

FACT SHEET

Arnold Rim Trail

September 18 – 20, 2026

The Project

Join us for an amazing trail adventure in the Stanislaus National Forest in Calaveras County, California, a joint venture with the Arnold Rim Trail Association (ARTA).

Our campsite and trail work will be in Murphys, a small town southwest of Arnold, where we'll be working close to camp on the Bamm Bamm and Wilma's Wiggles trails. Come enjoy the outdoors, lend a hand, and be part of something special. We'll be widening 1.5 miles of trail corridor, improving drainage, and clearing out copious amounts of "mountain misery" along the way.

After the work, stick around for the local brew, enjoy a taste of Murphys with beer provided by Murphys Pourhouse.

Center Camp

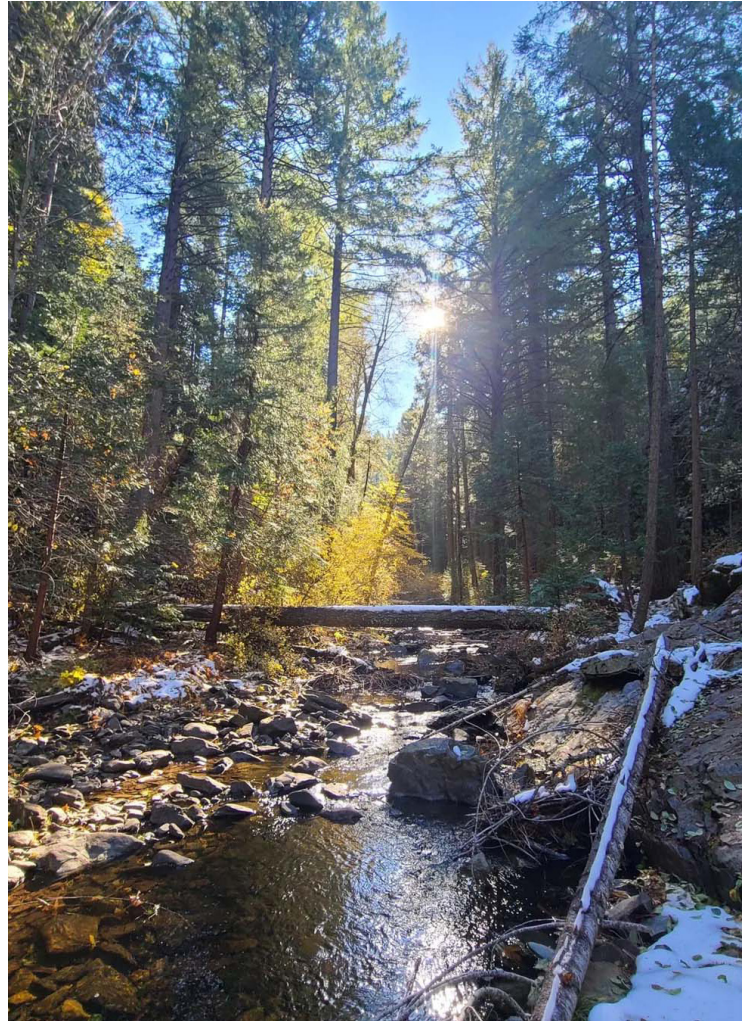
Camp will be adjacent to a Arnold Rim Trail Parking lot, with overflow parking less than about 1/4-mile away, and the work sites are all within one mile of camp.

Volunteers

Volunteers working on the trail will be divided into crews, each led by a certified crew leader who will provide training on tool use and safety and supervise the work throughout the day. V-O-Cal provides all necessary tools. Volunteers are encouraged to bring their own work gloves, though gloves are available if needed. Please wear comfortable work clothing and sturdy, closed-toe shoes or boots.

Weather

Please come prepared for a variety of weather conditions (layers are your friend). Unless a serious storm is predicted, we will work drizzle or shine.



Dog Policy

Dogs are welcome in camp and on some trails, but not in the work areas. Per park policy, all dogs must be kept on a leash of six feet or less during the day and confined overnight. Please only bring your dog if it is well-behaved, no aggressive behavior toward people or other dogs, and no excessive barking. We also ask that dog owners camp in the designated area.



ARNOLD
RIM TRAIL
Trails for Everyone... Forever!

Event Schedule

Friday

- 5:00 pm – Registration and camping open.
DINNER IS NOT PROVIDED.

Saturday

- 7:30 am – Registration, light breakfast, and lunch packing.
- 8:30 am – Morning greeting, announcements, stretching and safety talk.
- 9:00 am – Project begins.
- 12:30 pm – Break for lunch on trail.
- 3:30 pm – Head back to camp. Clean and store tools.
- 4:00 pm – Drinks, appetizers and socializing.
Sun showers available.
- 6:00 pm – Dinner.

Sunday

- 7:30 am – Registration and lunch packing begin. Hot breakfast is served.
- 8:30 am – Morning greeting, announcements, stretching and safety talk.
- 9:00 am – Project begins.
- 11:30 am – Break for lunch on trail.
- 1:30 pm – Head back to camp, clean tools, pack gear and truck.

Meals

V-O-Cal provides all meals for volunteers from breakfast Saturday through lunch Sunday. Vegetarian options are available for all meals.

- To minimize waste we ask that you bring your own reusable plates, coffee mug, cups and utensils. Hot water and soap are provided.
- A continental breakfast is served Saturday morning.
- Please arrive at camp by 7:45 am at the latest to check in, eat breakfast and prepare your lunch. We provide lunch and lunch bags.



- Appetizers and beverages will be available at 4:00 pm after the work day on Saturday. Dinner will follow at 6:00 pm.
- Hot breakfast is served Sunday morning.

Hazards

POISON OAK

There is a risk of exposure to poison oak at the work site. If you're unfamiliar with it, ask your crew leader to point some out. After the work day, use Tecnu (provided by V-O-Cal) to clean exposed skin, and handle your dirty clothes with care.

MOSQUITOES | TICKS

Mosquitoes may be active this time of year. Bug spray and long sleeved, lightweight shirts are recommended.

Ticks are always a potential hazard. Wearing light-colored clothing can make them easier to spot. Be sure to check yourself during and after the project.

SNAKES

Snakes may be present on the property. Use caution, especially when picking up items from the ground or moving rocks.

SHARP TOOLS

Please pay attention during your crew leader's tool safety talk, and follow proper tool-handling procedures throughout the day.

HYDRATION | SUN EXPOSURE | HYPOTHERMIA

While most work areas are shaded, please be prepared for changing conditions. Bring sun protection such as a sun hat, sunscreen, and lightweight long-sleeve shirts.

Carry enough water – at least 2 liters in bottles or a hydration bladder – and drink regularly throughout the day. If you feel tired, overheated, cold, or weak, notify your crew leader and take a break.

What To Bring

- ☐ Sturdy shoes or boots with good tread. Ankle support is important on much of the trail. Sandals and open-toed shoes will not be permitted.
- ☐ Water bottles or a water bladder that can hold at least 2 liters of water. (You will not be allowed on the trail without water.)
- ☐ Work gloves. (If you don't have your own gloves, V-O-Cal will provide them. Please return them at the end of the project.)
- ☐ Day pack to carry your water and lunch.
- ☐ Sunglasses, hat, and sunscreen.
- ☐ Insect repellent and allergy medicine (if you normally need these things when working outdoors).
- ☐ Reusable plate/bowl, eating utensils, and mug/cup.
- ☐ A change of clothes for each work day, especially if you are sensitive to poison oak.
- ☐ Layers of clothing for a range of temperatures.
- ☐ If you will be camping . . .
 - A tent (**if you have the option to bring a smaller tent, please do!**)
 - A sleeping bag and pillow
 - A flashlight or headlamp
 - A camp chair (if you don't want to sit on the ground)
 - Other camping gear that makes you comfortable

Driving Directions

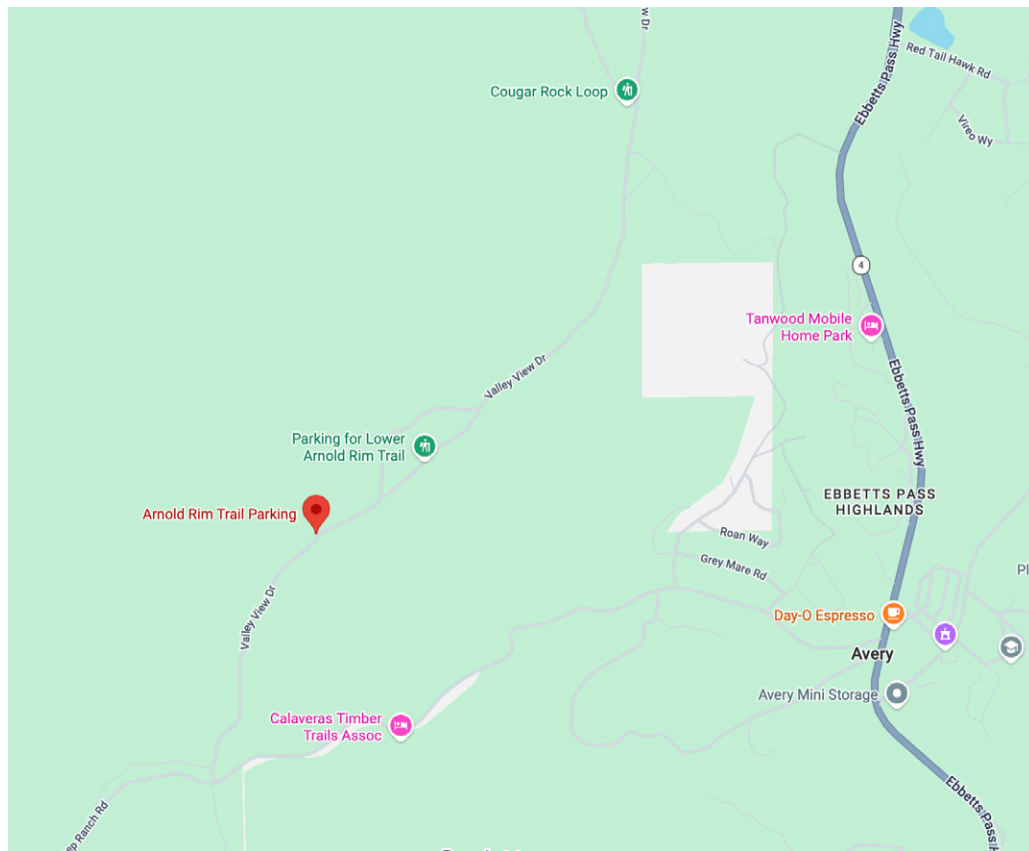
Arnold Rim Trail Parking | Center Camp

<https://maps.app.goo.gl/h27NpKtzY73eqzbaA>



- Take CA-4 E toward Murphys, CA.
- In Avery, turn left onto Avery Sheep Ranch Rd.
- Turn right onto Valley View Drive and continue to Center Camp.
- Arnold Rim Trail Parking will be on your left, just past the turn, camp is adjacent to the parking lot.

Overflow parking is available less than about 1/4-mile away if the main lot fills up, and all work sites are within one mile of camp.



PLEASE DETACH AND DISPLAY ON DASH



Volunteer Parking Pass

Arnold Rim Trail

September 18, 2026

September 19, 2026

September 20, 2026

Children 14 and over are welcome on V-O-Cal projects. Volunteers under 16 must be accompanied by an adult.

To register, visit our website at www.v-o-cal.org or [SignUp Genius](#)

For photos of our recent projects, please visit



www.facebook.com



www.instagram.com



Volunteer Project Team

V-O-Cal Executive Director	Duane Sheets
Project Team Lead	Duane Sheets
Technical Lead	Joseph Cavaness
Kitchen Lead Chef	Manuela Martinez
Camp Manager	Pete Duringer
Crew Leader Manager	Tomomi Yuasa
Tool Manager Town Mayor	Seth Little
Food Shopping	Duane Sheets Tomomi Yuasas
Warehouse Load Truck Driver	Curt Hutchings
Registration Lead	Augusta Murphy
Sat Sun Stretch Lead	Lauren Blanchard
Dog Sitter	TBD as needed
Web Site	Lisa Freeman Geoff Clarke
Outreach	Lily Brady Melinda Green
Photography	Anka Karewicz
Flyer Fact Sheet	Lily Brady

Agency Partner

Arnold Rim Trail Association (ARTA)

Project Sponsor

Special thanks to Bay Area Barns and Trails (BABT) for their generous grants supporting V-O-Cal these past few years. BABT assists landowners and land managers with preservation and maintenance of publicly accessible Bay Area barns, stables, pastures, staging areas, horse camps, and trails.

In-Kind Project Sponsors

Murphys Pourhouse | Connoisseur Coffee | Tecnu | REI | Sidley Austin | Metro Mobile Communications |
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