

# LOOSEN UP: AN IMPRESSIONISTIC APPROACH

INSTRUCTOR: MEL WILLIAMSON

While all materials can be found at Opus Art Supplies, similar products and brands from other stores are welcome. Additional materials are also welcome.

#### WHAT WE PROVIDE

• Easels, side tables, chairs & stools, containers for liquids, masking tape, saran wrap.

## **SURFACES**

- One Full Pad of Canvas Paper (eg 'Fredrix' brand), 9" x 12" or larger
- AND <u>2-3 Canvas Boards</u> (not stretched canvas) approximately 9" x 12" or 12" x 16"

#### **PAINT**

Oils are recommended, but acrylics are welcome.

It is recommended to use 'artist grade' vs. 'student grade' paint.

- Titanium White / Ivory Black / Asphaltum (or Burnt Umber/Raw Umber) / Yellow Ochre Cadmium Yellow Light / Cadmium Yellow Medium / Cadmium Red Light (or medium) / Quinacridone Magenta (or Alizarin Crimson Permanent) / Phthalo Blue / Ultramarine Blue
- Optional: Cerulean Blue, Cobalt Blue

### **MEDIUM**

For Oil Painters: OMS (Odourless Mineral Spirits)

- · Gamblin Galkyd Medium or Graham Walnut Alkyd: one small bottle
- · Use Gamblin's 'Gamsol' only! Please do not bring other brands or turpentine
- · Bring an extra glass jar + lid to store excess dirty OMS after class

# **MEDIUM (Continued)**

### For Acrylic Painters:

- Bring a small spray water bottle to keep your paint wet
- · Acrylic 'Retarder' to extend drying time

#### **BRUSHES**

Please bring whatever brushes you enjoy working with, in various shapes and sizes. We recommend the following long-handled brushes:

- Egbert (or long Filbert): size 8 (one)
- Egberts (or Long Filberts): sizes 4–6 (one/two of each)
- Optional: Smaller Filberts (or Rounds): size 4 (two)

#### **PALETTES**

## For Oil Painters:

A glass palette is provided, although you are welcome to bring your own

# For Acrylic Painters:

- Disposable Palette Paper (12" x 16"): Click <u>HERE</u>
- OR 'Masterson Sta-Wet' palette (16" x 12"): Click HERE
- OR 'Richeson Grey Matters Paper Palettes' (16" x 12"): Click HERE

#### **ADDITIONAL ITEMS**

- Empty Pizza Box for transporting wet work (large is good!)
- Small mirror (makeup size/handheld, for viewing work backwards)
- Pencil for marking canvas (and a notebook/paper for taking notes, if you like)
- Paper Towel: 'Scott's Shop Towels' (blue): Click HERE
- Painting can be messy, please bring suitable clothing.

#### **OPTIONAL**

· Palette Knife and/or Spatula

- Masking Tape & Scissors
- Gloves While Painting: Latex or 'Gorilla Grip' gloves (breathable + waterproof)
- Gloves for Brush Cleaning: Waterproof rubber gloves are recommended.