

2026 MONTHLY SAFETY MEETING PLAN

OFFICE SAFETY

1 st Quarter	
January	Work Conduct
February	Fire Safety: Fight or Evacuate
March	Daylight Saving Time <i>schedule before Mar 8</i>

2 nd Quarter	
April	Distracted Driving <i>Apr is Distracted Driving Awareness Month</i>
May	Mental Health <i>May is Mental Health Awareness Month</i>
June	Slips, Trips, and Falls

3 rd Quarter	
July	Ladders
August	Housekeeping
September	Emergency Preparedness <i>Sep is National Preparedness Month</i>

4 th Quarter	
October	Fire Prevention <i>Fire Prevention Week is in Oct</i>
November	Computer Vision Syndrome
December	First Aid: Sudden Illness

Use this safety meeting plan as a guide but consider exchanging or adding additional topics to customize this schedule to better suit the needs of your team.