



KEYNOTE SPEAKER

INGRID SLIKKERS



Ingrid Weiss Slikkers, LMSW, CCTP, TBRI Practitioner, IPNB Clinician, joined the faculty at Andrews University in 2016 after serving as a child and family therapist and later in leadership, developing programs for immigrant and refugee children. Shaped by multicultural experiences, her work focuses on trauma, loss, and culturally responsive care while being committed to helping professionals sustain compassionate practice. She serves as Executive Director of Andrews’ International Center for Trauma Education & Care and advances trauma-informed education through the integration of faith and science in her teaching, research, and practice.

Her topic for the Thursday morning General Session is [Wired for Well-Being: The Brain, Connection, and the Educator](#). Educator well-being is not just a personal responsibility—it is deeply rooted in how our brains and relationships function. In this general session, participants will explore well-being through the lens of interpersonal neurobiology (IPNB), gaining insight into how stress, connection, and regulation shape both personal health and classroom environments. Blending science with practical application, this session offers accessible strategies to support regulation, strengthen connection, and cultivate sustainable well-being for educators and the students they serve.

She will also present a breakout session *Fuel for the Journey: Creating Your Educator Sustainability Plan* on Wednesday at 10:45 in Frisco 2. The demands of teaching are daily, which means sustainability must be, too. In this interactive breakout session, participants will create a personalized Sustainability Plan focused on practical, everyday strategies that support energy, presence, and well-being throughout the school day. Grounded in trauma-informed principles, this session equips educators with simple, realistic practices to help them stay steady, connected, and effective—day by day.

