

RED RIVER VALLEY FIGURE SKATING CLUB

GOLD MEDALISTS

BY DATE

NAME	DATE	DISCIPLINE
Dawn Frisch	3/25/1988	Freeskate
Dawn Frisch	7/23/1988	Dance
Shelly Frisch	7/28/1989	Freeskate
Laura Jacobson	9/2/1989	Dance
Shelly Frisch	12/16/1989	Dance
Dawn Frisch	2/24/1990	Free Dance
Dawn Frisch	7/27/1990	International Dance
Cortney Mann	8/31/1990	Dance
Hope Burchill	3/17/1991	Figures
Hope Burchill	3/17/1991	Dance
Jennifer Jamison	6/29/1991	Dance
Elizabeth Giedt	2/25/1993	Dance
Leah Nygaard	10/22/1993	Dance
Lanita Sexton	10/22/1993	Dance
Shelly Frisch	12/10/1993	Free Dance
Shelly Frisch	12/11/1993	International Dance
Amber Clapp	7/21/1995	Dance
Kim Veiss	8/19/1995	Dance
Lisa Svaleson	12/9/1995	Dance
Tamra Schue	12/9/1995	Dance
Tamra Schue	2/24/1996	Senior MIF
Leah Nygaard	5/25/1996	Figures
Kim Veiss	7/26/1996	Senior MIF
Angela Marquart	2/15/1997	Senior MIF
Matt Evers	7/3/1997	Senior MIF
Dawn Frisch	8/21/1997	Figures
Amanda Gallo	8/22/1997	Dance
Jessica Veiss	8/22/1997	Senior MIF
Angela Marquart	10/25/1997	Dance
Kelsey Sollom	12/12/1997	Senior MIF
Katie Paseka	12/13/1997	Dance
Lisa Svaleson	12/13/1997	Senior MIF

Name	Date	Discipline
Chalcee Fingarson	2/11/1998	Senior MIF
Matt Evers	5/1/1998	Pairs
Sara Iszler	7/24/1998	Dance
Mark Ladwig	8/21/1998	Senior MIF
Katie Paseka	8/22/1998	Senior MIF
Kelsey Sollom	8/22/1998	Dance
Sara Iszler	3/13/1999	Senior MIF
Anna Letnes	3/27/1999	Dance
Mark Ladwig	5/17/1999	Freeskate
Jessica Veiss	7/23/1999	Freeskate
Chalcee Fingarson	7/23/1999	Freeskate
Kim Veiss	7/23/1999	Figures
Shelly Frisch	8/19/1999	Figures
Tamra Schue	8/20/1999	Freeskate
Chalcee Fingarson	8/21/1999	Dance
Jessica Veiss	2/10/2000	Dance
Angela Marquart	7/21/2000	Freeskate
Bradley Burns	7/21/2000	Senior MIF
Bradley Burns	7/22/2000	Dance
Emily Schmalz	12/8/2000	Dance
Bradley Burns	12/9/2000	Freeskate
Erin Rustvang	2/8/2001	Dance
Katie Dahlstrom	7/20/2001	Dance
Erin Rustvang	8/17/2001	Senior MIF
Katie Paseka	8/17/2001	Freeskate
Alexandra Biller	12/7/2001	Dance
Michelle Vigen	7/19/2002	Dance
Mark Ladwig	7/30/2002	Pairs
Melissa Hogfoss	7/18/2003	Dance
Alexa Williams	7/19/2003	Dance
Katie Paseka	8/16/2003	International Dance
Tessa Carey	8/16/2003	Dance
Erin Rustvang	2/5/2004	Freeskate
Maggie Garberg	7/17/2004	Senior MIF
Maggie Garberg	8/20/2004	Dance
Melissa Hogfoss	8/21/2004	Senior MIF
Kayla Brown	12/11/2004	Dance

Name	Date	Discipline
Alexa Williams	2/10/2005	Senior MIF
Alexa Williams	7/23/2005	Freeskate
Kayla Brown	8/19/2005	Senior MIF
Tessa Carey	4/29/2006	Senior MIF
Maggie Garberg	8/19/2006	Freeskate
Alexa Williams	12/8/2006	International Dance
Alyssa Olson	8/10/2007	Dance
Alyssa Olson	8/11/2007	Senior MIF
Kayla Brown	10/26/2007	Freeskate
Brynn Stofferahn	7/11/2008	Dance
Michelle Kramer	8/15/2008	Senior MIF
Michelle Kramer	8/15/2008	Dance
Katherine Worwa	8/16/2008	Senior MIF
Katherine Worwa	12/5/2008	Dance
Brynn Stofferahn	8/16/2009	Senior MIF
Wei Yu	8/16/2009	Senior MIF
Brittany Jerstad	11/6/2009	Dance
Annika Harless	11/6/2009	Dance
Wei Yu	11/6/2009	Dance
Hannah Christianson	7/8/2011	Dance
Molly Kaeding	7/8/2011	Dance
Zane Frick	11/5/2011	Dance
Hannah Christianson	12/8/2012	Senior MIF
Zane Frick	12/8/2012	Senior MIF
Zane Frick	4/27/2013	Free Skate
Sydney Carey	7/27/2013	Dance
Emma Astrup	7/27/2013	Dance
Sebastian Skoblik	6/6/2014	Solo Dance
Emma Astrup	6/7/2014	Senior MIF
Sebastian Skoblik	11/15/2014	Senior MIF
Lily Harvison	2/12/2015	Senior MIF
Kathrina O'Connell	2/12/2015	Adult Dance
Megan Marsolek	6/5/2015	Dance
Isabella Skoblik	6/5/2015	Dance
Megan Marsolek	6/6/2015	Senior MIF
Emma Astrup	7/24/2015	Solo Dance
Lily Harvison	2/11/2016	Freeskate

Name	Date	Discipline
Emma Astrup	2/11/2016	Solo Free Dance
Isabella Skoblik	12/9/2016	Senior MIF
Kailey Martinson	12/11/2016	Dance
Isabella Skoblik	2/8/2018	Solo Free Dance
Paige McArthur	7/21/2018	Senior MIF
Cassie Simon	11/3/2018	Dance
Madison Ruzicka	11/3/2018	Senior MIF
Kinsley Gurskis	3/8/2019	Senior MIF
Paige McArthur	6/14/2019	Dance
Kinsley Gurskis	7/19/2019	Dance
Sydney Aberle	11/1/2019	Senior MIF
Isabella Skoblik	12/21/2019	Free Skate
Kailey Martinson	12/21/2019	Senior MIF
Silje Rygg	2/13/2020	Dance
Emma Evans	7/23/2020	Dance
Silje Rygg	9/25/2020	Senior MIF
Emma Evans	9/25/2020	Senior MIF
Sydney Aberle	9/25/2020	Dance
Chloe Pesek	11/9/2020	Senior MIF
Adrianna Kelly	11/9/2020	Senior MIF
Nicole Hoogland	11/9/2020	Senior MIF
Silje Rygg	11/14/2020	Solo Free Dance
Allison Lamppa	2/11/2021	Dance
Kinsley Gurskis	2/12/2021	Solo Free Dance
Adrianna Kelly	6/24/2021	Solo Free Dance
Cassie Simon	6/24/2021	Solo Free Dance
Emma Lamp	7/23/2021	Dance
Laura Jacobson	2/10/2022	Solo Free Dance
Emma Lamp	2/10/2022	Solo Free Dance
Kailey Martinson	2/10/2022	Solo Free Dance
Annika Pratt	2/10/2022	Senior MIF
Cassie Simon	2/10/2022	Senior MIF
Lauren Lamp	3/4/2022	Solo Free Dance
Annika Pratt	6/24/2022	Solo Free Dance
Maren Rygg	6/24/2022	Senior MIF
Sophia Quam	7/21/2022	Dance
Makenna Bessler	12/10/2022	Dance

Name	Date	Discipline
Lauren Lamp	12/10/2022	Dance
Sophia Quam	12/10/2022	Senior MIF
Cassie Simon	12/10/2022	Adult Free Skate
Sydney Aberle	2/9/2023	Free Skate
Makenna Bessler	2/9/2023	Solo Free Dance
Sophia Quam	2/9/2023	Solo Free Dance
Maren Rygg	2/9/2023	Dance
Isabella Skoblik	2/9/2023	International Dance
Ciena Addison	6/23/2023	Adult Skating Skills
Abbey Murphy	6/23/2023	Adult Skating Skills
Abbey Murphy	6/23/2023	Adult Singles
Maren Rygg	8/10/2023	Solo Free Dance
Lily Soleim	8/10/2023	Solo Free Dance
Madilyn Kjelshus	8/10/2023	Solo Free Dance
Sophia Quam	8/11/2023	Singles
Ciena Addison	8/11/2023	Adult Singles
Madilyn Kjelshus	8/11/2023	Skating Skills
Sydney Aberle	2/8/2024	Solo Free Dance
Sunisha Tangpong	2/8/2024	Dance
Lillian Elbert	6/21/2024	Dance
Cayla Walker	6/21/2024	Dance
Lillian Elbert	8/10/2024	Solo Free Dance
Atley Durr	8/10/2024	Solo Free Dance
Kennadi Berg	12/7/2024	Skating Skills
Mabel Wanzek	12/7/2024	Skating Skills
Cayla Walker	12/7/2014	Solo Free Dance
Sunisha Tangpong	12/7/2024	Solo Free Dance
Kennadi Berg	2/13/2025	Dance
Lillian Elbert	2/13/2025	Skating Skills
Rena Baba	6/13/2025	Dance
Sunisha Tangpong	6/13/2025	Skating Skills
Maelee Miller	8/15/2025	Solo Free Dance
Kennadi Berg	8/15/2025	Solo Free Dance
Rena Baba	8/15/2025	Solo Free Dance
Elizabeth Krabbenhof	8/25/2025	Solo Free Dance
Elleana Wahl	8/25/2025	Solo Free Dance
Mabel Wanzek	12/6/2025	Solo Free Dance

RED RIVER VALLEY FIGURE SKATING CLUB

GOLD MEDALISTS

BY LAST NAME

Name	Date	Discipline
Sydney Aberle	11/1/2019	Senior MIF
Sydney Aberle	9/25/2020	Dance
Sydney Aberle	2/9/2023	Freeskate
Sydney Aberle	2/8/2023	Solo Free Dance
Ciena Addison	6/23/2023	Adult Skating Skills
Ciena Addison	8/11/2023	Adult Singles
Emma Astrup	7/27/2013	Dance
Emma Astrup	6/7/2014	Senior MIF
Emma Astrup	7/24/2015	Solo Dance
Emma Astrup	2/11/2016	Solo Free Dance
Rena Baba	6/13/2025	Dance
Rena Baba	8/15/2025	Solo Free Dace
Kennadi Berg	12/7/2024	Skating Skills
Kennadi Berg	2/13/2025	Dance
Kennadi Berg	8/15/2025	Solo Free Dance
Makenna Bessler	12/10/2022	Dance
Makenna Bessler	2/9/2023	Solo Free Dance
Alexandra Biller	12/7/2001	Dance
Kayla Brown	12/11/2004	Dance
Kayla Brown	8/19/2005	Senior MIF
Kayla Brown	10/26/2007	Freeskate
Hope Burchill	3/17/1991	Figures
Hope Burchill	3/17/1991	Dance
Bradley Burns	7/21/2000	Senior MIF
Bradley Burns	7/22/2000	Dance
Bradley Burns	12/9/2000	Freeskate
Tessa Carey	8/16/2003	Dance
Tessa Carey	4/29/2006	Senior MIF
Sydney Carey	7/27/2013	Dance
Hannah Christianson	7/8/2011	Dance

Name	Date	Discipline
Hannah Christianson	12/8/2012	Senior MIF
Amber Clapp	7/21/1995	Dance
Katie Dahlstrom	7/20/2001	Dance
Atley Durr	8/10/2024	Solo Free Dance
Lillian Elbert	6/21/2024	Dance
Lillian Elbert	8/10/2024	Solo Free Dance
Lillian Elbert	2/13/2015	Skating Skills
Emma Evans	7/23/2020	Dance
Emma Evans	9/25/2020	Senior MIF
Matt Evers	7/3/1997	Senior MIF
Matt Evers	5/1/1998	Pairs
Chalcee Fingarson	2/11/1998	Senior MIF
Chalcee Fingarson	7/23/1999	Freestyle
Chalcee Fingarson	8/21/1999	Dance
Zane Frick	11/5/2011	Dance
Zane Frick	12/8/2012	Senior MIF
Zane Frick	4/27/2013	Freestyle
Shelly Frisch	7/28/1989	Freestyle
Shelly Frisch	12/16/1989	Dance
Shelly Frisch	12/10/1993	Free Dance
Shelly Frisch	12/11/1993	Int'l Dance
Shelly Frisch	8/19/1999	Figures
Dawn Frisch	3/25/1988	Freestyle
Dawn Frisch	7/23/1988	Dance
Dawn Frisch	2/24/1990	Free Dance
Dawn Frisch	9/27/1990	Int'l Dance
Dawn Frisch	8/21/1997	Figures
Amanda Gallo	8/22/1997	Dance
Maggie Garberg	7/17/2004	Senior MIF
Maggie Garberg	8/20/2004	Dance
Maggie Garberg	8/19/2006	Freestyle
Elizabeth Giedt	2/25/1993	Dance
Kinsley Gurskis	3/8/2019	Senior MIF
Kinsley Gurskis	7/19/2019	Dance

Name	Date	Discipline
Kinsley Gurskis	2/12/2021	Solo Free Dance
Annika Harless	11/6/2009	Dance
Lily Harvison	2/12/2015	Senior MIF
Lily Harvison	2/11/2016	Freeskate
Melissa Hogfoss	7/18/2003	Dance
Melissa Hogfoss	8/21/2004	Senior MIF
Nicole Hoogland	11/9/2020	Senior MIF
Sara Iszler	7/24/1998	Dance
Sara Iszler	3/13/1999	Senior MIF
Laura Jacobson	9/2/1989	Dance
Laura Jacobson	2/10/2022	Solo Free Dance
Jennifer Jamison	6/29/1991	Dance
Brittany Jerstad	11/6/2009	Dance
Molly Kaeding	7/8/2011	Dance
Adrianna Kelly	11/9/2020	Senior MIF
Adrianna Kelly	6/24/2021	Solo Free Dance
Madilyn Kjelshus	8/10/2023	Solo Free Dance
Madilyn Kjelshus	8/11/2023	Skating Skills
Elizabeth Krabbenhof	8/25/2025	Solo Free Dance
Michelle Kramer	8/15/2008	Senior MIF
Michelle Kramer	8/15/2008	Dance
Mark Ladwig	8/21/1998	Senior MIF
Mark Ladwig	5/17/1999	Freeskate
Mark Ladwig	7/30/2002	Pairs
Emma Lamp	7/23/2021	Dance
Emma Lamp	2/10/2022	Solo Free Dance
Lauren Lamp	3/4/2022	Solo Free Dance
Lauren Lamp	12/10/2022	Dance
Allison Lamppa	2/11/2021	Dance
Anna Letnes	3/27/1999	Dance
Cortney Mann	8/31/1990	Dance
Angela Marquart	2/15/1997	Senior MIF
Angela Marquart	10/25/1997	Dance
Angela Marquart	7/21/2000	Freeskate
Megan Marsolek	6/5/2015	Dance
Megan Marsolek	6/6/2015	Senior MIF

Name	Date	Discipline
Kailey Martinson	12/11/2016	Dance
Kailey Martinson	12/21/2019	Senior MIF
Kailey Martinson	2/10/2022	Solo Free Dance
Paige McArthur	7/21/2018	Senior MIF
Paige McArthur	6/14/2019	Dance
Maelee Miller	8/15/2025	Solo Free Dance
Abbey Murphy	6/23/2023	Adult Skating Skills
Abbey Murphy	6/23/2023	Adult Singles
Leah Nygaard	10/22/1993	Dance
Leah Nygaard	5/25/1996	Figures
Kathrina O'Connell	2/12/2015	Adult Dance
Alyssa Olson	8/10/2007	Dance
Alyssa Olson	8/11/2007	Senior MIF
Katie Paseka	12/13/1997	Dance
Katie Paseka	8/22/1998	Senior MIF
Katie Paseka	8/17/2001	Freeskate
Katie Paseka	8/16/2003	Int'l Dance
Chloe Pesek	11/9/2020	Senior MIF
Annika Pratt	2/10/2022	Senior MIF
Annika Pratt	6/24/2022	Solo Free Dance
Sophia Quam	7/21/2022	Dance
Sophia Quam	12/10/2022	Senior MIF
Sophia Quam	2/9/2023	Solo Free Dance
Sophia Quam	8/11/2023	Singles
Erin Rustvang	2/8/2001	Dance
Erin Rustvang	8/17/2001	Senior MIF
Erin Rustvang	2/5/2004	Freeskate
Madison Ruzicka	11/3/2018	Senior MIF
Maren Rygg	6/24/2022	Senior MIF
Maren Rygg	2/9/2023	Dance
Maren Rygg	8/10/2023	Solo Free Dance
Silje Rygg	2/13/2020	Dance
Silje Rygg	9/25/2020	Senior MIF
Silje Rygg	11/14/2020	Solo Free Dance

Name	Date	Discipline
Emily Schmalz	12/8/2000	Dance
Tamra Schue	12/9/1995	Dance
Tamra Schue	2/24/1996	Senior MIF
Tamra Schue	8/20/1999	Freeskate
Lanita Sexton	10/22/1993	Dance
Cassie Simon	11/3/2018	Dance
Cassie Simon	6/24/2021	Solo Free Dance
Cassie Simon	2/10/2022	Senior MIF
Cassie Simon	12/10/2022	Adult Freeskate
Isabella Skoblik	6/5/2015	Dance
Isabella Skoblik	12/9/2016	Senior MIF
Isabella Skoblik	2/8/2018	Solo Free Dance
Isabella Skoblik	12/21/2019	Free Skate
Sebastian Skoblik	6/6/2014	Solo Dance
Sebastian Skoblik	11/15/2014	Senior MIF
Lilly Soleim	8/10/2023	Solo Free Dance
Kelsey Sollom	12/12/1997	Senior MIF
Kelsey Sollom	8/22/1998	Dance
Brynn Stofferahn	7/11/2008	Dance
Brynn Stofferahn	8/16/2009	Senior MIF
Lisa Svaeson	12/9/1995	Dance
Lisa Svaeson	12/13/1997	Senior MIF
Sunisha Tangpong	2/8/2024	Dance
Sunisha Tangpong	12/7/2024	Solo Free Dance
Sunisha Tangpong	6/13/2025	Skating Skills
Jessica Veiss	8/22/1997	Senior MIF
Jessica Veiss	7/23/1999	Freeskate
Jessica Veiss	2/10/2000	Dance
Kim Veiss	8/19/1995	Dance
Kim Veiss	7/26/1996	Senior MIF
Kim Veiss	7/23/1999	Figures
Michelle Vigen	7/19/2002	Dance
Elleana Wahl	8/25/2025	Solo Free Dance
Cayla Walker	6/21/2024	Dance
Cayla Walker	12/7/2024	Solo Free Dance

Name	Date	Discipline
Mabel Wanzek	12/7/2024	Skating Skills
Mabel Wanzek	12/6/2025	Solo Free Dance
Alexa Williams	7/19/2003	Dance
Alexa Williams	2/10/2005	Senior MIF
Alexa Williams	7/23/2005	Freeskate
Alexa Williams	12/08/2006	Int'l Dance
Katherine Worwa	8/16/2008	Senior MIF
Katherine Worwa	12/5/2008	Dance
Wei Yu	8/16/2009	Senior MIF
Wei Yu	11/6/2009	Dance