Weekly Nursing Home Cleaning Checklist

Daily cleaning handles everyday mess in healthcare facilities, but some areas need more detailed attention each week. A planned weekly routine helps staff address accumulated dirt and maintain less frequently cleaned spaces throughout the facility.

WEEKLY CLEANING FOCUS

Address accumulated dust, detailed surfaces, flooring, soft furnishings, and shared spaces while following facility cleaning procedures.

USE WITH FACILITY PROTOCOLS Coordinate work to minimise resident disruption. Use area-appropriate materials and products; follow label contact times, manufacturer instructions, and facility infection-control procedures. Keep walkways clear and floors safe.

01 Detailed Surface & Fixture Cleaning

- [ ] Wipe baseboards, ledges, and fixtures with microfiber cloths.
- [ ] Clean doors and frames with a pH-neutral surface cleaner.
- [ ] Dust light fixtures using an extension duster.
- [ ] Remove dust from corners and edges.

02 Floors, Carpets & Upholstery

- [ ] HEPA-vacuum carpets and rugs.
- [ ] Treat carpet stains with a carpet spot extractor.
- [ ] Scrub hard floors using a floor machine suited to the flooring finish.
- [ ] Vacuum upholstery with an upholstery attachment.
- [ ] Report persistent stains or damaged flooring.

03 Storage & Utility Areas

- [ ] Dust shelves with microfiber cloths.
- [ ] Remove loose packaging and debris.
- [ ] Sweep and damp-mop floors.
- [ ] Empty waste bins and replace liners.
- [ ] Store labeled cleaning chemicals in designated storage areas.
- [ ] Report leaks or other maintenance concerns.

Weekly Cleaning for Shared Spaces and Facility Upkeep

Regular attention to shared equipment, recreational areas, and less frequently cleaned surfaces helps staff maintain cleaner spaces for residents, visitors, and employees.

04 Shared Equipment & Recreational Spaces

- [ ] Clean shared equipment with manufacturer-approved cleaners.
- [ ] Wipe tables, chairs, and activity-room furniture.
- [ ] Disinfect handrails and high-touch surfaces with an appropriate EPA-registered hospital disinfectant.
- [ ] Empty waste bins and remove loose debris.
- [ ] Follow long-term care facility cleaning procedures for shared items.

05 Weekly Cleaning Inspection

- [ ] Review completed weekly cleaning records.
- [ ] Check for missed tasks and recurring dirt or stains.
- [ ] Inspect accessible surfaces for damage or residue.
- [ ] Report maintenance concerns to the responsible facility manager.
- [ ] Document outstanding cleaning tasks and corrective actions.

06 Cleaning Supplies & Equipment Review

- [ ] Check cleaning equipment for visible damage.
- [ ] Confirm cleaning supplies are available for scheduled tasks.
- [ ] Verify that products are labeled and stored in designated areas.
- [ ] Follow equipment maintenance instructions.
- [ ] Report equipment issues requiring repair or replacement.

WEEKLY CLEANING REVIEW

Week commencing: _____ **Facility / Unit:** _____

Completed by: _____ **Supervisor review:** _____

Outstanding tasks: _____

Keep Your Nursing Home Clean and Well Maintained

Let Sterling Cleaning Services help you plan professional cleaning tailored to your facility's needs, schedule, and operational requirements.

PHONE (212) 803-3328 **EMAIL** hello@sterlingcleaningnyc.com

This checklist supports weekly facility upkeep and does not replace applicable regulations, clinical protocols, manufacturer instructions, or facility policies.