

# PRIDE Clinic – Goals & Objectives

- **Participating Site(s):** PRIDE Clinic; affiliated outpatient specialty clinics (as applicable)
- **Duration:** 2-4 weeks
- **Required or Elective:** Elective

## Rotation Overview

The PRIDE Clinic rotation provides residents with comprehensive outpatient experience caring for LGBTQ+ patients in a safe, affirming, and patient-centered clinical environment. Residents participate in primary care, preventive services, sexual health, behavioral health coordination, and gender-affirming care, with an emphasis on culturally competent communication, health equity, and interdisciplinary collaboration.

## Overall Rotation Goal

The goal of this rotation is for residents to develop the knowledge, clinical skills, and cultural humility required to provide inclusive, evidence-based, and affirming care to LGBTQ+ patients across the lifespan.

## Educational Objectives (Aligned with ACGME Competencies)

### Patient Care

Residents will be able to:

- Provide comprehensive primary care to LGBTQ+ patients in an affirming clinical environment
- Perform inclusive histories and physical examinations using appropriate terminology and practices
- Provide counseling and management related to:
  - Sexual health and risk reduction
  - HIV testing and prevention, including PrEP
  - Gender-affirming care and hormone therapy (under supervision)
- Coordinate care for gynecologic, urologic, behavioral health, and specialty needs

### Medical Knowledge

Residents will be able to:

- Describe health disparities affecting LGBTQ+ populations
- Understand principles of gender-affirming care, including:
  - Indications, monitoring, and risks of hormone replacement therapy
  - Preventive care considerations based on anatomy and risk
- Apply current guidelines for HIV testing, prevention (PrEP), and STI screening
- Recognize indications for referral to specialty services, including:
  - Endocrinology
  - OB/GYN and reproductive endocrinology
  - Urology
  - Behavioral and mental health services

### Practice-Based Learning and Improvement

Residents will be able to:

- Identify personal learning gaps related to LGBTQ+ health and pursue targeted education
- Incorporate evidence-based guidelines into the care of LGBTQ+ patients

- Reflect on patient encounters to improve inclusivity, communication, and care delivery

## **Interpersonal and Communication Skills**

Residents will be able to:

- Communicate respectfully and effectively with patients of diverse gender identities and sexual orientations
- Use inclusive language and shared decision-making in clinical encounters
- Collaborate with interdisciplinary team members, including nursing, behavioral health, social work, and specialty consultants

## **Professionalism**

Residents will be able to:

- Demonstrate respect, cultural humility, and professionalism in all patient interactions
- Maintain confidentiality and trust, particularly regarding sensitive personal information
- Provide stigma-free, nonjudgmental care aligned with ethical standards

## **Systems-Based Practice**

Residents will be able to:

- Navigate healthcare systems to coordinate comprehensive care for LGBTQ+ patients
- Utilize community and institutional resources to address social determinants of health
- Recognize system-level barriers to care and advocate for equitable access to services

## **PGY-Level Expectations**

### **PGY-1:**

- Observe and participate in supervised PRIDE Clinic visits
- Learn fundamentals of inclusive history-taking and pr

### **PGY-2:**

- Independently evaluate patients under indirect supervision
- Participate in PrEP management and routine preventive care
- Assist in gender-affirming care management with attending oversight

### **PGY-3:**

- Demonstrate advanced clinical and communication skills in LGBTQ+ care
- Integrate gender-affirming care with comprehensive primary care
- Support teaching of junior residents and students in the clinic setting

## **Teaching and Learning Activities**

- Outpatient PRIDE Clinic visits
- Interdisciplinary case discussions
- Review of LGBTQ+ health guidelines and best practices
- Patient counseling on sexual health, preventive care, and hormone therapy
- Independent reading and self-directed learning

## **Evaluation and Feedback**

Resident performance is evaluated through:

- Direct faculty observation
- Review of clinical documentation and management decisions
- Interdisciplinary team feedback
- End-of-rotation evaluation mapped to ACGME milestones

Residents receive ongoing formative feedback and summative feedback at the conclusion of the rotation.

## **Supervision**

Faculty supervision is provided by infectious disease and HIV specialty attendings in accordance with ACGME supervision guidelines. Residents are expected to seek guidance for complex treatment decisions, resistance concerns, and management of advanced HIV-related conditions.