

Addiction Medicine – Goals & Objectives

- **Participating Site(s):** Inpatient Detox Unit; Inpatient Addiction Medicine Consult Service; Outpatient MAT Clinic; Intensive Outpatient Program (IOP)
- **Duration:** 2 or 4 weeks
- **Required or Elective:** Elective

Rotation Overview

This rotation provides residents with structured inpatient and outpatient experience in the evaluation and management of substance use disorders (SUDs). The rotation emphasizes evidence-based screening, diagnosis, pharmacologic and non-pharmacologic treatment, interdisciplinary collaboration, and patient-centered communication across diverse clinical settings.

Overall Rotation Goal

The goal of this rotation is for residents to progressively demonstrate the knowledge, clinical skills, and professional behaviors necessary to assess, diagnose, and manage substance use disorders using evidence-based, trauma-informed, and patient-centered approaches.

Educational Objectives (Aligned with ACGME Competencies)

Patient Care

Residents will be able to:

- Screen and assess patients for substance use disorders using validated tools and diagnostic criteria
- Formulate biopsychosocial assessments and prioritized differential diagnoses for patients with substance-related conditions
- Initiate and manage pharmacologic and non-pharmacologic treatment plans for substance use disorders under appropriate supervision

Medical Knowledge

Residents will be able to:

- Explain the neurobiology, epidemiology, and clinical presentation of common substance use disorders
- Differentiate indications, mechanisms, and adverse effects of evidence-based pharmacologic treatments for SUDs
- Apply current clinical guidelines to the inpatient and outpatient management of substance use disorders

Practice-Based Learning and Improvement

Residents will be able to:

- Identify personal learning gaps related to addiction medicine and develop targeted learning goals
- Incorporate evidence-based literature and clinical guidelines into patient care decisions
- Reflect on clinical outcomes and integrate feedback to improve future practice

Interpersonal and Communication Skills

Residents will be able to:

- Establish therapeutic relationships using patient-centered, trauma-informed communication
- Conduct substance use histories and counseling conversations using motivational interviewing principles
- Collaborate effectively with patients, families, and interdisciplinary team members

Professionalism

Residents will be able to:

- Demonstrate respect, accountability, and ethical behavior when caring for patients with substance use disorders
- Recognize stigma and bias and apply strategies to provide equitable, nonjudgmental care
- Adhere to legal and ethical standards related to addiction treatment and confidentiality

Systems-Based Practice

Residents will be able to:

- Coordinate care with interdisciplinary team members including nursing, social work, counseling, and peer support services
- Utilize community-based treatment resources to support continuity of care
- Perform safe transitions of care between inpatient, outpatient, and community settings

PGY-Level Expectations

PGY-1:

- Identify substance use disorders and report assessment findings with direct supervision
- Observe and participate in counseling and treatment planning discussions

PGY-2:

- Develop and adjust treatment plans for substance use disorders with indirect supervision
- Apply motivational interviewing techniques during patient encounters

PGY-3:

- Independently manage routine substance use disorder cases with attending oversight
- Lead interdisciplinary discussions and model patient-centered communication for junior learners

Teaching and Learning Activities

- Inpatient detoxification and addiction medicine consults
- Outpatient MAT clinic and IOP participation
- Fellow- and attending-led lectures
- Resident-led teaching sessions
- Case-based discussions and independent reading

Evaluation and Feedback

Resident performance is evaluated through:

- Direct faculty observation
- End-of-rotation faculty evaluation
- Observation of patient counseling and interdisciplinary participation
- Milestone-based assessment tools

Residents receive ongoing formative feedback and summative feedback at the conclusion of the rotation.

Supervision

Faculty supervision is provided in accordance with ACGME supervision guidelines and is based on resident demonstrated competence, PGY level, and patient acuity.