Monthly Nursing Home Cleaning Checklist

Daily and weekly cleaning maintains routine hygiene, but some areas require more detailed attention at longer intervals. This monthly checklist helps nursing home teams address accumulated dust, overlooked surfaces, flooring, furniture, and shared spaces according to facility needs and infection-control procedures.

MONTHLY CLEANING FOCUS

Address accumulated dirt, overlooked surfaces, and detailed cleaning tasks while following facility procedures and equipment instructions.

FACILITY / UNIT

MONTH / YEAR

01

Detailed Floor & Carpet Cleaning

- [ ] Extract embedded carpet dirt using a commercial carpet extractor.
- [ ] Treat stubborn stains with an appropriate spot extractor.
- [ ] Scrub hard floors with an automatic floor scrubber suited to the flooring finish.
- [ ] Clean accessible corners, edges, and areas beneath furniture.
- [ ] Inspect flooring for damage, discoloration, or recurring stains.

02

Vents & Elevated Surfaces

- [ ] Dust accessible vents and grilles with an extension duster.
- [ ] Wipe accessible ledges and fixtures with microfiber cloths.
- [ ] Remove dust from accessible high surfaces.
- [ ] Arrange elevated cleaning using approved access equipment and trained personnel.

03

Furniture & Upholstery

- [ ] Wipe furniture frames and hard surfaces with microfiber cloths.
- [ ] HEPA-vacuum upholstered chairs and seating.
- [ ] Extract fabric upholstery when permitted by its care label.
- [ ] Inspect furniture for tears, loose fittings, or other damage.

PLAN THE WORK AROUND RESIDENT CARE

Select tasks and frequencies according to facility needs. Not every task is required monthly. Continue daily, weekly, between-use and as-needed cleaning under facility policy; do not defer high-touch cleaning or spills until the monthly review.

Coordinate with care teams to avoid disturbing residents. Follow flooring, upholstery and equipment instructions; minimize dust dispersal and allow cleaned surfaces to dry before use.

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A More Detailed Approach to Monthly Facility Cleaning

Monthly cleaning should complement routine daily and weekly tasks. Coordinate detailed cleaning with resident activities, facility schedules, equipment instructions, and infection-control procedures.

Tick completed tasks. Record deferred or non-applicable items and follow-up actions below.

04

Storage & Utility Areas

- [ ] Dust shelving with microfiber cloths.
- [ ] Remove loose packaging and accumulated debris.
- [ ] Sweep and damp-mop floors.
- [ ] Clean accessible corners and areas around storage units.
- [ ] Report leaks, damaged surfaces, or other maintenance concerns.

05

Shared Equipment & Recreational Areas

- [ ] Clean equipment exteriors using manufacturer-approved products.
- [ ] Wipe tables, chairs, and recreational furniture.
- [ ] Disinfect designated touchpoints with an appropriate EPA-registered hospital disinfectant.
- [ ] Clean accessible areas beneath and around equipment.
- [ ] Report damaged equipment or surfaces requiring repair.

06

Monthly Cleaning Inspection

- [ ] Review completed monthly cleaning records.
- [ ] Check for recurring dirt, stains, or residue.
- [ ] Identify missed tasks and inaccessible areas.
- [ ] Record maintenance concerns and corrective actions.
- [ ] Update cleaning schedules when facility needs change.

USE PRODUCTS CORRECTLY

Follow product labels for dilution, surface compatibility and contact time; keep surfaces wet for the required time. Clean before disinfecting as directed. This checklist supports, but does not replace, applicable regulations, clinical protocols or facility policies.

FOLLOW-UP / N/A / CORRECTIVE ACTIONS

REVIEWED BY / DATE

Keep Your Nursing Home Clean, Safe & Well Maintained

Let Sterling Cleaning Services help you plan professional cleaning for your facility's needs, schedule, and operational requirements.

ENQUIRE ABOUT CLEANING

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