



CONTEMPORARY
ATELIER

STILL LIFE PAINTING ESSENTIALS

INSTRUCTOR: ALEX BEADLE

While all materials can be found at *Opus Art Supplies*, similar products and brands from other stores are welcome. Suggested brand names are '*italicized*'. Additional materials are also welcome.

WHAT WE PROVIDE

- Easels, side tables, chairs & stools, containers for liquids, masking tape, saran wrap.

SURFACE

- 1 Surface: any size between 9" x 12" and 16" x 20". Stretched canvas or gessoed hardboard panel (aka 'Artboard') are preferred. This surface requires a total of 3 layers of 'acrylic white gesso'. Pre-gessoed should still have 2 more layers of gesso applied before class.'
- A second surface for practice: This can be a cheap canvas or card 9" x 12" also gessoed

PAINT

Oils are recommended, but acrylics are welcome. It is recommended to use 'artist grade' vs. 'student grade' paint.

- Titanium White / Yellow Ochre / Cadmium Red Light / Ultramarine Blue / Burnt Umber / Alizarin Crimson (or Permanent Alizarin) / Burnt Sienna / Cadmium Orange Light / Naples Yellow / Optional: Cadmium Yellow Medium / Sap Green / Cerulean Blue

MEDIUM

For Oil Painters: Linseed Oil + OMS (Odourless Mineral Spirits)

- Use *Gamblin's 'Gamsol'* only! Please do not bring other brands or turpentine
- Bring an extra glass jar + lid to store excess dirty OMS after class

For Acrylic Painters:

- Bring a small spray water bottle to keep your paint wet
- Acrylic 'Retarder' to extend drying time

BRUSHES

Please bring whatever brushes you enjoy working with, in a range of shapes and sizes.

We recommend the following long-handled brushes:

- Synthetic Flat or Angled: sizes 4, 6, and 8 (*1 of each*)
- 1 Bristle Filbert: any size between 10 and 12
- 1 or more Synthetic Round: between size 0 and 4
- 1 pack of a few inexpensive, small, soft, synthetic round and flat brushes (Click [HERE](#))

PALETTES

For Oil Painters:

A glass palette is provided, although you are welcome to bring your own

For Acrylic Painters:

- It is recommended to use a '*Masterson Sta-Wet*' palette (16" x 12"): Click [HERE](#)
- Optional: '*Richeson Grey Matters Paper Palettes*' (16" x 12"): Click [HERE](#)
- Optional: '*Canson Disposable Palette Paper*' (16" x 12"): Click [HERE](#)

ADDITIONAL ITEMS

- Graphite pencil (*2B or HB is fine*)
- One kneadable eraser
- Palette Knife: '*Liquitex*' Small Painting Knife #5
- Paper Towel: '*Scott's Shop Towels*' (blue): Click [HERE](#)
- Painting can be messy; please bring suitable clothing.

OPTIONAL

- Gloves While Painting: Latex or '*Gorilla Grip*' gloves (*breathable + waterproof*)
- Gloves for Brush Cleaning: Waterproof rubber gloves are recommended.
- Sketchbook 8.5" x 11" or smaller for taking notes
- Mahl stick