# Farm to School Coordinators and Program Success: A Visual Guide to Demonstrate Impact



## Why Do You Need a Farm to School Coordinator?

<u>Farm to school</u> (F2S) connects communities to fresh, local food and food producers by incorporating one or more of the three pillars of F2S: **local food procurement, school gardens, and education** related to agriculture, food, health or nutrition. F2S programs are multifaceted, comprehensive, and context-specific programs that can...

- Increase positive health outcomes for school-aged children
- Support food literacy and healthy lifetime behaviors
- Improve overall engagement and academic achievement of students\*

### What are Farm to School Coordinators?

National Farm to School Network (NFSN) defines farm to school coordinators as individuals that devote **at least 50% of their role to F2S programming at an educational site**. Their work focuses on the three primary F2S pillars. A majority of F2S coordinators reported being primarily housed in a non-profit organization, followed by child nutrition services/food service within the school district.

## **Among Sites with Farm to School Coordinators:**

report conducting agricultural education in the classroom compared to 21% of all SFAs.

76%

report having an edible school garden compared to 15% of all SFAs.

84%

report procuring local or regional foods compared to 55% of all SFAs.

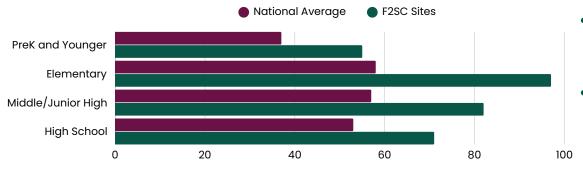




# SITES WITH FARM TO SCHOOL COORDINATORS

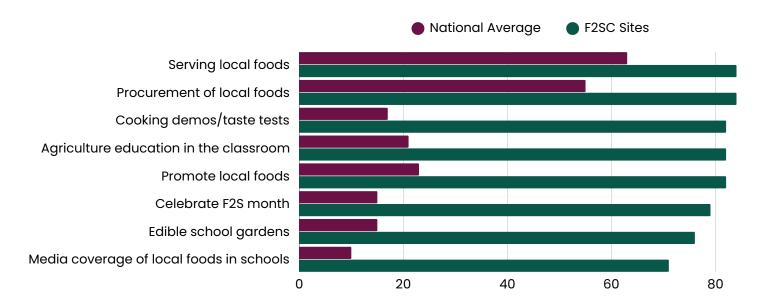
Report Increased Participation in Farm to School

Sites with F2S coordinators report **higher rates of participation** in F2S activities at **all grade level categories** than the national average of all School Food Authorities (SFA).



- 39 percentage points higher for elementary school students
- 25 percentage points higher for middle school students

Sites with Farm to School Coordinators report higher rates of site participation in F2S programming than the national average of all SFAs.







# Next Steps: Hire a Farm to School Coordinator Position

### **DEFINE**

Defining required **skill sets**, providing guidelines for **best practices**, and seeking resources for effective **role evaluation** can help ensure F2S coordinator success in your district.

### **SUPPORT**

Setting clear goals and expectations surrounding implementation and coordinator authority can help streamline the development and implementation of F2S programming in your district.

#### **SUSTAIN**

Farm to school coordinators report that working toward a **district-funded position** that is less reliant on federal and local funding sources helps ensure stability for the role and the program overall. Starting small and creating part-time, district-funded positions can be a stepping stone toward **long-term success**.

\*Unless otherwise noted, findings are the result of a study involving surveys (N = 45) and interviews (N = 8) with F2S coordinators across the US. Findings related to national numbers are from the 2023 F2S Census.

### SCAN FOR RESOURCES



Scan for the <u>USDA Farm</u> to School Literature Review



Scan for the <u>NFSN</u> <u>Benefits of Farm to</u> School Resource

Visit www.farmtoschool.org

for more information and resources

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