supervision guidelines. Residents are expected to seek attending input for complex cases, abnormal findings, or when uncertainty exists regarding diagnosis, management, or referral.