CANVAS METHOD

CONTEMPORARY ATELIER

LEARN TO PAINT LIKE THE GROUP OF SEVEN

INSTRUCTOR: CARA BAIN

While all materials can be found at Opus Art Supplies, similar products and brands from other stores are welcome. Additional materials are also welcome.

WHAT WE PROVIDE

- Easels, side tables, chairs & stools, containers for liquids, masking tape, saran wrap.

SURFACES

- 3 surfaces: One 5” x 7”, one 8” x 10”, and one surface 11” x 14” or 12” x 16”
  Gessoed hardboard panel is best but canvas is okay.
- Hardboard and canvas require a total of 3 layers of ‘acrylic white gesso’.
  With pre-gessoed surfaces, add 2 more layers, allowing to dry between layers.

PAINT

Oils are recommended, but acrylics are welcome.
It is recommended to use ‘artist grade’ vs. ‘student grade’ paint.

- Yellow Ochre / Ultramarine Blue / Burnt Umber / Titanium White /
  Cadmium Yellow (or any bright yellow) / Cadmium Red (or any bright red) /
  Alizarin Crimson / Sap Green / Ivory Black
- Optional: Burnt Sienna, Phthalo Blue, Green Gold

MEDIUM

For Oil Painters: Linseed Oil + OMS (Odourless Mineral Spirits)

- Use Gamblin’s ‘Gamsol’ only! Please do not bring other brands or turpentine
- Bring an extra glass jar + lid to store excess dirty OMS after class

MEDIUM (Continued)

For Acrylic Painters:

- Bring a small spray water bottle to keep your paint wet
- Acrylic 'Retarder' to extend drying time

BRUSHES

Please bring whatever brushes you enjoy working with in various shapes and sizes.
We recommend the following long-handled brushes:

- Synthetic Flat: sizes 4, 6, and 8 (1 of each)
- OR Opus Denman Angled Brushes: sized 1/4 inch,1/2 inch and 1 inch
- 1-2 Bristle Flats: size 6 to 8

PALETTES

For Oil Painters:

A glass palette is provided, although you are welcome to bring your own

For Acrylic Painters:

- It is recommended to use a *'Masterson Sta-Wet'* palette (16" x 12"): Click HERE
- Optional: *'Richeson Grey Matters Paper Palettes'* (16" x 12"): Click HERE
- Optional: *'Canson Disposable Palette Paper'* (16" x 12"): Click HERE

ADDITIONAL ITEMS

- Palette Knife: *'Liquitex'* Small Painting Knife #5
- Paper Towel: *'Scott's Shop Towels'* (blue): Click HERE
- Painting can be messy, please bring suitable clothing.

OPTIONAL

- Gloves While Painting: Latex or *'Gorilla Grip'* gloves (breathable + waterproof)
- Gloves for Brush Cleaning: Waterproof rubber gloves are recommended.
- Sketchbook 8.5" x 11" or smaller for taking notes