

# COLOUR THEORY: FOUNDATIONS FOR ARTISTS

INSTRUCTOR: FIONA ROUGH

While all materials can be found at Opus Art Supplies, similar products and brands from other stores are welcome. Additional materials are also welcome.

## WHAT WE PROVIDE

- Easels, side tables, chairs & stools, containers for liquids, masking tape, saran wrap.
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## SURFACES

- One pad of heavy paper, approximately 8" x 10" or smaller for colour exercises, charts, and swatches: Click [HERE](#) for example
  - 4 Surfaces: 8" x 10" or smaller. These surfaces can be Gessoed Hardboard Panel (*aka 'Artboard'*) or Canvas Board
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## PAINT

Acrylics or Oils are welcome. We recommend using 'artist grade' vs. 'student grade' paint.

- Titanium White / Yellow Ochre / Cadmium Yellow Light (or Hansa Yellow Light) / Cadmium Red Light (or Pyrrole Red) / Alizarin Crimson / Ultramarine Blue / Phthalo Blue / Ivory Black
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## MEDIUM

For Oil Painters: Linseed Oil + OMS (Odourless Mineral Spirits)

- Use Gamblin's 'Gamsol' only! Please do not bring other brands or turpentine
- Bring an extra glass jar + lid to store excess dirty OMS after class

For Acrylic Painters:

- Bring a small spray water bottle to keep your paint wet
- Acrylic 'Retarder' to extend drying time

## BRUSHES

Please bring whatever brushes you enjoy working with, in a range of shapes and sizes. We recommend the following long-handled brushes:

- 2 Synthetic Flats or Filberts (*any sizes between 4, 6, and 8*)
  - 2–3 Synthetic Rounds (*any sizes between 6–8*)
  - 1–2 Synthetic Flats (.75" to 1.5" wide). These can be inexpensive craft brushes.
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## PALETTES

For Oil Painters:

- A glass palette is provided, although you are welcome to bring your own

For Acrylic Painters:

- It is recommended to use a 'Masterson Sta-Wet' palette (16" x 12"): Click [HERE](#)
  - Optional: 'Richeson Grey Matters Paper Palettes' (16" x 12"): Click [HERE](#)
  - Optional: 'Canson Disposable Palette Paper' (16" x 12"): Click [HERE](#)
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## ADDITIONAL ITEMS

- Palette Knife: 'Liquitex' Small Painting Knife #5
  - Paper Towel: 'Scott's Shop Towels' (blue): Click [HERE](#)
  - Pencil and eraser
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## OPTIONAL

- Gloves While Painting: Latex or 'Gorilla Grip' gloves (breathable + waterproof)
- Gloves for Brush Cleaning: Waterproof rubber gloves are recommended.
- Sketchbook 8.5" x 11" or smaller for taking notes