



## Home Style Cooked Food Delivered Door To Door

### What we offer

- Our typical meals consist of a starter, main course, dessert, piece of fruit, drink & a treat
- Great value price of £5.50 per meal
- Two meals available per person per week
- Meals can be booked for short periods or long term
- Our trained & vetted volunteers will deliver dinner for people to enjoy in their own home. They will also stop for a chat and do a welfare check.



### Who is it for?

#### This service is ideal for older people that :

Live alone or caring for a spouse or relative  
 Are unwell or recovering from illness  
 People who just need a little support to eat more healthily  
 Housebound Lonely & isolated  
 Struggle to cook for themselves  
 Unable to access online delivery services

### Benefits of the service

Direct positive impact on people's health and wellbeing  
 Promotes healthy eating  
 Three course dinner can be turned into multiple meals  
 Can be booked & paid for over the telephone at short notice  
 Flexible, easy to cancel  
 Value for money  
 Home style cooked meals

### What our clients have to say

'service is excellent, it's nice to have food that is cooked properly'  
 'I like all the food, but the desserts are my favourite'  
 'I look forward to the dinner but I look forward to seeing John more'  
 'I love the surprise of what's for dinner and looking what's in the bag each week, it's like Christmas very week'  
 'It's proper home cooked food just like my wife used to make'

### Age UK Milton Keynes

**Making a positive difference to the residents of Milton Keynes**

The Peartree Centre  
 1 Chadds Lane  
 Peartree Bridge  
 Milton Keynes  
 MK6 3EB

Tel: 01908 550700  
[www.ageukmiltonkeynes.org.uk](http://www.ageukmiltonkeynes.org.uk)  
 Charity no 1079773

### Interested in joining the service?

Please contact us on 01908 550700 or email [info@ageukmiltonkeynes.org.uk](mailto:info@ageukmiltonkeynes.org.uk)