

Rehab and Hospital Medicine – Goals & Objectives

- **Participating Site(s):** Summa inpatient rehabilitation hospital/unit
- **Duration:** 2-4 weeks
- **Required or Elective:** Elective

Rotation Overview

The Rehabilitation Hospital Medicine rotation provides residents with experience caring for medically complex patients in an inpatient rehabilitation setting. Residents focus on the ongoing medical management of patients recovering from acute illness, injury, or surgery while supporting functional recovery and safe transitions of care. The rotation emphasizes interdisciplinary collaboration, prevention of medical complications, and optimization of medical stability in the post-acute rehabilitation environment.

Overall Rotation Goal

The goal of this rotation is for residents to develop competence in managing hospitalized patients in a rehabilitation setting by providing comprehensive medical care, supporting functional goals, preventing complications, and coordinating care with interdisciplinary teams.

Educational Objectives (Aligned with ACGME Competencies)

Patient Care

Residents will be able to:

- Provide comprehensive medical management for patients admitted to inpatient rehabilitation
- Manage common medical conditions encountered in the rehabilitation hospital, including:
 - Stroke and neurologic recovery
 - Deconditioning and frailty
 - Postoperative and post-trauma recovery
 - Chronic disease management during rehabilitation
- Prevent, identify, and treat complications related to immobility and hospitalization
- Manage pain, bowel and bladder dysfunction, delirium, and sleep disturbances
- Participate in daily interdisciplinary rounds focused on functional and medical goals
- Contribute to discharge planning, including medication reconciliation and outpatient follow-up

Medical Knowledge

Residents will be able to:

- Understand the role of hospital medicine within the inpatient rehabilitation setting
- Recognize criteria for inpatient rehabilitation admission and discharge
- Apply evidence-based management strategies for common post-acute medical issues
- Understand the interaction between medical conditions and functional recovery
- Recognize when subspecialty consultation is indicated in the rehabilitation setting

Practice-Based Learning and Improvement

Residents will be able to:

- Reflect on patient outcomes and functional progress to inform clinical decision-making
- Incorporate feedback from attending physicians and interdisciplinary team members

- Utilize clinical guidelines and evidence-based resources to optimize rehabilitation-focused medical care

Interpersonal and Communication Skills

Residents will be able to:

- Communicate effectively with interdisciplinary rehabilitation teams, including therapy and nursing staff
- Engage patients and families in discussions regarding recovery goals, prognosis, and discharge planning
- Provide clear and timely documentation tailored to the rehabilitation setting
- Deliver effective handoffs during transitions of care

Professionalism

Residents will be able to:

- Demonstrate respect for patient autonomy, functional goals, and quality of life considerations
- Maintain professionalism and accountability in a multidisciplinary care environment
- Adhere to ethical principles in post-acute care and discharge planning
- Demonstrate reliability in follow-through on medical and care coordination responsibilities

Systems-Based Practice

Residents will be able to:

- Navigate post-acute care systems, including inpatient rehabilitation, skilled nursing, and home health services
- Collaborate with case management and social work to facilitate safe and efficient transitions of care
- Recognize system-level barriers to rehabilitation access and continuity of care
- Coordinate care across acute hospital, rehabilitation, and outpatient settings

PGY-Level Expectations

PGY-1:

- Manage rehabilitation patients under direct supervision
- Participate in interdisciplinary rounds and functional assessments
- Assist with discharge planning and documentation

PGY-2:

- Independently manage routine medical issues in the rehabilitation hospital
- Actively contribute to interdisciplinary care planning
- Identify and address barriers to functional recovery and discharge

PGY-3:

- Manage complex rehabilitation patients with increasing autonomy
- Lead interdisciplinary discussions when appropriate
- Serve as a resource for junior residents in post-acute and rehabilitation-focused care

Teaching and Learning Activities

- Daily rehabilitation hospital rounds
- Interdisciplinary team conferences
- Case-based discussions focused on post-acute and functional medicine

- Independent reading on rehabilitation hospital medicine topics

Evaluation and Feedback

Resident performance is evaluated through:

- Direct faculty observation
- Feedback from interdisciplinary rehabilitation team members
- Review of documentation and care coordination
- End-of-rotation evaluation mapped to ACGME milestones

Residents receive ongoing formative feedback and summative feedback at the conclusion of the rotation.

Supervision

Faculty supervision is provided in accordance with ACGME supervision guidelines. Residents are expected to seek attending input for clinical deterioration, complex medical decision-making, or discharge planning challenges.