

Midterm Election Day is Nov 3, 2026



“What’s a midterm election?”

Midterms are the federal elections halfway through a President's term when we elect all 435 members of the House of Representatives and about one-third of the Senate (AKA Congress).



“What does Congress do?”

Congress shapes taxes, healthcare, civil rights, education, climate policy, public safety, immigration, and countless other policies affecting everyday life.

They control the federal budget and where funding is spent (or cut).



“What’s at stake for New Jersey?”

NJ gets BILLIONS in federal funding for state and local programs. If that funding decreases, we either cut programs or make up the loss in state and local taxes.

**As a voter, you help decide
who speaks for NJ in DC!**

“My vote doesn’t matter.”

Only 41% of NJ voters cast a ballot in the last midterms. Less than half the voters in the state got to choose the winners for everyone else.

*Your vote really does
have power - use it!*

Make your voting plan TODAY: the League of Women Voters of New Jersey can help! Find resources at lwvnj.org/vote:

- Register to vote
- Check voter registration status
- Info on voting in person or by mail
- Research candidates at Vote411.org

**Be Informed,
Vote Informed.**



VOTE 411

ELECTION INFORMATION YOU NEED

LWV LEAGUE OF WOMEN VOTERS'
OF NEW JERSEY