THE STRENGTH LAB

(Part of the Mead Physio Group)



Designed for movement. Dedicated to specialised care.

The Strength Lab combines small group therapy, expert therapists and tailored equipment to support those living with Osteoporosis, Osteoarthritis, Parkinson's Disease, Diabetes, Neurological Conditions and Autism.



ONERO

Bone Strengthening

GLA:D

Exercise & Education: Hip & Knee OA + Back Pain

Neuro Moves

Neurological Retraining

Fight Club

Clinical Boxing for Adults and Children

Balance & Agility

Falls Prevention









Shop 30 Kalamunda Central, 39 Railway Road, Kalamunda







Mead Physio Group

Shop 1/13 Mead Street, Kalamunda WA

Exercise Right & Rehab

Shop 3/14 Mead Street, Kalamunda WA

The Strength Lab

Shop 30 Kalamunda Central, 39 Railway Road

www.meadphysiogroup.com.au