



Teaching *for*
TRANSFORMATION

Purpose with Every Step 7th Grade P.E.

Stacy Soerens

Central Valley Christian School





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Deep Hope:

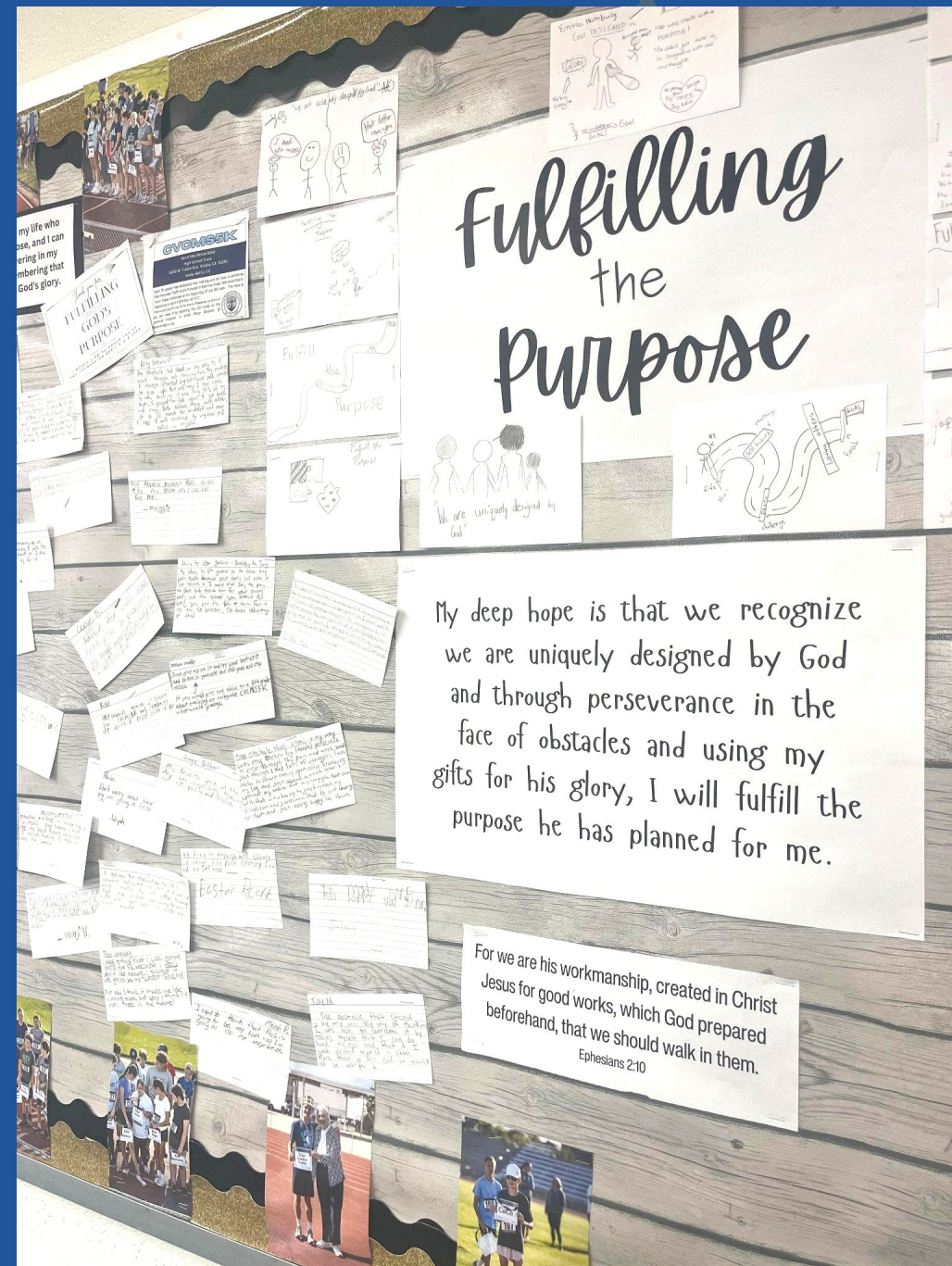
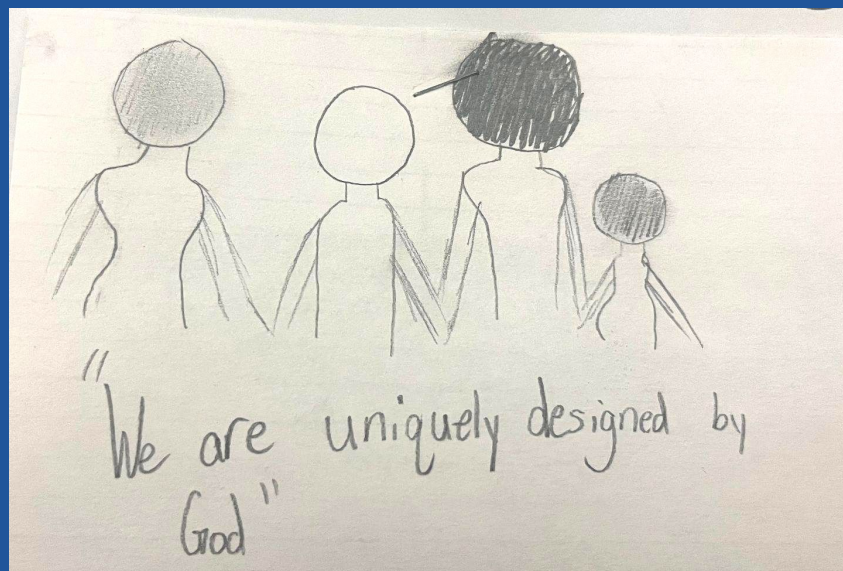
My deep hope is that we recognize we are uniquely designed by God, and that through perseverance, even in the face of obstacles, we use our gifts for His glory and **fulfill the purpose** He has planned for us.



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Storyline:

Fulfilling the Purpose

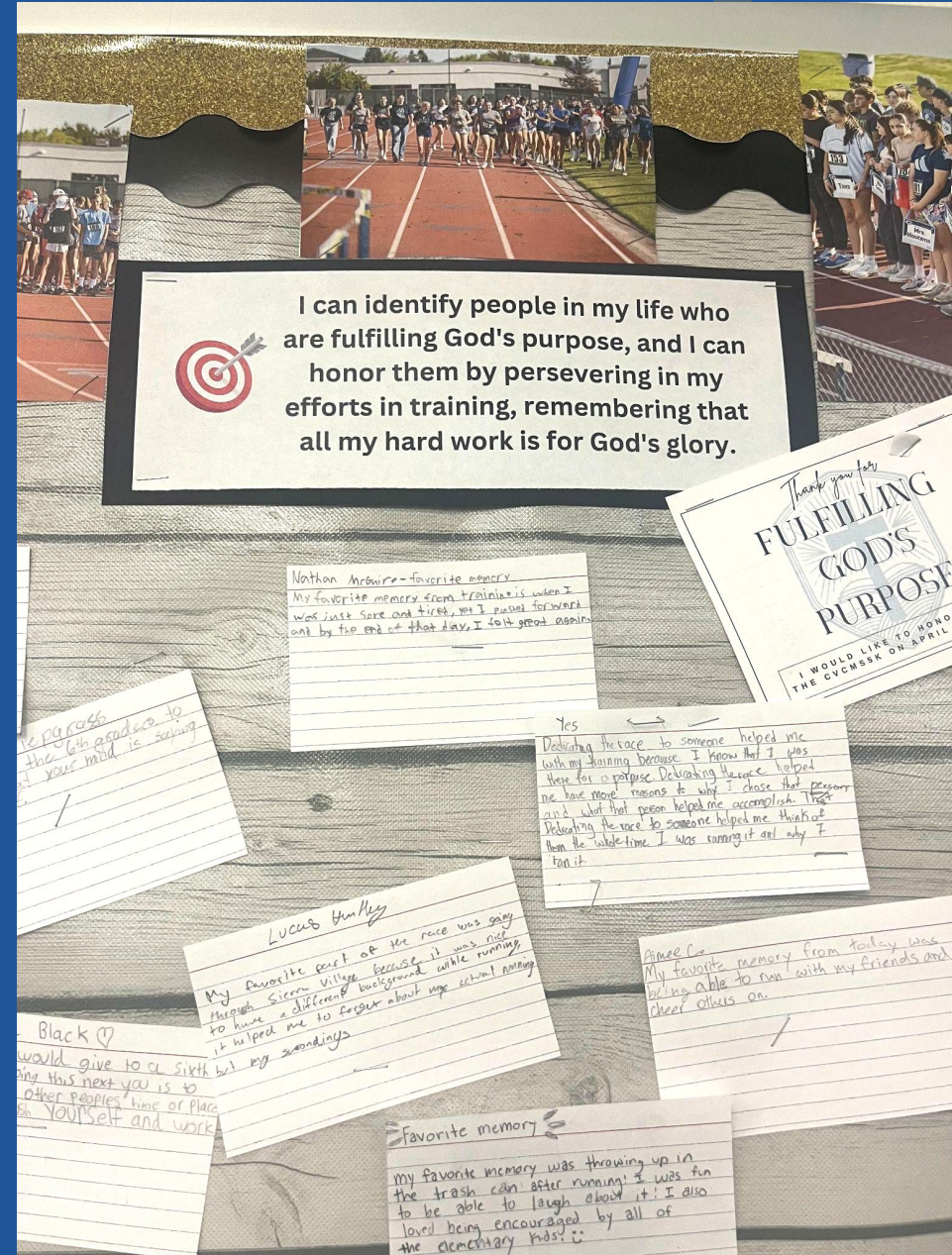




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Long-Term Learning Target:

- I can identify people in my life who are **fulfilling God's purpose**, and I can honor them by persevering in my efforts in training, remembering that all my hard work is for God's glory.





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Curricular Outcomes:

3.3 Assess one's own muscle strength, muscle endurance, aerobic capacity, flexibility, and body composition by using a scientifically based health-related fitness assessment. Evaluate individual measures of physical fitness in relationship to patterns of physical activity.

3.4 develop individual goals, from research-based standards, for each of the five components of health-related physical fitness.

3.5 Participate in moderate to vigorous physical activity a minimum of four days each week.

3.6 Assess periodically the attainment of, or progress toward, personal physical fitness goals and make necessary adjustments to a personal physical fitness program.



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Habit(s) of Learning:

Gracious Communicating: Students practiced being gracious communicators by connecting with community members; letting them know how they've made a difference in their life and community, and inviting them to be honored at the school 5K. Students also practiced this habit as they encouraged one another throughout the semester during their training runs.





See God's Story:

God created us for community. We often don't take the time to communicate with people in our lives about how important they are to us or the impact they have left on our learning and growth. It is easy for us, especially in P.E. class, to do things like training for a 5K solely for our own purposes or to glorify ourselves. We have the opportunity to bring some restoration to our community by dedicating our training to those that have played important roles in our lives and invite them to be present on race day.





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Throughlines:

Community Building: Students practiced being community builders as they invited special guests of honor to the school 5K, including writing letters of invitation and announcing their names before the run that morning.

Image Reflecting: Students identified others in their lives that were image reflectors to them—people who were fulfilling God’s purposes in their lives.





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Formational Learning Experience:

Real needs: Identifying people outside of immediate family members who make lasting impacts on lives in our community, and who are 'fulfilling God's purposes' in their areas of influence and work.

Real people: Community individuals that students identified as having a lasting impact on their lives and our community.

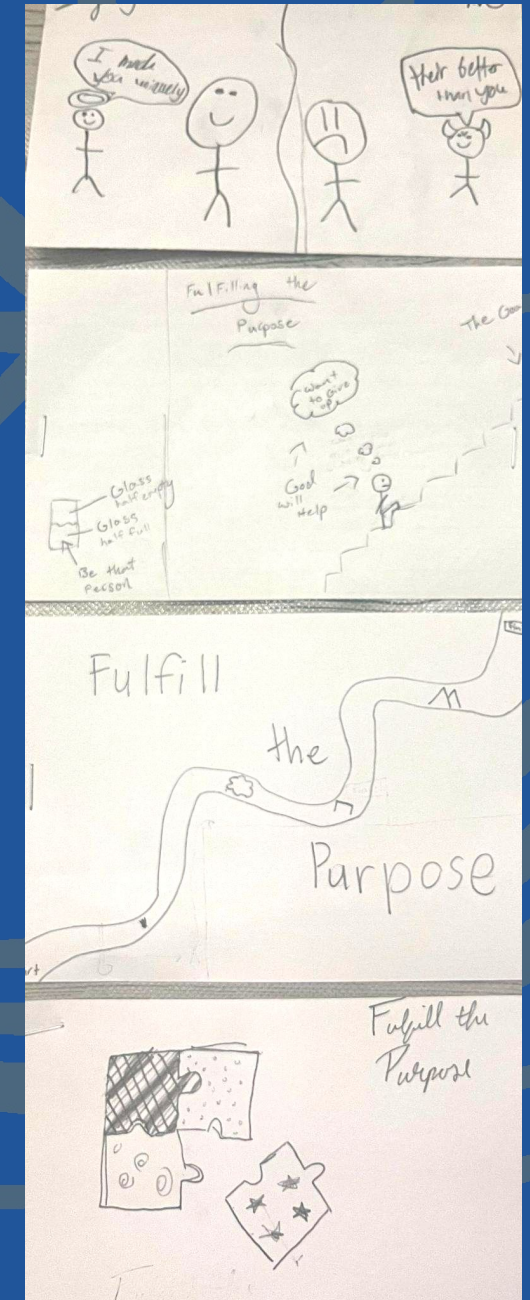
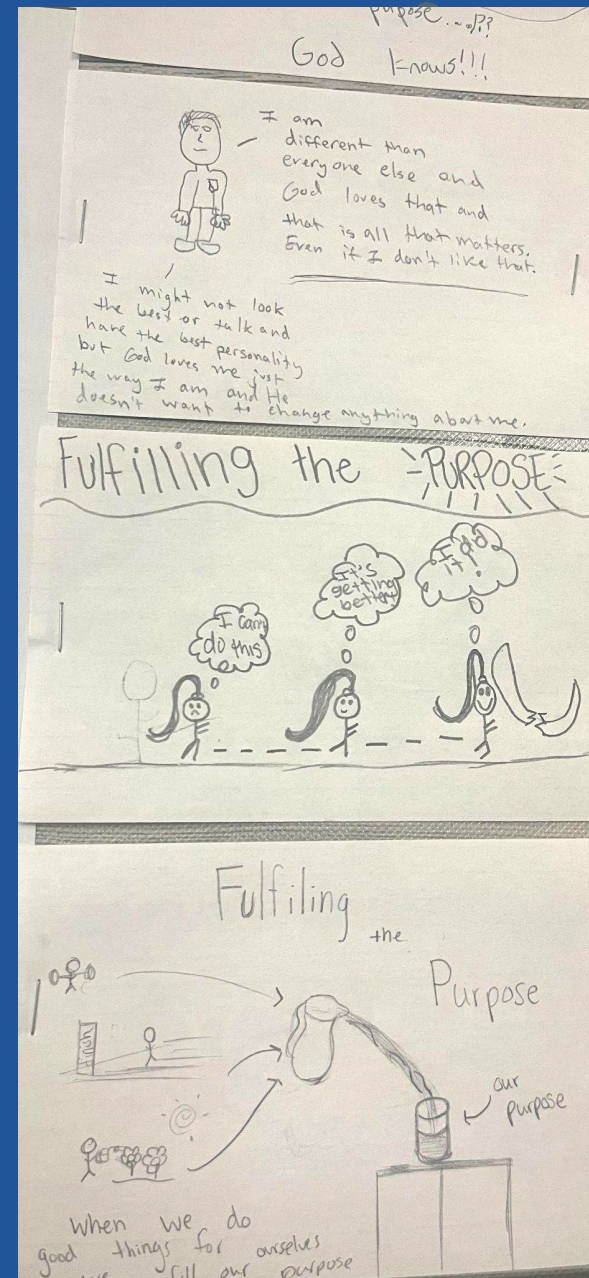
Real work: Students dedicated their required 5k training to another person who they identified as 'fulfilling God's purpose' in their life. They wrote letters to letting these people know how they've impacted their life and community, and inviting them to attend the 5K school event.



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INVITE

- Students were first invited to the language of the storyline. What does it mean to 'fulfill God's purposes'?
- Students created visuals for the classroom storyline based on their ideas about what it means to fulfill God's purpose.





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NURTURE

- Students were invited to identify community members who are fulfilling God's purposes through their work and vocations.
- Students were nurtured to identify specific individuals (not in their immediate family) who have impacted their life and help them fulfill God's purpose.

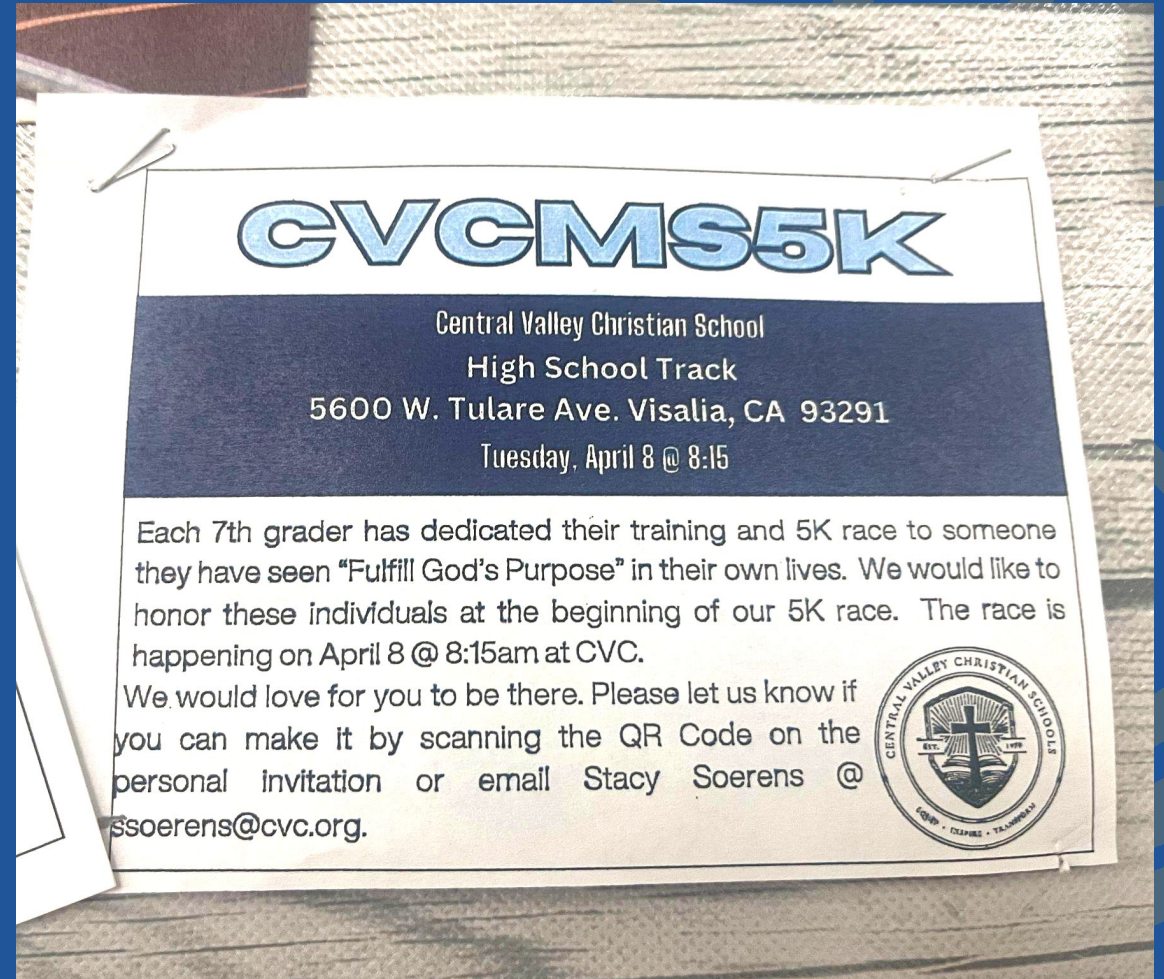




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EMPOWER

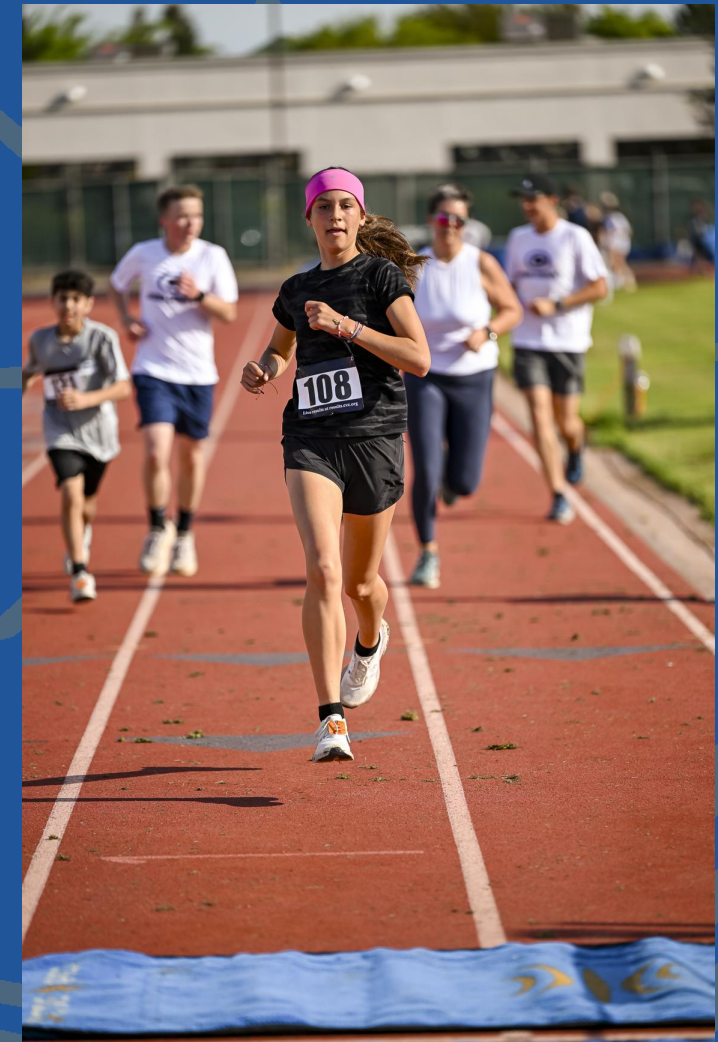
- Students chose one person to dedicate their 5K training to throughout the semester, and invited this person to be in the audience for the school's 5K run.
- Students wrote letters explaining the event, and naming how their chosen person has impacted their life, how they see these people as 'fulfilling God's purpose', and why they chose to run for them.







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Student Reflections:

Yes

Dedicating the race to someone helped me with my training because I know that I was there for a purpose. Dedicating the race helped me have more reasons to why I chose that person and what that person helped me accomplish. ~~That~~ Dedicating the race to someone helped me think of them the whole time I was running it and why I ran it.

my favorit memory was at the end my mom and sister ran for me.

—maggie

Dedicating my race to someone did ~~help~~ how I trained and raced because it showed how my mind reacts to having a person in mind during and for an event.

—max N.



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Teacher Reflections:

“I loved this day. I love that it gave students a bigger purpose other than just a race they *had* to do for our PE class. Kids were intentional about who they chose to dedicate their training and race to. To see kids think about people in their lives that were fulfilling a purpose for Christ, to point them out, and invite those people is a beautiful thing. I believe it made a difference in the 7th graders training, but also in the lives of those that they dedicated their race to.”



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